



CURRICULUM LEARNING STANDARDS ALIGNMENT

Table of Contents:

[Ohio's Career Connection
Framework for Middle School](#)

[Ohio's Career Connection
Framework for High School](#)





CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Exploration: Middle Grades (6-8)
Ohio Department of Education



Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



**Find Your Grind is the
personalized multi-year learning solution
that develops future ready students.**

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>Students will explore their career interests through embedded activities.</p>	<p>Find Your Grind Experience ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p>
	<p>Prompt Feature ▾</p> <p>Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.</p>

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>Career exploration strategies are opportunities for students to discover work environments and understand the various aspects of the workplace.</p>	<p>Mentor Library ▾</p> <p>A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.</p>
	<p>Explore Library ▾</p> <p>Over 300 career badges represent the fastest-growing careers and deliver up-to-date information on salary, work expectations, and pathways to get there. The Explore Library grows monthly with new badges and videos.</p>
	<p>Opportunities ▾</p> <ol style="list-style-type: none"> 1. Describe the Find Your Grind industry categories 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values
	<p>Opportunity Pathways ▾</p> <ol style="list-style-type: none"> 1. Discuss what a career pathway is and examine types of employment. 2) Describe the positive and negative aspects of career disruption and how you can prepare for it. 3) Explain changes in the future of work related to automation. 4) Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each. 5) Discover post-high school education opportunities and how to take the first step toward a future ready career pathway.

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<p>Strategies that include tools and instruments that help students understand and appreciate their strengths and interests.</p>	<p>Explore Library ▾</p> <p>Prioritized skills badges offer students the discovery of their own skills and talents and provide the next steps to a successful career and lifestyle journey.</p>
	<p>All About You ▾</p> <ol style="list-style-type: none"> 1. Describe skills and skill sets 2. Summarize the importance of discovering and developing your talents 3. Determine and define your core values
	<p>All About Your Personality + Interests ▾</p> <ol style="list-style-type: none"> 1. Compare and contrast personality traits through the practice of self-reflection 2. Take inventory of your personal interests and compare with your future lifestyle goals 3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset
	<p>All About YourSELF ▾</p> <ol style="list-style-type: none"> 1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence 2. Explain how drive and motivation work together to create success 3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits 4. Differentiate between habits and routines and explain how routines are impactful 5. Create SMART goals and see them through to completion

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

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<p>Students start plans for their future with career information and postsecondary education data.</p>	<p>Lifestyle Assessment ▾</p> <ul style="list-style-type: none"> → The Lifestyle Assessment helps students better understand themselves to prepare for the future. → Determines unique Lifestyle based on interests and personal strengths. → Helps develop greater self-awareness of identity through a process of self-discovery and reflection. → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.
	<p>Exploring Lifestyles ▾</p> <ol style="list-style-type: none"> 1. Identify lifestyle ideals through the Lifestyle Assessment. 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle. 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map.
	<p>Lifestyle Roadmap ▾</p> <ol style="list-style-type: none"> 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design. 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.
<p>Plans include course selection and planning as well as career aspirations and goals.</p>	<p>Planning & Goal-Setting ▾</p> <ol style="list-style-type: none"> 1. Explain the purpose of goal setting and set at least one goal. 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine.

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
STARTER KIT	<p>UNIT 1 STARTER KIT</p> <ol style="list-style-type: none">1. Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel2. Recognize the value of critical thinking in the form of “asking why”3. Recognize the value of self-reflection4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
ALL ABOUT YOU	<p>UNIT 2 ALL ABOUT YOU</p> <ol style="list-style-type: none">1. Describe skills and skill sets2. Summarize the importance of discovering and developing your talents3. Determine and define your core values <p>UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS</p> <ol style="list-style-type: none">1. Compare and contrast personality traits through the practice of self- reflection2. Take inventory of your personal interests and compare with your future lifestyle goals3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset <p>UNIT 4 ALL ABOUT YOURSELF</p> <ol style="list-style-type: none">1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence2. Explain how drive and motivation work together to create success3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits4. Differentiate between habits and routines and explain how routines are impactful5. Create SMART goals and see them through to completion <p>UNIT 5 YOUR LIFE CYCLE JOURNEY</p> <ol style="list-style-type: none">1. List discovery opportunities at various stages of the life cycle2. Analyze each stage of the life cycle to uncover discovery opportunities3. Relate discovery opportunities in early stages of the life cycle to those of adulthood <p>UNIT 6 ALL ABOUT YOUR COMMUNICATION</p> <ol style="list-style-type: none">1. List and explain each of the four communication styles2. Determine your own communication style and how that impacts professional and personal communication3. Develop a plan to improve personal and professional communication

