



# CURRICULUM LEARNING STANDARDS ALIGNMENT

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**Illinois**  
State Board of  
Education





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# CURRICULUM LEARNING STANDARDS ALIGNMENT

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Postsecondary and Career Expectations - Middle School  
Illinois State Board of Education



**Find Your Grind** helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



**Find Your Grind is the  
personalized multi-year learning solution  
that develops future ready students.**

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SIXTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be exposed to information about and examples of a wide range of careers.</p>	<p><b>Career Library</b> ▾</p> <p>Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.</p>
<p>A student should be exposed to language that emphasizes individual skills, strengths, and assets.</p>	<p><b>Explore Library</b> ▾</p> <p>Prioritized skills badges offer students the discovery of their own skills and talents and provide the next steps to a successful career and lifestyle journey.</p> <hr/> <p><b>All About You</b> ▾</p> <ol style="list-style-type: none"> <li>1. Describe skills and skill sets.</li> <li>2. Summarize the importance of discovering and developing your talents.</li> <li>3. Determine and define your core values.</li> </ol> <hr/> <p><b>All About Your Personality + Interests</b> ▾</p> <ol style="list-style-type: none"> <li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset               <ul style="list-style-type: none"> <li>→ Uncover your strengths</li> <li>→ Getting to know you</li> </ul> </li> </ol>
<p>A student should be exposed to practices that develop a growth mindset.</p>	<p><b>All About Your Personality + Interests</b> ▾</p> <ol style="list-style-type: none"> <li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset               <ul style="list-style-type: none"> <li>→ Growth Mindset</li> </ul> </li> </ol> <hr/> <p><b>My Portfolio Feature</b> ▾</p> <p>A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SIXTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to explore their interest.</p>	<p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
	<p><b>All About Your Personality + Interests</b> ▾</p> <p>2. Take inventory of your personal interests and compare with your future lifestyle goals</p> <ul style="list-style-type: none"> <li>→ Your past interests</li> <li>→ Your current interests</li> <li>→ Past + Present = Future</li> </ul>
<p>A student should be supported to practice their strengths.</p>	<p><b>Prompt Feature</b> ▾</p> <p>Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.</p>
	<p><b>Educator Resources</b> ▾</p> <p>Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SIXTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to develop their confidence in their abilities.</p>	<p>All About YourSELF ▾</p> <p>1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence</p> <ul style="list-style-type: none"><li>→ Self-Esteem</li><li>→ The Building Blocks</li><li>→ Power Up!</li></ul>
	<p>Find Your Grind Experience ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to engage in guided reflection.</p>	<p><b>Find Your Grind Experience</b> ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p>
	<p><b>My Portfolio Feature</b> ▾</p> <p>Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.</p>
	<p><b>Educator Resources</b> ▾</p> <p>Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.</p>
	<p><b>Starter Kit</b> ▾</p> <p>3) Recognize the value of self-reflection</p>
	<p><b>Gauge Your Lifestyle</b> ▾</p> <ol style="list-style-type: none"> <li>1. Gauge current lifestyle using reflection</li> <li>2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle</li> <li>3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to articulate aspirations.</p>	<p>About Me Feature ▾</p> <p>We help students verbalize how their learning journey has impacted them so they can share their excitement and plans for their future with key figures in their life. We gather inputs from students as they engage with the curriculum. Based on these inputs, the platform synthesizes the data and, in real-time, maps the personalized results onto each of the four future-ready competencies, ending with the taking action competency—empowering students to live their most authentic life.</p>
	<p>Exploring Lifestyles ▾</p> <ol style="list-style-type: none"> <li>1) Identify lifestyle ideals through the Lifestyle Assessment</li> <li>2) Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle</li> <li>3) Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map.               <ul style="list-style-type: none"> <li>→ Mapping out your Expedition</li> <li>→ Insights + Connections</li> <li>→ Explore Influences</li> <li>→ Mindmap Reflections</li> </ul> </li> </ol>
	<p>Lifestyle Roadmap ▾</p> <ol style="list-style-type: none"> <li>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design.</li> <li>2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.               <ul style="list-style-type: none"> <li>→ What's a lifestyle Roadmap</li> <li>→ Key Ingredients</li> <li>→ The Roadmap</li> </ul> </li> </ol>



# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to envision a positive future.</p>	<p><b>Future-Proofing</b> ▾</p> <ol style="list-style-type: none"> <li>1) Describe how job titles are used and how to ensure a resume has clear job title information</li> <li>2) Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets</li> </ol> <hr/> <p><b>Find Your Grind Experience</b> ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p>
<p>A student should be supported to explore their habits and to create and change a habit.</p>	<p><b>All About YourSELF</b> ▾</p> <ol style="list-style-type: none"> <li>3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits</li> <li>4. Differentiate between habits and routines and explain how routines are impactful               <ul style="list-style-type: none"> <li>→ Harness Your Habits</li> <li>→ Your Good Habits</li> <li>→ Your Routine</li> <li>→ The Secret Formula</li> <li>→ Take Care</li> </ul> </li> <li>5. Create SMART goals and see them through to completion</li> </ol>
<p>A student should be supported to record their progress.</p>	<p><b>My Portfolio Feature</b> ▾</p> <p>A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to explore career interests.</p>	<p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
	<p><b>Career Library</b> ▾</p> <p>Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.</p>
	<p><b>Opportunities</b> ▾</p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to explore their strengths.</p>	<p>Explore Library ▾</p> <p>Prioritized skills badges offer students the discovery of their own skills and talents and provide the next steps to a successful career and lifestyle journey.</p>
	<p>All About You ▾</p> <ol style="list-style-type: none"> <li>1. Describe skills and skill sets.</li> <li>2. Summarize the importance of discovering and developing your talents.</li> <li>3. Determine and define your core values.</li> </ol>
	<p>All About Your Personality + Interests ▾</p> <ol style="list-style-type: none"> <li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset               <ul style="list-style-type: none"> <li>→ Uncover your strengths</li> <li>→ Getting to know you</li> </ul> </li> </ol>
<p>A student should be supported to effectively ask for help.</p>	<p>All About Your Communication ▾</p> <ol style="list-style-type: none"> <li>1. List and explain each of the four communication styles</li> <li>2. Determine your own communication style and how that impacts professional and personal communication</li> <li>3. Develop a plan to improve personal and professional communication               <ul style="list-style-type: none"> <li>→ Conflict Resolution</li> <li>→ Speaking Up</li> </ul> </li> </ol>
	<p>Power Skills ▾</p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice.               <ul style="list-style-type: none"> <li>→ Communication</li> <li>→ Communicate to Be Great</li> <li>→ Problem-Solving</li> <li>→ Problem-Solving Opportunities</li> </ul> </li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

SEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to understand a growth mindset.</p>	<p>All About Your Personality + Interests ▾</p> <p>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset → Growth Mindset</p>
	<p>My Portfolio Feature ▾</p> <p>A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to explore barriers to aspirations.</p>	<p>Stress + Mindset Shifts ▾</p> <ol style="list-style-type: none"> <li>1. Identify personal stressors and explain how balance can be used as a stress management tool</li> <li>2. Define mindset shift in your own words and summarize the process of creating a mindset shift</li> <li>3. Incorporate habits in your daily routine that help create a mindset shift</li> </ol>
	<p>Balancing Act ▾</p> <ol style="list-style-type: none"> <li>1. Define balance as it applies to your lifestyle and assess areas of your life that need balance</li> <li>2. Create a plan to increase balance in all areas of life</li> </ol>
	<p>Opportunity Pathways ▾</p> <p>2) Describe the positive and negative aspects of career disruption and how you can prepare for it</p> <ul style="list-style-type: none"> <li>→ Disruption: Should I be Scared?</li> <li>→ Self-Disruption: I'm in Control!</li> </ul>
<p>A student should be supported to articulate personal strengths.</p>	<p>Explore Library ▾</p> <p>Prioritized skills badges offer students the discovery of their own skills and talents and provide the next steps to a successful career and lifestyle journey.</p>
	<p>All About You ▾</p> <ol style="list-style-type: none"> <li>1. Describe skills and skill sets.</li> <li>2. Summarize the importance of discovering and developing your talents.</li> <li>3. Determine and define your core values.</li> </ol>
	<p>All About Your Personality + Interests ▾</p> <ol style="list-style-type: none"> <li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset</li> </ol> <ul style="list-style-type: none"> <li>→ Uncover your strengths</li> <li>→ Getting to know you</li> </ul>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to identify sources of motivation.</p>	<p>All About YourSELF ▾</p> <p>2) Explain how drive and motivation work together to create success</p>
<p>A student should be supported to explore career interests.</p>	<p>Career Library ▾</p> <p>Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly</p>
<p>A student should be supported to develop an educational plan for at least one career interest.</p>	<p>Opportunity Pathways ▾</p> <p>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</p> <hr/> <p>Planning &amp; Goal-Setting ▾</p> <p>1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</p> <hr/> <p>Lifestyle Roadmap ▾</p> <p>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to compare possible financial futures.</p>	<p><b>Opportunity Pathways</b> ▾</p> <ol style="list-style-type: none"> <li>1. Discuss what a career pathway is and examine types of employment</li> <li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li> <li>3. Explain changes in the future of work related to automation</li> <li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li> </ol>
	<p><b>Explore Library</b> ▾</p> <p>Mentor and Career badges provide professional industry discussion points on skills, industry, pathway options, and more. Both include video content from industry and career pathway experts.</p>
<p>A student should be supported to complete a career cluster survey.</p>	<p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
	<p><b>Lifestyle</b> ▾</p> <ol style="list-style-type: none"> <li>1) Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle</li> <li>2) Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to demonstrate a growth mindset.</p>	<p>All About Your Personality + Interests ▾</p> <p>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset → Growth Mindset</p>
	<p>My Portfolio Feature ▾</p> <p>A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.</p>
<p>A student should be supported to map a support network.</p>	<p>Mentor Library ▾</p> <p>A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.</p>
	<p>Your Network ▾</p> <p>1. Define mentorship and list benefits of having or being a mentor 2. Summarize how to match and maintain a mentorship relationship</p>
	<p>Network Like a Pro ▾</p> <p>1. Define networking 2. Identify current personal networks and list the steps you can take to grow your network 3. Summarize the steps to evaluate your personal brand 4. Outline the steps to evaluate your network</p>



# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be exposed to the concept of career clusters of interests.</p>	<p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
	<p><b>Opportunities</b> ▾</p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>
	<p><b>Industry Library</b> ▾</p> <p>Using a lifestyle-first and skill-focused approach, our Industry Taxonomy is more accessible and relevant to the future work. (Alignment of the National Career Clusters Framework.)</p>
<p>A student should be exposed to the relationship between community service/extracurricular activities and postsecondary (PS)/career goals.</p>	<p><b>Explore Library</b> ▾</p> <p>Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.</p>
	<p><b>Opportunity Pathways</b> ▾</p> <ol style="list-style-type: none"> <li>5) Discover post-high school education opportunities and how to take the first step toward a future ready career pathway             <ul style="list-style-type: none"> <li>→ Future of Work</li> <li>→ The Way We Work</li> </ul> </li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

EIGHTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be exposed to a financial literacy unit in a course or workshop.</p>	<p>Money Basics ▾</p> <ol style="list-style-type: none"> <li>1. Outline what financial future means to you and reflect on your current money habits</li> <li>2. Define basic financial terms</li> <li>3. Evaluate your current financial situation</li> </ol>
	<p>Budgeting + Expenses ▾</p> <ol style="list-style-type: none"> <li>1) Define budgeting and explain its importance</li> <li>2) Create a personalized budget</li> <li>3) Explain how money is typically spent in a budget</li> </ol>
	<p>Making Money Moves Work for You ▾</p> <ol style="list-style-type: none"> <li>1. Summarize the keys to making money doing what you love</li> <li>2. Connect your passions to money making opportunities</li> <li>3. Define basic terms around the topic of investing</li> <li>4. Evaluate how investing will impact your future</li> </ol>
	<p>Taxes + Government ▾</p> <ol style="list-style-type: none"> <li>1. Explain the reason for taxes and their benefit</li> <li>2. Summarize the three types of taxes</li> <li>3. Differentiate the three basic levels of government</li> <li>4. Explain how to get involved in the political process</li> </ol>
	<p>Banking Basics ▾</p> <ol style="list-style-type: none"> <li>1. List the differences between types of bank accounts and how banks work</li> <li>2. Explain the basics of credit and debit cards and how they can be used</li> <li>3. Demonstrate good credit card habits</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<b>STARTER KIT</b>	<p><b>UNIT 1 STARTER KIT</b></p> <ol style="list-style-type: none"><li>1. Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel</li><li>2. Recognize the value of critical thinking in the form of “asking why”</li><li>3. Recognize the value of self-reflection</li><li>4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration</li></ol>
<b>ALL ABOUT YOU</b>	<p><b>UNIT 2 ALL ABOUT YOU</b></p> <ol style="list-style-type: none"><li>1. Describe skills and skill sets</li><li>2. Summarize the importance of discovering and developing your talents</li><li>3. Determine and define your core values</li></ol> <p><b>UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS</b></p> <ol style="list-style-type: none"><li>1. Compare and contrast personality traits through the practice of self- reflection</li><li>2. Take inventory of your personal interests and compare with your future lifestyle goals</li><li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset</li></ol> <p><b>UNIT 4 ALL ABOUT YOURSELF</b></p> <ol style="list-style-type: none"><li>1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence</li><li>2. Explain how drive and motivation work together to create success</li><li>3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits</li><li>4. Differentiate between habits and routines and explain how routines are impactful</li><li>5. Create SMART goals and see them through to completion</li></ol> <p><b>UNIT 5 YOUR LIFE CYCLE JOURNEY</b></p> <ol style="list-style-type: none"><li>1. List discovery opportunities at various stages of the life cycle</li><li>2. Analyze each stage of the life cycle to uncover discovery opportunities</li><li>3. Relate discovery opportunities in early stages of the life cycle to those of adulthood</li></ol> <p><b>UNIT 6 ALL ABOUT YOUR COMMUNICATION</b></p> <ol style="list-style-type: none"><li>1. List and explain each of the four communication styles</li><li>2. Determine your own communication style and how that impacts professional and personal communication</li><li>3. Develop a plan to improve personal and professional communication</li></ol>

