

FIND YOUR GRIND MULTI-YEAR HIGH SCHOOL CURRICULA — NEW 2025 OPTIONS



THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	FUTURE READY LAUNCH
Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...	→ Future Ready Assessment → Lifestyle Assessment → Unit 1 Starter Kit	→ Future Ready Assessment → Lifestyle Assessment → Unit 1 Starter Kit	→ Future Ready Assessment → Lifestyle Assessment → Unit 1 Starter Kit	→ Future Ready Assessment → Lifestyle Assessment → Welcome to Future Ready Launch → The Funnel → The Power of Asking Why → The Power of Self-Reflection → Explore the Explore Library → Developing My Portfolio
Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be.				
All About You: The path to self-discovery is a reflective journey to who you really want to be.	→ Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication	→ Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication	→ Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 All About Your Communication	→ Using Talents → Applying Skills → Establishing Values → Personality, Interests, Strengths → Decision-Making & Setting Goals
Relationships and You: Cultivating meaningful relationships that inspire and enrich your life.				→ Building Healthy Relationships → The You Project → Your Career Compass: Skills, Values, & Direction
Brand and Network: Explore and define how you want to represent yourself and how to build your network.	→ Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro	→ Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro	→ Unit 6 Your Personal Brand + Network → Unit 7 Brand + Digital Reputation → Unit 8 Your Network	→ Your Personal Brand & Digital Reputation → The Power of Mentoring
Opportunities: Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.	→ Unit 12 Future-Proofing → Unit 13 Power Skills → Unit 14 Opportunities → Unit 15 Opportunity Pathways → Unit 16 Professionalism	→ Unit 12 Future-Proofing → Unit 13 Opportunities → Unit 14 Opportunity Pathway → Unit 15 Professionalism	→ Unit 9 Future-Proofing → Unit 10 Opportunities → Unit 11 Opportunity Pathways → Unit 12 Your Unique Pathway	→ Careers and Industries → My Pathway → The Power of AI
Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!	→ Unit 17 Lifestyle → Unit 18 Gauge Your Lifestyle → Unit 19 Exploring Lifestyles → Unit 20 Lifestyle Roadmap	→ Unit 16 Lifestyle → Unit 17 Gauge Your Lifestyle → Unit 18 Exploring Lifestyles	→ Unit 13 Lifestyle → Unit 14 Gauge Your Lifestyle → Unit 15 Exploring Lifestyles	→ What is Lifestyle? → Your Lifestyle Reflection → Lifestyle & Career Simulation
Mindset and Balance: Life isn't always easy. Here are some tools to help you plan and find balance.	→ Unit 21 Planning + Goal Setting → Unit 22 Balance Act → Unit 23 The Power of Gratitude → Unit 24 Stress + Mindset Shifts → Unit 25 Make Space + Time for You	→ Unit 19 Planning + Goal-Setting → Unit 20 Balancing Act → Unit 21 Reflecting on Your Plan	→ Unit 16 Mindset + Balance	→ Keeping Balance → The Resiliency Set
Leadership: Leaders set direction, inspire, and motivate. Are you ready to become a leader?	→ Unit 26 Leadership Basics → Unit 27 What Makes a Leader → Unit 28 Leadership in Action → Unit 29 Level Up Your Leadership	→ Unit 22 Leadership		→ Leadership → Level Up Your Leadership
Money: Money is a huge topic! Learn how to sync it up with your lifestyle.	→ Unit 30 Money Basics → Unit 31 Budgeting + Expenses → Unit 32 Making Money Moves Work for You → Unit 33 Taxes + Government → Unit 34 Banking Basics → Unit 35 Lifestyle + Money Goals	→ Unit 23 Money Basics → Unit 24 Budgeting + Expenses → Unit 25 Making Money Moves Work for You → Unit 26 Taxes + Government	→ Unit 17 Money	→ Money Basics → Realistic Budgeting
Future Ready: Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!	→ Unit 36 The Future Belongs to the Misfits	→ Unit 27 The Future Belongs to the Misfits	→ Unit 18 The Future Belongs to the Misfits	→ The Future Belongs to the Misfits