CATEGORY	UNIT
<div data-bbox="77 298 397 422" style="border: 1px solid orange; padding: 5px; text-align: center;"> BRAND & NETWORK </div>	<p>UNIT 7 YOUR PERSONAL BRAND + NETWORK</p> <ol style="list-style-type: none"> 1. Define personal brand and summarize the steps to evaluate it 2. Demonstrate the ability to write an elevator pitch 3. Formulate your own personal brand <p>UNIT 8 BRAND + DIGITAL REPUTATION</p> <ol style="list-style-type: none"> 1. Define digital reputation and discuss ways to cultivate it 2. Explain ways to control your reputation and safety online <p>UNIT 9 SOCIAL MEDIA</p> <ol style="list-style-type: none"> 1. List factors that can improve social media engagement and identify ways to interact with others 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage <p>UNIT 10 YOUR NETWORK</p> <ol style="list-style-type: none"> 1. Define mentorship and list benefits of having or being a mentor 2. Summarize how to match and maintain a mentorship relationship <p>UNIT 11 NETWORK LIKE A PRO</p> <ol style="list-style-type: none"> 1. Define networking 2. Identify current personal networks and list the steps you can take to grow your network 3. Summarize the steps to evaluate your personal brand 4. Outline the steps to evaluate your network
<div data-bbox="77 1325 397 1398" style="border: 1px solid blue; padding: 5px; text-align: center;"> OPPORTUNITIES </div>	<p>UNIT 12 FUTURE-PROOFING</p> <ol style="list-style-type: none"> 1. Describe how job titles are used and how to ensure a resume has clear job title information 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets <p>UNIT 13 POWER SKILLS</p> <ol style="list-style-type: none"> 1. Define power skills 2. Explain the importance of power skills and how they relate to the future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice <p>UNIT 14 OPPORTUNITIES</p> <ol style="list-style-type: none"> 1. Describe the Find Your Grind industry categories 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values

CATEGORY	UNIT
<div style="border: 1px solid black; padding: 5px; text-align: center;">OPPORTUNITIES</div>	<p>UNIT 15 OPPORTUNITY PATHWAYS</p> <ol style="list-style-type: none"> 1. Discuss what a career pathway is and examine types of employment 2. Describe the positive and negative aspects of career disruption and how you can prepare for it 3. Explain changes in the future of work related to automation 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway <p>UNIT 16 PROFESSIONALISM</p> <ol style="list-style-type: none"> 1. Define professionalism and explain why it's important 2. Create an eye-catching resume and use it in an effective job application 3. Apply interview best practices in a job interview
<div style="border: 1px solid black; padding: 5px; text-align: center;">LIFESTYLE</div>	<p>UNIT 17 LIFESTYLE</p> <ol style="list-style-type: none"> 1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be <p>UNIT 18 GAUGE YOUR LIFESTYLE</p> <ol style="list-style-type: none"> 1. Gauge current lifestyle using reflection 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle <p>UNIT 19 EXPLORING LIFESTYLES</p> <ol style="list-style-type: none"> 1. Identify lifestyle ideals through the Lifestyle Assessment 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map <p>UNIT 20 LIFESTYLE ROADMAP</p> <ol style="list-style-type: none"> 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap

CATEGORY	UNIT
<div data-bbox="89 273 407 394" style="border: 1px solid black; padding: 5px; text-align: center;"> MINDSET + BALANCE </div>	<p>UNIT 21 PLANNING & GOAL-SETTING</p> <ol style="list-style-type: none"> 1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine <p>UNIT 22 BALANCING ACT</p> <ol style="list-style-type: none"> 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance 2. Create a plan to increase balance in all areas of life <p>UNIT 23 THE POWER OF GRATITUDE</p> <ol style="list-style-type: none"> 1. List methods to increase and express gratitude 2. Explain the role gratitude plays in achieving balance in life 3. Evaluate your life for things to be grateful for <p>UNIT 24 STRESS + MINDSET SHIFTS</p> <ol style="list-style-type: none"> 1. Identify personal stressors and explain how balance can be used as a stress management tool 2. Define mindset shift in your own words and summarize the process of creating a mindset shift 3. Incorporate habits in your daily routine that help create a mindset shift <p>UNIT 25 MAKE SPACE + TIME FOR YOU</p> <ol style="list-style-type: none"> 1. Evaluate and create space to increase balance in all areas of life 2. Summarize the benefits of time management 3. Utilize effective time management to create life balance 4. Highlight the need for reevaluation of your personal life plan and explain why it's important 5. Compare and contrast previous personal goals with current passions and interests 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans
<div data-bbox="89 1459 407 1539" style="border: 1px solid black; padding: 5px; text-align: center;"> LEADERSHIP </div>	<p>UNIT 26 LEADERSHIP BASICS</p> <ol style="list-style-type: none"> 1. Explain what leadership and why it is important 2. Identify your own personal leadership style 3. Determine the key skills of an effective leader <p>UNIT 27 WHAT MAKES A LEADER</p> <ol style="list-style-type: none"> 1. Summarize how great leaders use their skills 2. Grow your personal leadership skills through volunteering 3. Explain the importance of goal-setting for a leader <p>UNIT 28 LEADERSHIP IN ACTION</p> <ol style="list-style-type: none"> 1. Describe the strategies used by successful leaders 2. Implement leadership skills in your own life

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<div style="border: 1px solid orange; padding: 5px; text-align: center;">LEADERSHIP</div>	<p>UNIT 29 LEVEL UP YOUR LEADERSHIP</p> <ol style="list-style-type: none"> 1. Determine ways to build your own leadership skills 2. Use leadership strategies to manage conflict and lead a virtual team 3. Discover new opportunities to become a leader
<div style="border: 1px solid green; padding: 5px; text-align: center;">MONEY</div>	<p>UNIT 30 MONEY BASICS</p> <ol style="list-style-type: none"> 1. Outline what financial future means to you and reflect on your current money habits 2. Define basic financial terms 3. Evaluate your current financial situation <p>UNIT 31 BUDGETING + EXPENSES</p> <ol style="list-style-type: none"> 1. Define budgeting and explain its importance 2. Create a personalized budget 3. Explain how money is typically spent in a budget <p>UNIT 32 MAKING MONEY MOVES WORK FOR YOU</p> <ol style="list-style-type: none"> 1. Summarize the keys to making money doing what you love 2. Connect your passions to money making opportunities 3. Define basic terms around the topic of investing 4. Evaluate how investing will impact your future <p>UNIT 33 TAXES + GOVERNMENT</p> <ol style="list-style-type: none"> 1. Explain the reason for taxes and their benefit 2. Summarize the three types of taxes 3. Differentiate the three basic levels of government 4. Explain how to get involved in the political process <p>UNIT 34 BANKING BASICS</p> <ol style="list-style-type: none"> 1. List the differences between types of bank accounts and how banks work 2. Explain the basics of credit and debit cards and how they can be used 3. Demonstrate good credit card habits <p>UNIT 35 LIFESTYLE + MONEY</p> <ol style="list-style-type: none"> 1. Explain the flipped funnel approach to lifestyle planning including finances 2. Reevaluate the financial aspect of your lifestyle roadmap
<div style="border: 1px solid red; padding: 5px; text-align: center;">FUTURE READY</div>	<p>UNIT 36 THE FUTURE BELONGS TO THE MISFITS</p> <ol style="list-style-type: none"> 1. Develop a personal meaning of “Misfit” as it applies to YOU 2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals 3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind 4. Create your Misfit statement