CATEGORY	UNIT
<div data-bbox="77 300 397 422" style="border: 1px solid orange; padding: 5px; text-align: center;"> <b>BRAND &amp; NETWORK</b> </div>	<p><b>UNIT 7 YOUR PERSONAL BRAND + NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define personal brand and summarize the steps to evaluate it</li> <li>2. Demonstrate the ability to write an elevator pitch</li> <li>3. Formulate your own personal brand</li> </ol> <p><b>UNIT 8 BRAND + DIGITAL REPUTATION</b></p> <ol style="list-style-type: none"> <li>1. Define digital reputation and discuss ways to cultivate it</li> <li>2. Explain ways to control your reputation and safety online</li> </ol> <p><b>UNIT 9 SOCIAL MEDIA</b></p> <ol style="list-style-type: none"> <li>1. List factors that can improve social media engagement and identify ways to interact with others</li> <li>2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage</li> </ol> <p><b>UNIT 10 YOUR NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define mentorship and list benefits of having or being a mentor</li> <li>2. Summarize how to match and maintain a mentorship relationship</li> </ol> <p><b>UNIT 11 NETWORK LIKE A PRO</b></p> <ol style="list-style-type: none"> <li>1. Define networking</li> <li>2. Identify current personal networks and list the steps you can take to grow your network</li> <li>3. Summarize the steps to evaluate your personal brand</li> <li>4. Outline the steps to evaluate your network</li> </ol>
<div data-bbox="77 1325 397 1398" style="border: 1px solid blue; padding: 5px; text-align: center;"> <b>OPPORTUNITIES</b> </div>	<p><b>UNIT 12 FUTURE-PROOFING</b></p> <ol style="list-style-type: none"> <li>1. Describe how job titles are used and how to ensure a resume has clear job title information</li> <li>2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets</li> </ol> <p><b>UNIT 13 POWER SKILLS</b></p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</li> </ol> <p><b>UNIT 14 OPPORTUNITIES</b></p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<b>OPPORTUNITIES</b>	<p><b>UNIT 15 OPPORTUNITY PATHWAYS</b></p> <ol style="list-style-type: none"><li>1. Discuss what a career pathway is and examine types of employment</li><li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li><li>3. Explain changes in the future of work related to automation</li><li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li><li>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</li></ol> <p><b>UNIT 16 PROFESSIONALISM</b></p> <ol style="list-style-type: none"><li>1. Define professionalism and explain why it's important</li><li>2. Create an eye-catching resume and use it in an effective job application</li><li>3. Apply interview best practices in a job interview</li></ol>
<b>LIFESTYLE</b>	<p><b>UNIT 17 LIFESTYLE</b></p> <ol style="list-style-type: none"><li>1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle</li><li>2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be</li></ol> <p><b>UNIT 18 GAUGE YOUR LIFESTYLE</b></p> <ol style="list-style-type: none"><li>1. Gauge current lifestyle using reflection</li><li>2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle</li><li>3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle</li></ol> <p><b>UNIT 19 EXPLORING LIFESTYLES</b></p> <ol style="list-style-type: none"><li>1. Identify lifestyle ideals through the Lifestyle Assessment</li><li>2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle</li><li>3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map</li></ol> <p><b>UNIT 20 LIFESTYLE ROADMAP</b></p> <ol style="list-style-type: none"><li>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design</li><li>2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap</li></ol>

CATEGORY	UNIT
<div data-bbox="87 270 407 392" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>MINDSET + BALANCE</b> </div>	<p><b>UNIT 21 PLANNING &amp; GOAL-SETTING</b></p> <ol style="list-style-type: none"> <li>1. Explain the purpose of goal setting and set at least one goal</li> <li>2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</li> </ol> <p><b>UNIT 22 BALANCING ACT</b></p> <ol style="list-style-type: none"> <li>1. Define balance as it applies to your lifestyle and assess areas of your life that need balance</li> <li>2. Create a plan to increase balance in all areas of life</li> </ol> <p><b>UNIT 23 THE POWER OF GRATITUDE</b></p> <ol style="list-style-type: none"> <li>1. List methods to increase and express gratitude</li> <li>2. Explain the role gratitude plays in achieving balance in life</li> <li>3. Evaluate your life for things to be grateful for</li> </ol> <p><b>UNIT 24 STRESS + MINDSET SHIFTS</b></p> <ol style="list-style-type: none"> <li>1. Identify personal stressors and explain how balance can be used as a stress management tool</li> <li>2. Define mindset shift in your own words and summarize the process of creating a mindset shift</li> <li>3. Incorporate habits in your daily routine that help create a mindset shift</li> </ol> <p><b>UNIT 25 MAKE SPACE + TIME FOR YOU</b></p> <ol style="list-style-type: none"> <li>1. Evaluate and create space to increase balance in all areas of life</li> <li>2. Summarize the benefits of time management</li> <li>3. Utilize effective time management to create life balance</li> <li>4. Highlight the need for reevaluation of your personal life plan and explain why it's important</li> <li>5. Compare and contrast previous personal goals with current passions and interests</li> <li>6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans</li> </ol>
<div data-bbox="87 1459 407 1539" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>LEADERSHIP</b> </div>	<p><b>UNIT 26 LEADERSHIP BASICS</b></p> <ol style="list-style-type: none"> <li>1. Explain what leadership and why it is important</li> <li>2. Identify your own personal leadership style</li> <li>3. Determine the key skills of an effective leader</li> </ol> <p><b>UNIT 27 WHAT MAKES A LEADER</b></p> <ol style="list-style-type: none"> <li>1. Summarize how great leaders use their skills</li> <li>2. Grow your personal leadership skills through volunteering</li> <li>3. Explain the importance of goal-setting for a leader</li> </ol> <p><b>UNIT 28 LEADERSHIP IN ACTION</b></p> <ol style="list-style-type: none"> <li>1. Describe the strategies used by successful leaders</li> <li>2. Implement leadership skills in your own life</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<div style="border: 1px solid orange; padding: 5px; text-align: center;"><b>LEADERSHIP</b></div>	<p><b>UNIT 29 LEVEL UP YOUR LEADERSHIP</b></p> <ol style="list-style-type: none"> <li>1. Determine ways to build your own leadership skills</li> <li>2. Use leadership strategies to manage conflict and lead a virtual team</li> <li>3. Discover new opportunities to become a leader</li> </ol>
<div style="border: 1px solid green; padding: 5px; text-align: center;"><b>MONEY</b></div>	<p><b>UNIT 30 MONEY BASICS</b></p> <ol style="list-style-type: none"> <li>1. Outline what financial future means to you and reflect on your current money habits</li> <li>2. Define basic financial terms</li> <li>3. Evaluate your current financial situation</li> </ol> <p><b>UNIT 31 BUDGETING + EXPENSES</b></p> <ol style="list-style-type: none"> <li>1. Define budgeting and explain its importance</li> <li>2. Create a personalized budget</li> <li>3. Explain how money is typically spent in a budget</li> </ol> <p><b>UNIT 32 MAKING MONEY MOVES WORK FOR YOU</b></p> <ol style="list-style-type: none"> <li>1. Summarize the keys to making money doing what you love</li> <li>2. Connect your passions to money making opportunities</li> <li>3. Define basic terms around the topic of investing</li> <li>4. Evaluate how investing will impact your future</li> </ol> <p><b>UNIT 33 TAXES + GOVERNMENT</b></p> <ol style="list-style-type: none"> <li>1. Explain the reason for taxes and their benefit</li> <li>2. Summarize the three types of taxes</li> <li>3. Differentiate the three basic levels of government</li> <li>4. Explain how to get involved in the political process</li> </ol> <p><b>UNIT 34 BANKING BASICS</b></p> <ol style="list-style-type: none"> <li>1. List the differences between types of bank accounts and how banks work</li> <li>2. Explain the basics of credit and debit cards and how they can be used</li> <li>3. Demonstrate good credit card habits</li> </ol> <p><b>UNIT 35 LIFESTYLE + MONEY</b></p> <ol style="list-style-type: none"> <li>1. Explain the flipped funnel approach to lifestyle planning including finances</li> <li>2. Reevaluate the financial aspect of your lifestyle roadmap</li> </ol>
<div style="border: 1px solid red; padding: 5px; text-align: center;"><b>FUTURE READY</b></div>	<p><b>UNIT 36 THE FUTURE BELONGS TO THE MISFITS</b></p> <ol style="list-style-type: none"> <li>1. Develop a personal meaning of “Misfit” as it applies to YOU</li> <li>2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals</li> <li>3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind</li> <li>4. Create your Misfit statement</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p><b>Starter Kit:</b> The WHY and HOW to begin living the life you want and being the person you want to be</p> <p><b>All About You:</b> The path to self-discovery is a reflective journey to who you really want to be</p> <p><b>Brand and Network:</b> Explore and define how you want to represent yourself and how to build your network.</p> <p><b>Opportunities:</b> Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p> <p><b>Lifestyle:</b> Start the journey to the life you want to live and build the roadmap to happiness!</p> <p><b>Mindset and Balance:</b> Life isn't always easy. Here are some tools to help you plan and find balance</p> <p><b>Leadership:</b> Leaders set direction, inspire, and motivate. Are you ready to become a leader?</p> <p><b>Money:</b> Money is a huge topic! Learn how to sync it up with your lifestyle</p> <p><b>Future Ready:</b> Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!</p>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Power Skills</li> <li>→ Unit 14 Opportunities</li> <li>→ Unit 15 Opportunity Pathways</li> <li>→ Unit 16 Professionalism</li> <li>→ Unit 17 Lifestyle</li> <li>→ Unit 18 Gauge Your Lifestyle</li> <li>→ Unit 19 Exploring Lifestyles</li> <li>→ Unit 20 Lifestyle Roadmap</li> <li>→ Unit 21 Planning + Goal Setting</li> <li>→ Unit 22 Balance Act</li> <li>→ Unit 23 The Power of Gratitude</li> <li>→ Unit 24 Stress + Mindset Shifts</li> <li>→ Unit 25 Make Space + Time for You</li> <li>→ Unit 26 Leadership Basics</li> <li>→ Unit 27 What Makes a Leader</li> <li>→ Unit 28 Leadership in Action</li> <li>→ Unit 29 Level Up Your Leadership</li> <li>→ Unit 30 Money Basics</li> <li>→ Unit 31 Budgeting + Expenses</li> <li>→ Unit 32 Making Money Moves Work for You</li> <li>→ Unit 33 Taxes + Government</li> <li>→ Unit 34 Banking Basics</li> <li>→ Unit 35 Lifestyle + Money Goals</li> <li>→ Unit 36 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Opportunities</li> <li>→ Unit 14 Opportunity Pathway</li> <li>→ Unit 15 Professionalism</li> <li>→ Unit 16 Lifestyle</li> <li>→ Unit 17 Gauge Your Lifestyle</li> <li>→ Unit 18 Exploring Lifestyles</li> <li>→ Unit 19 Planning + Goal-Setting</li> <li>→ Unit 20 Balancing Act</li> <li>→ Unit 21 Reflecting on Your Plan</li> <li>→ Unit 22 Leadership</li> <li>→ Unit 23 Money Basics</li> <li>→ Unit 24 Budgeting + Expenses</li> <li>→ Unit 25 Making Money Moves Work for You</li> <li>→ Unit 26 Taxes + Government</li> <li>→ Unit 27 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 All About Your Communication</li> <li>→ Unit 6 Your Personal Brand + Network</li> <li>→ Unit 7 Brand + Digital Reputation</li> <li>→ Unit 8 Your Network</li> <li>→ Unit 9 Future-Proofing</li> <li>→ Unit 10 Opportunities</li> <li>→ Unit 11 Opportunity Pathways</li> <li>→ Unit 12 Your Unique Pathway</li> <li>→ Unit 13 Lifestyle</li> <li>→ Unit 14 Gauge Your Lifestyle</li> <li>→ Unit 15 Exploring Lifestyles</li> <li>→ Unit 16 Mindset + Balance</li> <li>→ Unit 17 Money</li> <li>→ Unit 18 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You (Part I)</li> <li>→ Unit 3 All About You (Part 2)</li> <li>→ Unit 4 Brand + Network</li> <li>→ Unit 5 Opportunities</li> <li>→ Unit 6 Lifestyle</li> <li>→ Unit 7 Mindset + Balance</li> <li>→ Unit 8 Money</li> <li>→ Unit 9 Future Ready</li> </ul>