FIND YOUR GRIND LEVEL-BASED MIDDLE SCHOOL CURRICULUM — NEW 2025



THEMES	FUTURE EDGE	FUTURE PROOF	FUTURE READY
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p>Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be.</p> <p>All About You: The path to self-discovery is a reflective journey to who you really want to be.</p> <p>Relationships and You: Cultivating meaningful relationships that inspire and enrich your life.</p> <p>Brand and Network: Explore and define how you want to represent yourself and how to build your network.</p> <p>Opportunities: Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p>	<ul style="list-style-type: none">→ Future Ready Assessment→ Lifestyle Assessment→ Welcome to Future Edge→ The Funnel→ Why Ask Why?→ What is Self-Reflection?→ Find Your Grind's Explore Library→ Developing My Portfolio→ Your Strengths→ Your Values→ Your Personality→ Your Interests→ Habits & Drive→ Goal-Setting About You→ Communication→ The You Project→ What is a Brand?→ What is a Network?→ Starting Your Personal Brand→ Introduction to Digital Integrity→ Mentors & Mentorship→ Future Proofing Skills→ Power Skills→ My Skills→ What are Industries?→ What are Career Pathways?→ Career Day Presentations→ Intro to Career Disruption & Transferable Skills→ Career Simulation→ Your Unique Pathway	<ul style="list-style-type: none">→ Future Ready Assessment→ Lifestyle Assessment→ Welcome to Future Proof→ The Funnel Refresh→ The Power of Asking Why→ The Power of Self-Reflection→ Explore the Explore Library→ Developing My Portfolio→ Self-Discovery Recap→ The Impact of Knowing Yourself→ The Life Cycle→ Passions→ Responsible Decision-Making→ Intentional Communication→ Building Healthy Relationships→ The You Project 2.0→ Building Your Brand→ Networking→ The Power of Mentors→ Digital Reputation→ Future Proofing Skills→ Power Skills→ My Skills→ Industry Research→ Career Pathway Project→ Career Day Presentations→ Career Disruptions Scenarios→ Career Podcast→ Your Pathway Improvement Plan	<ul style="list-style-type: none">→ Future Ready Assessment→ Lifestyle Assessment→ Welcome to Future Ready→ The Funnel Impact→ Ask Why & Self-Reflect→ Explore the Explore Library→ Developing My Portfolio→ Intentional Self-Discovery→ All About You Essay→ The Life Cycle Project→ Your Vision: Talents, Passions, Values→ Decision-Making & Setting Goals→ Community Campaign→ Relationship Skills Reflection→ The You Project 3.0→ The Value of Connection→ Network Like a Pro→ Gauge Your Network→ Brand & Network Project→ Workforce and Transferable Skills→ My Skills→ Topical Industry Debates→ Industries, AI, and Ethics→ AI at Work→ Career Pathway Project→ Career Day Presentations→ What is Professionalism?→ Job Applications→ Mock Interviews→ Your Pathway Improvement Plan



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Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!

Mindset and Balance: Life isn't always easy. Here are some tools to help you plan and find balance.

Leadership: Leaders set direction, inspire, and motivate. Are you ready to become a leader?

Money: Money is a huge topic! Learn how to sync it up with your lifestyle.

Future Ready: Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!

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| → What is Lifestyle? | → Lifestyle Expo | → Lifestyle Gauge |
| → Gauge Your Lifestyle Now | → Gauge Your Lifestyle | → Lifestyle Assessment Results Review |
| → Lifestyle Assessment Results Meaning | → Lifestyle Assessment Results Review | → Lifestyle Board Game |
| → Explore Lifestyle | → Lifestyle Board Game | → Explore Lifestyle Influencers |
| → Lifestyle & Career Simulation | → Explore Lifestyle Influencers | → Lifestyle & Career Simulation |
| → Begin Your Lifestyle Roadmap | → Lifestyle & Career Simulation | → Finalize Your Lifestyle Roadmap |
| | → Develop Your Lifestyle Roadmap | |
| → What is Planning? | → Control the Chaos | → Where'd the Time Go |
| → What does Balance Mean? | → Organize a School Event | → Keeping Balance Over the Years |
| → Stress 101 | → Keeping Balance | → Gratitude Check In |
| → Mindset | → The Power of Gratitude | → Stress Recap |
| → Time Management | → Stress Happens | → Reflecting on Your Plan |
| → Making a Plan | → Mindset Review | |
| → Introduction to Leadership | → What Makes a Leader? | → Practice Leadership Skills |
| → Practice Leadership Skills | → Practice Leadership Skills | → Leadership Action Plan |
| → Peer Feedback | → Leadership in Action | → Level Up Your Leadership |
| | | → Leadership Portfolio |
| → Finance Terms | → Finance Review | → Realistic Budgeting |
| → Making Money | → Making Money Moves | → Financing Your Lifestyle |
| → Budgeting | → Tax Basics | |
| → Lifestyle Meets Finances | → Government & You | |
| → Revisit Lifestyle Roadmap | → Revisit Lifestyle Roadmap | → Lifestyle Roadmap Final Project |
| → Your Future Edge | → Your Future Proofing Experience | → Your Future Ready Plan |
| → Embrace Your Portfolio | → Future Proofing Portfolio | → Your Future Ready Portfolio |