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p>Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be</p> <p>All About You: The path to self-discovery is a reflective journey to who you really want to be</p> <p>Brand and Network: Explore and define how you want to represent yourself and how to build your network.</p> <p>Opportunities: Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p> <p>Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!</p> <p>Mindset and Balance: Life isn't always easy. Here are some tools to help you plan and find balance</p> <p>Leadership: Leaders set direction, inspire, and motivate. Are you ready to become a leader?</p> <p>Money: Money is a huge topic! Learn how to sync it up with your lifestyle</p> <p>Future Ready: Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!</p>	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing → Unit 13 Power Skills → Unit 14 Opportunities → Unit 15 Opportunity Pathways → Unit 16 Professionalism → Unit 17 Lifestyle → Unit 18 Gauge Your Lifestyle → Unit 19 Exploring Lifestyles → Unit 20 Lifestyle Roadmap → Unit 21 Planning + Goal Setting → Unit 22 Balance Act → Unit 23 The Power of Gratitude → Unit 24 Stress + Mindset Shifts → Unit 25 Make Space + Time for You → Unit 26 Leadership Basics → Unit 27 What Makes a Leader → Unit 28 Leadership in Action → Unit 29 Level Up Your Leadership → Unit 30 Money Basics → Unit 31 Budgeting + Expenses → Unit 32 Making Money Moves Work for You → Unit 33 Taxes + Government → Unit 34 Banking Basics → Unit 35 Lifestyle + Money Goals → Unit 36 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing → Unit 13 Opportunities → Unit 14 Opportunity Pathway → Unit 15 Professionalism → Unit 16 Lifestyle → Unit 17 Gauge Your Lifestyle → Unit 18 Exploring Lifestyles → Unit 19 Planning + Goal-Setting → Unit 20 Balancing Act → Unit 21 Reflecting on Your Plan → Unit 22 Leadership → Unit 23 Money Basics → Unit 24 Budgeting + Expenses → Unit 25 Making Money Moves Work for You → Unit 26 Taxes + Government → Unit 27 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 All About Your Communication → Unit 6 Your Personal Brand + Network → Unit 7 Brand + Digital Reputation → Unit 8 Your Network → Unit 9 Future-Proofing → Unit 10 Opportunities → Unit 11 Opportunity Pathways → Unit 12 Your Unique Pathway → Unit 13 Lifestyle → Unit 14 Gauge Your Lifestyle → Unit 15 Exploring Lifestyles → Unit 16 Mindset + Balance → Unit 17 Money → Unit 18 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You (Part I) → Unit 3 All About You (Part 2) → Unit 4 Brand + Network → Unit 5 Opportunities → Unit 6 Lifestyle → Unit 7 Mindset + Balance → Unit 8 Money → Unit 9 Future Ready



CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Planning: High School (9 - 12)
Ohio Department of Education



Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



**Find Your Grind is the
personalized multi-year learning solution
that develops future ready students.**

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>Students continue career exploration while focusing on career planning.</p>	<p>Find Your Grind Experience ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p>
<p>Activities provide advanced experiences that offer hands-on opportunities in a workplace.</p>	<p>Mentor Library ▾</p> <p>A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.</p> <hr/> <p>Explore Library ▾</p> <p>Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.</p> <hr/> <p>Opportunities ▾</p> <ol style="list-style-type: none"> 1. Describe the Find Your Grind industry categories 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values <hr/> <p>Professionalism ▾</p> <ol style="list-style-type: none"> 1. Define professionalism and explain why it's important. 2. Create an eye-catching resume and use it in an effective job application. 3. Apply interview best practices in a job interview.