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# CURRICULUM LEARNING STANDARDS ALIGNMENT

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Career Exploration | Illinois State Board of Education



**Find Your Grind** helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



**Find Your Grind is the  
personalized multi-year learning solution  
that develops future ready students.**

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

NINTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to complete a career cluster survey and career interest survey.</p>	<p>Lifestyle Assessment ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"><li>→ Determines unique Lifestyle based on interests and personal strengths.</li><li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li><li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li></ul>
<p>A student should be supported to outline a plan for community service and extracurricular activities related to postsecondary plans.</p>	<p>Explore Library ▾</p> <p>Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.</p>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

NINTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should know one or two careers for further exploration.</p>	<p>Career Library ▾</p> <p>Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.</p>
	<p>Industry Library ▾</p> <p>Using a lifestyle-first and skill-focused approach, our Industry Taxonomy is more accessible and relevant to the future work.</p>
	<p>Opportunities ▾</p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>
	<p>Opportunity Pathways ▾</p> <ol style="list-style-type: none"> <li>1. Discuss what a career pathway is and examine types of employment</li> <li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li> <li>3. Explain changes in the future of work related to automation</li> <li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li> <li>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

TENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to participate in activities related to their career cluster of interests.</p>	<p><b>Find Your Grind Experience</b> ▾</p> <p>Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.</p> <p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
<p>A student should be supported to select a career area of interest.</p>	<p><b>Career Library</b> ▾</p> <p>Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.</p> <p><b>All About Your Personality + Interests</b> ▾</p> <ol style="list-style-type: none"> <li>1. Compare and contrast personality traits through the practice of self-reflection</li> <li>2. Take inventory of your personal interests and compare with your future lifestyle goals</li> <li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

TENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to connect and build relationships with 2-3 adults to support the postsecondary and career selection process.</p>	<p>Mentor Library ▾</p> <p>A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.</p> <hr/> <p>Your Network ▾</p> <ol style="list-style-type: none"> <li>1. Define mentorship and list benefits of having or being a mentor</li> <li>2. Summarize how to match and maintain a mentorship relationship</li> </ol> <hr/> <p>Network Like a Pro ▾</p> <ol style="list-style-type: none"> <li>1. Define networking</li> <li>2. Identify current personal networks and list the steps you can take to grow your network</li> <li>3. Summarize the steps to evaluate your personal brand</li> <li>4. Outline the steps to evaluate your network</li> </ol>
<p>A student should be supported to review course work, and postsecondary/career plans in relation to the ISBE College and Career Readiness indicators (every year).</p>	<p>My Portfolio Feature ▾</p> <p>A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.</p>
<p>A student should know educational requirements, cost, expected entry level, and midpoint salary for occupations in a selected career pathway.</p>	<p>Mentor Library ▾</p> <p>A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.</p>
<p>A student should know skills related to career interests.</p>	<p>Power Skills ▾</p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice.</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

TENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should know different types of postsecondary credentials and institutions.</p>	<p>Opportunity Pathways ▾</p> <ol style="list-style-type: none"><li>1. Discuss what a career pathway is and examine types of employment</li><li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li><li>3. Explain changes in the future of work related to automation</li><li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li><li>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</li></ol>
	<p>Opportunities ▾</p> <ol style="list-style-type: none"><li>1. Describe the Find Your Grind industry categories</li><li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li></ol>



# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

ELEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to revisit the career interest survey.</p>	<p><b>Gauge Your Lifestyle</b> ▾</p> <ol style="list-style-type: none"> <li>1. Gauge current lifestyle using reflection</li> <li>2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle</li> <li>3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle</li> </ol>
	<p><b>Exploring Lifestyles</b> ▾</p> <ol style="list-style-type: none"> <li>1. Identify lifestyle ideals through the Lifestyle Assessment</li> <li>2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle</li> <li>3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map</li> </ol>
	<p><b>Lifestyle Assessment</b> ▾</p> <p>The Lifestyle Assessment helps students better understand themselves to prepare for the future.</p> <ul style="list-style-type: none"> <li>→ Determines unique Lifestyle based on interests and personal strengths.</li> <li>→ Helps develop greater self-awareness of identity through a process of self-discovery and reflection.</li> <li>→ Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.</li> </ul>
<p>A student should be supported to participate in a mock job interview.</p>	<p><b>Professionalism</b> ▾</p> <ol style="list-style-type: none"> <li>3. Apply interview best practices in a job interview</li> </ol>
	<p><b>Educator Resources</b> ▾</p> <p>Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.</p>
<p>A student should be supported to create a resume and personal statement.</p>	<p><b>Professionalism</b> ▾</p> <ol style="list-style-type: none"> <li>2. Create an eye-catching resume and use it in an effective job application</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

ELEVENTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to complete a postsecondary plan workshop.</p>	<p>Lifestyle Roadmap ▾</p> <ol style="list-style-type: none"> <li>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design.</li> <li>2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.</li> </ol>
	<p>Planning &amp; Goal-Setting ▾</p> <ol style="list-style-type: none"> <li>1. Explain the purpose of goal setting and set at least one goal</li> <li>2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</li> </ol>

TWELFTH GRADE OBJECTIVES	FIND YOUR GRIND UNITS + OBJECTIVES
<p>A student should be supported to complete two team based challenges.</p>	<p>Educator Resources ▾</p> <p>Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.</p>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<b>STARTER KIT</b>	<p><b>UNIT 1 STARTER KIT</b></p> <ol style="list-style-type: none"><li>1. Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel</li><li>2. Recognize the value of critical thinking in the form of “asking why”</li><li>3. Recognize the value of self-reflection</li><li>4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration</li></ol>
<b>ALL ABOUT YOU</b>	<p><b>UNIT 2 ALL ABOUT YOU</b></p> <ol style="list-style-type: none"><li>1. Describe skills and skill sets</li><li>2. Summarize the importance of discovering and developing your talents</li><li>3. Determine and define your core values</li></ol> <p><b>UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS</b></p> <ol style="list-style-type: none"><li>1. Compare and contrast personality traits through the practice of self-reflection</li><li>2. Take inventory of your personal interests and compare with your future lifestyle goals</li><li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset</li></ol> <p><b>UNIT 4 ALL ABOUT YOURSELF</b></p> <ol style="list-style-type: none"><li>1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence</li><li>2. Explain how drive and motivation work together to create success</li><li>3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits</li><li>4. Differentiate between habits and routines and explain how routines are impactful</li><li>5. Create SMART goals and see them through to completion</li></ol> <p><b>UNIT 5 YOUR LIFE CYCLE JOURNEY</b></p> <ol style="list-style-type: none"><li>1. List discovery opportunities at various stages of the life cycle</li><li>2. Analyze each stage of the life cycle to uncover discovery opportunities</li><li>3. Relate discovery opportunities in early stages of the life cycle to those of adulthood</li></ol> <p><b>UNIT 6 ALL ABOUT YOUR COMMUNICATION</b></p> <ol style="list-style-type: none"><li>1. List and explain each of the four communication styles</li><li>2. Determine your own communication style and how that impacts professional and personal communication</li><li>3. Develop a plan to improve personal and professional communication</li></ol>

CATEGORY	UNIT
<div data-bbox="77 300 397 422" style="border: 1px solid orange; padding: 5px; text-align: center;"> <b>BRAND &amp; NETWORK</b> </div>	<p><b>UNIT 7 YOUR PERSONAL BRAND + NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define personal brand and summarize the steps to evaluate it</li> <li>2. Demonstrate the ability to write an elevator pitch</li> <li>3. Formulate your own personal brand</li> </ol> <p><b>UNIT 8 BRAND + DIGITAL REPUTATION</b></p> <ol style="list-style-type: none"> <li>1. Define digital reputation and discuss ways to cultivate it</li> <li>2. Explain ways to control your reputation and safety online</li> </ol> <p><b>UNIT 9 SOCIAL MEDIA</b></p> <ol style="list-style-type: none"> <li>1. List factors that can improve social media engagement and identify ways to interact with others</li> <li>2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage</li> </ol> <p><b>UNIT 10 YOUR NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define mentorship and list benefits of having or being a mentor</li> <li>2. Summarize how to match and maintain a mentorship relationship</li> </ol> <p><b>UNIT 11 NETWORK LIKE A PRO</b></p> <ol style="list-style-type: none"> <li>1. Define networking</li> <li>2. Identify current personal networks and list the steps you can take to grow your network</li> <li>3. Summarize the steps to evaluate your personal brand</li> <li>4. Outline the steps to evaluate your network</li> </ol>
<div data-bbox="77 1325 397 1398" style="border: 1px solid blue; padding: 5px; text-align: center;"> <b>OPPORTUNITIES</b> </div>	<p><b>UNIT 12 FUTURE-PROOFING</b></p> <ol style="list-style-type: none"> <li>1. Describe how job titles are used and how to ensure a resume has clear job title information</li> <li>2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets</li> </ol> <p><b>UNIT 13 POWER SKILLS</b></p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</li> </ol> <p><b>UNIT 14 OPPORTUNITIES</b></p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>

CATEGORY	UNIT
<div style="border: 1px solid black; padding: 5px; text-align: center;"><b>OPPORTUNITIES</b></div>	<p><b>UNIT 15 OPPORTUNITY PATHWAYS</b></p> <ol style="list-style-type: none"> <li>1. Discuss what a career pathway is and examine types of employment</li> <li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li> <li>3. Explain changes in the future of work related to automation</li> <li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li> <li>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</li> </ol> <p><b>UNIT 16 PROFESSIONALISM</b></p> <ol style="list-style-type: none"> <li>1. Define professionalism and explain why it's important</li> <li>2. Create an eye-catching resume and use it in an effective job application</li> <li>3. Apply interview best practices in a job interview</li> </ol>
<div style="border: 1px solid black; padding: 5px; text-align: center;"><b>LIFESTYLE</b></div>	<p><b>UNIT 17 LIFESTYLE</b></p> <ol style="list-style-type: none"> <li>1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle</li> <li>2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be</li> </ol> <p><b>UNIT 18 GAUGE YOUR LIFESTYLE</b></p> <ol style="list-style-type: none"> <li>1. Gauge current lifestyle using reflection</li> <li>2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle</li> <li>3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle</li> </ol> <p><b>UNIT 19 EXPLORING LIFESTYLES</b></p> <ol style="list-style-type: none"> <li>1. Identify lifestyle ideals through the Lifestyle Assessment</li> <li>2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle</li> <li>3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map</li> </ol> <p><b>UNIT 20 LIFESTYLE ROADMAP</b></p> <ol style="list-style-type: none"> <li>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design</li> <li>2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap</li> </ol>