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>Career planning strategies focus on making clear links between career options and educational decisions.</p>	<p>Opportunity Pathways ▾</p> <ol style="list-style-type: none">1. Discuss what a career pathway is and examine types of employment.2. Describe the positive and negative aspects of career disruption and how you can prepare for it.3. Explain changes in the future of work related to automation.4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each.5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway.
	<p>Gauge Your Lifestyle ▾</p> <ol style="list-style-type: none">1. Gauge current lifestyle using reflection2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>Students develop the skills to revisit previous exploration and planning strategies as they face career changes throughout life.</p>	<p>Stress + Mindset Shifts ▾</p> <ol style="list-style-type: none"> 1. Identify personal stressors and explain how balance can be used as a stress management tool 2. Define mindset shift in your own words and summarize the process of creating a mindset shift 3. Incorporate habits in your daily routine that help create a mindset shift
	<p>Lifestyle Roadmap ▾</p> <ol style="list-style-type: none"> 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design. 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.
	<p>Planning & Goal-Setting ▾</p> <ol style="list-style-type: none"> 1. Explain the purpose of goal setting and set at least one goal. 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine.
	<p>The Future Belongs to the Misfits ▾</p> <ol style="list-style-type: none"> 1. Develop a personal meaning of “Misfit” as it applies to YOU 2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals 3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind 4. Create your Misfit statement

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
STARTER KIT	<p>UNIT 1 STARTER KIT</p> <ol style="list-style-type: none">1. Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel2. Recognize the value of critical thinking in the form of “asking why”3. Recognize the value of self-reflection4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
ALL ABOUT YOU	<p>UNIT 2 ALL ABOUT YOU</p> <ol style="list-style-type: none">1. Describe skills and skill sets2. Summarize the importance of discovering and developing your talents3. Determine and define your core values <p>UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS</p> <ol style="list-style-type: none">1. Compare and contrast personality traits through the practice of self- reflection2. Take inventory of your personal interests and compare with your future lifestyle goals3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset <p>UNIT 4 ALL ABOUT YOURSELF</p> <ol style="list-style-type: none">1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence2. Explain how drive and motivation work together to create success3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits4. Differentiate between habits and routines and explain how routines are impactful5. Create SMART goals and see them through to completion <p>UNIT 5 YOUR LIFE CYCLE JOURNEY</p> <ol style="list-style-type: none">1. List discovery opportunities at various stages of the life cycle2. Analyze each stage of the life cycle to uncover discovery opportunities3. Relate discovery opportunities in early stages of the life cycle to those of adulthood <p>UNIT 6 ALL ABOUT YOUR COMMUNICATION</p> <ol style="list-style-type: none">1. List and explain each of the four communication styles2. Determine your own communication style and how that impacts professional and personal communication3. Develop a plan to improve personal and professional communication

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<div data-bbox="77 298 397 422" style="border: 1px solid orange; padding: 5px; text-align: center;"> BRAND & NETWORK </div>	<p>UNIT 7 YOUR PERSONAL BRAND + NETWORK</p> <ol style="list-style-type: none"> 1. Define personal brand and summarize the steps to evaluate it 2. Demonstrate the ability to write an elevator pitch 3. Formulate your own personal brand <p>UNIT 8 BRAND + DIGITAL REPUTATION</p> <ol style="list-style-type: none"> 1. Define digital reputation and discuss ways to cultivate it 2. Explain ways to control your reputation and safety online <p>UNIT 9 SOCIAL MEDIA</p> <ol style="list-style-type: none"> 1. List factors that can improve social media engagement and identify ways to interact with others 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage <p>UNIT 10 YOUR NETWORK</p> <ol style="list-style-type: none"> 1. Define mentorship and list benefits of having or being a mentor 2. Summarize how to match and maintain a mentorship relationship <p>UNIT 11 NETWORK LIKE A PRO</p> <ol style="list-style-type: none"> 1. Define networking 2. Identify current personal networks and list the steps you can take to grow your network 3. Summarize the steps to evaluate your personal brand 4. Outline the steps to evaluate your network
<div data-bbox="77 1325 397 1402" style="border: 1px solid blue; padding: 5px; text-align: center;"> OPPORTUNITIES </div>	<p>UNIT 12 FUTURE-PROOFING</p> <ol style="list-style-type: none"> 1. Describe how job titles are used and how to ensure a resume has clear job title information 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets <p>UNIT 13 POWER SKILLS</p> <ol style="list-style-type: none"> 1. Define power skills 2. Explain the importance of power skills and how they relate to the future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice <p>UNIT 14 OPPORTUNITIES</p> <ol style="list-style-type: none"> 1. Describe the Find Your Grind industry categories 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values