CATEGORY	UNIT
<div data-bbox="89 273 407 394" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>MINDSET + BALANCE</b> </div>	<p><b>UNIT 21 PLANNING &amp; GOAL-SETTING</b></p> <ol style="list-style-type: none"> <li>1. Explain the purpose of goal setting and set at least one goal</li> <li>2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</li> </ol> <p><b>UNIT 22 BALANCING ACT</b></p> <ol style="list-style-type: none"> <li>1. Define balance as it applies to your lifestyle and assess areas of your life that need balance</li> <li>2. Create a plan to increase balance in all areas of life</li> </ol> <p><b>UNIT 23 THE POWER OF GRATITUDE</b></p> <ol style="list-style-type: none"> <li>1. List methods to increase and express gratitude</li> <li>2. Explain the role gratitude plays in achieving balance in life</li> <li>3. Evaluate your life for things to be grateful for</li> </ol> <p><b>UNIT 24 STRESS + MINDSET SHIFTS</b></p> <ol style="list-style-type: none"> <li>1. Identify personal stressors and explain how balance can be used as a stress management tool</li> <li>2. Define mindset shift in your own words and summarize the process of creating a mindset shift</li> <li>3. Incorporate habits in your daily routine that help create a mindset shift</li> </ol> <p><b>UNIT 25 MAKE SPACE + TIME FOR YOU</b></p> <ol style="list-style-type: none"> <li>1. Evaluate and create space to increase balance in all areas of life</li> <li>2. Summarize the benefits of time management</li> <li>3. Utilize effective time management to create life balance</li> <li>4. Highlight the need for reevaluation of your personal life plan and explain why it's important</li> <li>5. Compare and contrast previous personal goals with current passions and interests</li> <li>6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans</li> </ol>
<div data-bbox="89 1459 407 1539" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>LEADERSHIP</b> </div>	<p><b>UNIT 26 LEADERSHIP BASICS</b></p> <ol style="list-style-type: none"> <li>1. Explain what leadership and why it is important</li> <li>2. Identify your own personal leadership style</li> <li>3. Determine the key skills of an effective leader</li> </ol> <p><b>UNIT 27 WHAT MAKES A LEADER</b></p> <ol style="list-style-type: none"> <li>1. Summarize how great leaders use their skills</li> <li>2. Grow your personal leadership skills through volunteering</li> <li>3. Explain the importance of goal-setting for a leader</li> </ol> <p><b>UNIT 28 LEADERSHIP IN ACTION</b></p> <ol style="list-style-type: none"> <li>1. Describe the strategies used by successful leaders</li> <li>2. Implement leadership skills in your own life</li> </ol>

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CATEGORY	UNIT
<div style="border: 1px solid orange; padding: 5px; text-align: center;"><b>LEADERSHIP</b></div>	<p><b>UNIT 29 LEVEL UP YOUR LEADERSHIP</b></p> <ol style="list-style-type: none"> <li>1. Determine ways to build your own leadership skills</li> <li>2. Use leadership strategies to manage conflict and lead a virtual team</li> <li>3. Discover new opportunities to become a leader</li> </ol>
<div style="border: 1px solid green; padding: 5px; text-align: center;"><b>MONEY</b></div>	<p><b>UNIT 30 MONEY BASICS</b></p> <ol style="list-style-type: none"> <li>1. Outline what financial future means to you and reflect on your current money habits</li> <li>2. Define basic financial terms</li> <li>3. Evaluate your current financial situation</li> </ol> <p><b>UNIT 31 BUDGETING + EXPENSES</b></p> <ol style="list-style-type: none"> <li>1. Define budgeting and explain its importance</li> <li>2. Create a personalized budget</li> <li>3. Explain how money is typically spent in a budget</li> </ol> <p><b>UNIT 32 MAKING MONEY MOVES WORK FOR YOU</b></p> <ol style="list-style-type: none"> <li>1. Summarize the keys to making money doing what you love</li> <li>2. Connect your passions to money making opportunities</li> <li>3. Define basic terms around the topic of investing</li> <li>4. Evaluate how investing will impact your future</li> </ol> <p><b>UNIT 33 TAXES + GOVERNMENT</b></p> <ol style="list-style-type: none"> <li>1. Explain the reason for taxes and their benefit</li> <li>2. Summarize the three types of taxes</li> <li>3. Differentiate the three basic levels of government</li> <li>4. Explain how to get involved in the political process</li> </ol> <p><b>UNIT 34 BANKING BASICS</b></p> <ol style="list-style-type: none"> <li>1. List the differences between types of bank accounts and how banks work</li> <li>2. Explain the basics of credit and debit cards and how they can be used</li> <li>3. Demonstrate good credit card habits</li> </ol> <p><b>UNIT 35 LIFESTYLE + MONEY</b></p> <ol style="list-style-type: none"> <li>1. Explain the flipped funnel approach to lifestyle planning including finances</li> <li>2. Reevaluate the financial aspect of your lifestyle roadmap</li> </ol>
<div style="border: 1px solid red; padding: 5px; text-align: center;"><b>FUTURE READY</b></div>	<p><b>UNIT 36 THE FUTURE BELONGS TO THE MISFITS</b></p> <ol style="list-style-type: none"> <li>1. Develop a personal meaning of “Misfit” as it applies to YOU</li> <li>2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals</li> <li>3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind</li> <li>4. Create your Misfit statement</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p><b>Starter Kit:</b> The WHY and HOW to begin living the life you want and being the person you want to be</p> <p><b>All About You:</b> The path to self-discovery is a reflective journey to who you really want to be</p> <p><b>Brand and Network:</b> Explore and define how you want to represent yourself and how to build your network.</p> <p><b>Opportunities:</b> Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p> <p><b>Lifestyle:</b> Start the journey to the life you want to live and build the roadmap to happiness!</p> <p><b>Mindset and Balance:</b> Life isn't always easy. Here are some tools to help you plan and find balance</p> <p><b>Leadership:</b> Leaders set direction, inspire, and motivate. Are you ready to become a leader?</p> <p><b>Money:</b> Money is a huge topic! Learn how to sync it up with your lifestyle</p> <p><b>Future Ready:</b> Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!</p>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Power Skills</li> <li>→ Unit 14 Opportunities</li> <li>→ Unit 15 Opportunity Pathways</li> <li>→ Unit 16 Professionalism</li> <li>→ Unit 17 Lifestyle</li> <li>→ Unit 18 Gauge Your Lifestyle</li> <li>→ Unit 19 Exploring Lifestyles</li> <li>→ Unit 20 Lifestyle Roadmap</li> <li>→ Unit 21 Planning + Goal Setting</li> <li>→ Unit 22 Balance Act</li> <li>→ Unit 23 The Power of Gratitude</li> <li>→ Unit 24 Stress + Mindset Shifts</li> <li>→ Unit 25 Make Space + Time for You</li> <li>→ Unit 26 Leadership Basics</li> <li>→ Unit 27 What Makes a Leader</li> <li>→ Unit 28 Leadership in Action</li> <li>→ Unit 29 Level Up Your Leadership</li> <li>→ Unit 30 Money Basics</li> <li>→ Unit 31 Budgeting + Expenses</li> <li>→ Unit 32 Making Money Moves Work for You</li> <li>→ Unit 33 Taxes + Government</li> <li>→ Unit 34 Banking Basics</li> <li>→ Unit 35 Lifestyle + Money Goals</li> <li>→ Unit 36 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Opportunities</li> <li>→ Unit 14 Opportunity Pathway</li> <li>→ Unit 15 Professionalism</li> <li>→ Unit 16 Lifestyle</li> <li>→ Unit 17 Gauge Your Lifestyle</li> <li>→ Unit 18 Exploring Lifestyles</li> <li>→ Unit 19 Planning + Goal-Setting</li> <li>→ Unit 20 Balancing Act</li> <li>→ Unit 21 Reflecting on Your Plan</li> <li>→ Unit 22 Leadership</li> <li>→ Unit 23 Money Basics</li> <li>→ Unit 24 Budgeting + Expenses</li> <li>→ Unit 25 Making Money Moves Work for You</li> <li>→ Unit 26 Taxes + Government</li> <li>→ Unit 27 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 All About Your Communication</li> <li>→ Unit 6 Your Personal Brand + Network</li> <li>→ Unit 7 Brand + Digital Reputation</li> <li>→ Unit 8 Your Network</li> <li>→ Unit 9 Future-Proofing</li> <li>→ Unit 10 Opportunities</li> <li>→ Unit 11 Opportunity Pathways</li> <li>→ Unit 12 Your Unique Pathway</li> <li>→ Unit 13 Lifestyle</li> <li>→ Unit 14 Gauge Your Lifestyle</li> <li>→ Unit 15 Exploring Lifestyles</li> <li>→ Unit 16 Mindset + Balance</li> <li>→ Unit 17 Money</li> <li>→ Unit 18 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You (Part I)</li> <li>→ Unit 3 All About You (Part 2)</li> <li>→ Unit 4 Brand + Network</li> <li>→ Unit 5 Opportunities</li> <li>→ Unit 6 Lifestyle</li> <li>→ Unit 7 Mindset + Balance</li> <li>→ Unit 8 Money</li> <li>→ Unit 9 Future Ready</li> </ul>