CATEGORY	UNIT
<div style="border: 1px solid black; padding: 5px; text-align: center;">OPPORTUNITIES</div>	<p>UNIT 15 OPPORTUNITY PATHWAYS</p> <ol style="list-style-type: none"> 1. Discuss what a career pathway is and examine types of employment 2. Describe the positive and negative aspects of career disruption and how you can prepare for it 3. Explain changes in the future of work related to automation 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway <p>UNIT 16 PROFESSIONALISM</p> <ol style="list-style-type: none"> 1. Define professionalism and explain why it's important 2. Create an eye-catching resume and use it in an effective job application 3. Apply interview best practices in a job interview
<div style="border: 1px solid black; padding: 5px; text-align: center;">LIFESTYLE</div>	<p>UNIT 17 LIFESTYLE</p> <ol style="list-style-type: none"> 1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be <p>UNIT 18 GAUGE YOUR LIFESTYLE</p> <ol style="list-style-type: none"> 1. Gauge current lifestyle using reflection 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle <p>UNIT 19 EXPLORING LIFESTYLES</p> <ol style="list-style-type: none"> 1. Identify lifestyle ideals through the Lifestyle Assessment 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map <p>UNIT 20 LIFESTYLE ROADMAP</p> <ol style="list-style-type: none"> 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap

CATEGORY	UNIT
<div data-bbox="89 273 407 394" style="border: 1px solid black; padding: 5px; text-align: center;"> MINDSET + BALANCE </div>	<p>UNIT 21 PLANNING & GOAL-SETTING</p> <ol style="list-style-type: none"> 1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine <p>UNIT 22 BALANCING ACT</p> <ol style="list-style-type: none"> 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance 2. Create a plan to increase balance in all areas of life <p>UNIT 23 THE POWER OF GRATITUDE</p> <ol style="list-style-type: none"> 1. List methods to increase and express gratitude 2. Explain the role gratitude plays in achieving balance in life 3. Evaluate your life for things to be grateful for <p>UNIT 24 STRESS + MINDSET SHIFTS</p> <ol style="list-style-type: none"> 1. Identify personal stressors and explain how balance can be used as a stress management tool 2. Define mindset shift in your own words and summarize the process of creating a mindset shift 3. Incorporate habits in your daily routine that help create a mindset shift <p>UNIT 25 MAKE SPACE + TIME FOR YOU</p> <ol style="list-style-type: none"> 1. Evaluate and create space to increase balance in all areas of life 2. Summarize the benefits of time management 3. Utilize effective time management to create life balance 4. Highlight the need for reevaluation of your personal life plan and explain why it's important 5. Compare and contrast previous personal goals with current passions and interests 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans
<div data-bbox="89 1459 407 1539" style="border: 1px solid black; padding: 5px; text-align: center;"> LEADERSHIP </div>	<p>UNIT 26 LEADERSHIP BASICS</p> <ol style="list-style-type: none"> 1. Explain what leadership and why it is important 2. Identify your own personal leadership style 3. Determine the key skills of an effective leader <p>UNIT 27 WHAT MAKES A LEADER</p> <ol style="list-style-type: none"> 1. Summarize how great leaders use their skills 2. Grow your personal leadership skills through volunteering 3. Explain the importance of goal-setting for a leader <p>UNIT 28 LEADERSHIP IN ACTION</p> <ol style="list-style-type: none"> 1. Describe the strategies used by successful leaders 2. Implement leadership skills in your own life

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
LEADERSHIP	UNIT 29 LEVEL UP YOUR LEADERSHIP <ol style="list-style-type: none">1. Determine ways to build your own leadership skills2. Use leadership strategies to manage conflict and lead a virtual team3. Discover new opportunities to become a leader
MONEY	UNIT 30 MONEY BASICS <ol style="list-style-type: none">1. Outline what financial future means to you and reflect on your current money habits2. Define basic financial terms3. Evaluate your current financial situation UNIT 31 BUDGETING + EXPENSES <ol style="list-style-type: none">1. Define budgeting and explain its importance2. Create a personalized budget3. Explain how money is typically spent in a budget UNIT 32 MAKING MONEY MOVES WORK FOR YOU <ol style="list-style-type: none">1. Summarize the keys to making money doing what you love2. Connect your passions to money making opportunities3. Define basic terms around the topic of investing4. Evaluate how investing will impact your future UNIT 33 TAXES + GOVERNMENT <ol style="list-style-type: none">1. Explain the reason for taxes and their benefit2. Summarize the three types of taxes3. Differentiate the three basic levels of government4. Explain how to get involved in the political process UNIT 34 BANKING BASICS <ol style="list-style-type: none">1. List the differences between types of bank accounts and how banks work2. Explain the basics of credit and debit cards and how they can be used3. Demonstrate good credit card habits UNIT 35 LIFESTYLE + MONEY <ol style="list-style-type: none">1. Explain the flipped funnel approach to lifestyle planning including finances2. Reevaluate the financial aspect of your lifestyle roadmap
FUTURE READY	UNIT 36 THE FUTURE BELONGS TO THE MISFITS <ol style="list-style-type: none">1. Develop a personal meaning of “Misfit” as it applies to YOU2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind4. Create your Misfit statement

FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p>Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be</p> <p>All About You: The path to self-discovery is a reflective journey to who you really want to be</p> <p>Brand and Network: Explore and define how you want to represent yourself and how to build your network.</p> <p>Opportunities: Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p> <p>Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!</p> <p>Mindset and Balance: Life isn't always easy. Here are some tools to help you plan and find balance</p> <p>Leadership: Leaders set direction, inspire, and motivate. Are you ready to become a leader?</p> <p>Money: Money is a huge topic! Learn how to sync it up with your lifestyle</p> <p>Future Ready: Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!</p>	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing → Unit 13 Power Skills → Unit 14 Opportunities → Unit 15 Opportunity Pathways → Unit 16 Professionalism → Unit 17 Lifestyle → Unit 18 Gauge Your Lifestyle → Unit 19 Exploring Lifestyles → Unit 20 Lifestyle Roadmap → Unit 21 Planning + Goal Setting → Unit 22 Balance Act → Unit 23 The Power of Gratitude → Unit 24 Stress + Mindset Shifts → Unit 25 Make Space + Time for You → Unit 26 Leadership Basics → Unit 27 What Makes a Leader → Unit 28 Leadership in Action → Unit 29 Level Up Your Leadership → Unit 30 Money Basics → Unit 31 Budgeting + Expenses → Unit 32 Making Money Moves Work for You → Unit 33 Taxes + Government → Unit 34 Banking Basics → Unit 35 Lifestyle + Money Goals → Unit 36 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing → Unit 13 Opportunities → Unit 14 Opportunity Pathway → Unit 15 Professionalism → Unit 16 Lifestyle → Unit 17 Gauge Your Lifestyle → Unit 18 Exploring Lifestyles → Unit 19 Planning + Goal-Setting → Unit 20 Balancing Act → Unit 21 Reflecting on Your Plan → Unit 22 Leadership → Unit 23 Money Basics → Unit 24 Budgeting + Expenses → Unit 25 Making Money Moves Work for You → Unit 26 Taxes + Government → Unit 27 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 All About Your Communication → Unit 6 Your Personal Brand + Network → Unit 7 Brand + Digital Reputation → Unit 8 Your Network → Unit 9 Future-Proofing → Unit 10 Opportunities → Unit 11 Opportunity Pathways → Unit 12 Your Unique Pathway → Unit 13 Lifestyle → Unit 14 Gauge Your Lifestyle → Unit 15 Exploring Lifestyles → Unit 16 Mindset + Balance → Unit 17 Money → Unit 18 Future Ready 	<ul style="list-style-type: none"> → Future Ready Assessment → Lifestyle Assessment → Career Compare → Unit 1 Starter Kit → Unit 2 All About You (Part I) → Unit 3 All About You (Part 2) → Unit 4 Brand + Network → Unit 5 Opportunities → Unit 6 Lifestyle → Unit 7 Mindset + Balance → Unit 8 Money → Unit 9 Future Ready