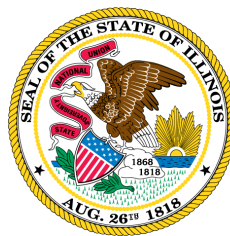


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# CURRICULUM LEARNING STANDARDS ALIGNMENT

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Illinois Essential Employability Skills Framework



**Illinois**  
**State Board of**  
**Education**

**Find Your Grind** helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



**Find Your Grind is the  
personalized multi-year learning solution  
that develops future ready students.**

## Find Your Grind alignment to the ILLINOIS ESSENTIAL EMPLOYABILITY SKILLS FRAMEWORK



### Resources

- [Illinois Essential Employability Skills Framework: illinoisstate.edu](http://illinoisstate.edu)
- [Illinois Essential Employability Skills Framework.pdf](#)

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>1. Personal Ethic</p> <p>a. Integrity</p> <p>i. Treats others with honesty, fairness, and respect</p> <ol style="list-style-type: none"> <li>1. Demonstrates respect for company time and property               <ol style="list-style-type: none"> <li>a. Is present and engaged in the workplace</li> <li>b. Demonstrates appropriate use of technology in the workplace</li> </ol> </li> <li>2. Accepts responsibility for one's decisions and actions</li> </ol>	<p>Starter Kit ▾</p> <p>3. Recognize the value of self-reflection</p> <ul style="list-style-type: none"> <li>→ The Power of Self-Reflection           <ul style="list-style-type: none"> <li>◆ The Value of Self-Reflection</li> <li>◆ The Benefits: Mindset Shift</li> <li>◆ Motivation to Self-reflection</li> </ul> </li> </ul>
	<p>All About You ▾</p> <p>1. Describe skills and skill sets</p> <ul style="list-style-type: none"> <li>→ Applying Skills           <ul style="list-style-type: none"> <li>◆ Know your skills</li> <li>◆ Your Technical Skills</li> <li>◆ Your Power Skills</li> </ul> </li> </ul> <p>3. Determine and define your core values</p> <ul style="list-style-type: none"> <li>→ Establishing Your Values           <ul style="list-style-type: none"> <li>◆ What are Core Values?</li> <li>◆ Life with your Core</li> </ul> </li> </ul>
	<p>Make Space + Time for You ▾</p> <p>4. Highlight the need for reevaluation of your personal life plan and explain why it's important</p> <ul style="list-style-type: none"> <li>→ Reflecting Inward</li> <li>→ Reflecting on the Present</li> </ul>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>1. Personal Ethic</p> <p>b. Respect</p> <p>i. Works effectively with those who have diverse backgrounds, beliefs, and cultures.</p> <p>ii. Exhibits respect for authority</p>	<p>Your Network ▾</p> <ol style="list-style-type: none"><li>1. Define mentorship and list benefits of having or being a mentor</li><li>2. Summarize how to match and maintain a mentorship relationship<ul style="list-style-type: none"><li>→ Mentorship</li><li>→ The Power of Mentorship</li></ul></li></ol>
	<p>Network Like a Pro ▾</p> <ol style="list-style-type: none"><li>1. Define networking</li><li>2. Identify current personal networks and list the steps you can take to grow your network</li><li>3. Summarize the steps to evaluate your personal brand</li><li>4. Outline the steps to evaluate your network<ul style="list-style-type: none"><li>→ Networking<ul style="list-style-type: none"><li>◆ The Value of Connection</li><li>◆ Strong + Weak Ties</li><li>◆ Network Like a Pro</li><li>◆ The Social Network</li></ul></li></ul></li></ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>1. Personal Ethic</p> <p>c. Perseverance</p> <p>i. Stays on task when provided with strategies for overcoming barriers</p>	<p>Power Skills ▾</p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</li> </ol> <ul style="list-style-type: none"> <li>→ Power Skills               <ul style="list-style-type: none"> <li>◆ Problem-Solving</li> <li>◆ Problem-Solving Opportunities</li> </ul> </li> </ul>
	<p>Planning &amp; Goal-Setting ▾</p> <ol style="list-style-type: none"> <li>1. Explain the purpose of goal setting and set at least one goal</li> <li>2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</li> </ol> <ul style="list-style-type: none"> <li>→ Make a Plan               <ul style="list-style-type: none"> <li>◆ The Art of Planning</li> <li>◆ Short + Long Term Plans</li> <li>◆ Establish Your Why</li> </ul> </li> </ul>
	<p>Stress + Mindset Shifts ▾</p> <ol style="list-style-type: none"> <li>1. Identify personal stressors and explain how balance can be used as a stress management tool</li> <li>2. Define mindset shift in your own words and summarize the process of creating a mindset shift</li> <li>3. Incorporate habits in your daily routine that help create a mindset shift</li> </ol> <ul style="list-style-type: none"> <li>→ Stress Happens               <ul style="list-style-type: none"> <li>◆ Stress Happens</li> <li>◆ Managing Stress</li> </ul> </li> <li>→ The Power of Mindset Shifts               <ul style="list-style-type: none"> <li>◆ ½ Full, ½ Empty</li> <li>◆ Quality of Life</li> <li>◆ Make Lemonade</li> <li>◆ Enjoy the Ride</li> <li>◆ Be Kind to Your mind</li> </ul> </li> </ul>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>1. Personal Ethic</p> <p>d. Positive attitude</p> <p>i. Cooperates in a pleasant and polite manner with clients, coworkers, and supervisors</p> <p>ii. Exhibits flexibility and adaptability</p> <p>iii. Takes direction and correction willingly</p>	<p>Professionalism ▾</p> <p>1. Define professionalism and explain why it's important</p> <p>→ What is professionalism?</p>
	<p>Power Skills ▾</p> <p>1. Define power skills</p> <p>2. Explain the importance of power skills and how they relate to the future of work</p> <p>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</p> <p>→ Power Skills</p> <ul style="list-style-type: none"> <li>◆ Power = Opportunity</li> <li>◆ Power Up &amp; Be Flexible</li> </ul>



# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>2. Work Ethic</p> <p>a. Dependability</p> <p>i. Shows up on time and ready to work</p> <ol style="list-style-type: none"> <li>1. Fulfills obligations, completes assignments, and meets deadlines</li> <li>2. Behaves consistently and predictably</li> </ol> <p>ii. Regular Attendance</p> <ol style="list-style-type: none"> <li>1. Demonstrates minimum absenteeism</li> <li>2. Communicates absenteeism with direct supervisor</li> </ol> <p>iii. Commitment</p> <ol style="list-style-type: none"> <li>1. Desires to effectively work toward the employer's goals</li> <li>2. Takes initiative in seeking new responsibilities, maintaining professional goals, and striving to exceed standards and expectations of their position</li> </ol>	<p>Professionalism ▾</p> <ol style="list-style-type: none"> <li>1. Define professionalism and explain why it's important               <ul style="list-style-type: none"> <li>→ What is professionalism?</li> </ul> </li> </ol>
	<p>Future-Proofing ▾</p> <ol style="list-style-type: none"> <li>2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets               <ul style="list-style-type: none"> <li>→ Future Proofing                   <ul style="list-style-type: none"> <li>◆ What are Skill Sets?</li> <li>◆ Job Readiness Skills</li> <li>◆ Job Seeking Skills</li> <li>◆ Job Keeping Skills</li> </ul> </li> </ul> </li> </ol>
	<p>Power Skills ▾</p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice               <ul style="list-style-type: none"> <li>→ Power Skills                   <ul style="list-style-type: none"> <li>◆ Communication</li> <li>◆ Communication to Be Great</li> <li>◆ Creativity</li> <li>◆ Creating Opportunities</li> <li>◆ Teamwork</li> </ul> </li> </ul> </li> </ol>
	<p>What Makes a Leader ▾</p> <ol style="list-style-type: none"> <li>1. Summarize how great leaders use their skills</li> <li>2. Grow your personal leadership skills through volunteering</li> <li>3. Explain the importance of goal-setting for a leader               <ul style="list-style-type: none"> <li>→ What Makes a Leader                   <ul style="list-style-type: none"> <li>◆ Leading with Service</li> <li>◆ Goal Setting for Leaders</li> <li>◆ Professionalism in Leadership</li> </ul> </li> </ul> </li> </ol>
	<p>Make Space + Time for You ▾</p> <ol style="list-style-type: none"> <li>2. Summarize the benefits of time management</li> <li>3. Utilize effective time management to create life balance               <ul style="list-style-type: none"> <li>→ Where'd the Time Go?                   <ul style="list-style-type: none"> <li>◆ Time Management</li> <li>◆ Techniques for Time</li> </ul> </li> </ul> </li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>2. Work Ethic</p> <p>b. Professionalism</p> <p>i. Maintains a professional demeanor</p> <ol style="list-style-type: none"> <li>1. Demonstrates self-control by maintaining composure and keeping emotions in-check, even in difficult situations</li> <li>2. Exhibits professional appearance by dressing appropriately for the workplace and maintaining personal hygiene</li> <li>3. Understands employer's objectives</li> </ol>	<p>Professionalism ▾</p> <ol style="list-style-type: none"> <li>1. Define professionalism and explain why it's important               <ul style="list-style-type: none"> <li>→ What is professionalism?</li> </ul> </li> </ol>
	<p>Power Skills ▾</p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice               <ul style="list-style-type: none"> <li>→ Power Skills                   <ul style="list-style-type: none"> <li>◆ Problem-Solving</li> <li>◆ Problem-Solving Opportunities</li> </ul> </li> </ul> </li> </ol>
	<p>All About Your Communication ▾</p> <ol style="list-style-type: none"> <li>3. Develop a plan to improve personal and professional communication               <ul style="list-style-type: none"> <li>→ Your Communication Style                   <ul style="list-style-type: none"> <li>◆ Conflict Resolution</li> </ul> </li> </ul> </li> </ol>
	<p>Level Up Your Leadership ▾</p> <ol style="list-style-type: none"> <li>2. Use leadership strategies to manage conflict and lead a virtual team               <ul style="list-style-type: none"> <li>→ Level Up Your Leadership                   <ul style="list-style-type: none"> <li>◆ Managing Conflict</li> <li>◆ Developing Your People</li> <li>◆ Finding Opportunities to Lead</li> </ul> </li> </ul> </li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>3. Communication Skills</p> <p>a. Active Listening</p> <p>i. Listens to and considers others viewpoints</p> <p>ii. Maintains open and factual lines of communication appropriate to one's position</p>	<p>All About Your Communication ▾</p> <ol style="list-style-type: none"> <li>List and explain each of the four communication styles</li> <li>Determine your own communication style and how that impacts professional and personal communication</li> <li>Develop a plan to improve personal and professional communication               <ul style="list-style-type: none"> <li>→ Your Communication Style                   <ul style="list-style-type: none"> <li>◆ Communication Styles</li> <li>◆ Intentional Communication</li> <li>◆ Listen Up</li> <li>◆ Active Listening</li> <li>◆ Conflict Resolution</li> <li>◆ Online Communication</li> <li>◆ I vs. You</li> <li>◆ Speaking Up</li> </ul> </li> </ul> </li> </ol>
<p>2. Communication Skills</p> <p>b. Clear Communication</p> <p>i. Follows directions</p> <p>ii. Is open to correction</p> <p>iii. Comprehends written material</p> <p>iv. Effectively explains a process or problem verbally and/or in writing</p>	<p>Prompt Feature ▾</p> <p>Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.</p> <hr/> <p>Brand + Digital Reputation ▾</p> <ol style="list-style-type: none"> <li>Explain ways to control your reputation and safety online               <ul style="list-style-type: none"> <li>→ Write Your Story</li> <li>→ Netiquette</li> </ul> </li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>4. Team Work</p> <p>a. Critical Thinking</p> <p>i. Demonstrates sound decision making</p> <p>ii. Exhibits problem solving</p>	<p>Starter Kit ▾</p> <p>2. Recognize the value of critical thinking in the form of “asking why”</p> <ul style="list-style-type: none"> <li>→ The Power of Asking Why                             <ul style="list-style-type: none"> <li>◆ Why Ask Why?</li> <li>◆ Why = Create + Innovate</li> <li>◆ Check the Power</li> </ul> </li> </ul>
	<p>Leadership in Action ▾</p> <p>1. Describe the strategies used by successful leaders</p> <p>2. Implement leadership skills in your own life</p> <ul style="list-style-type: none"> <li>→ Leadership in Action                             <ul style="list-style-type: none"> <li>◆ Making Good Decisions</li> </ul> </li> </ul>
	<p>Power Skills ▾</p> <p>1. Define power skills</p> <p>2. Explain the importance of power skills and how they relate to the future of work</p> <p>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</p> <ul style="list-style-type: none"> <li>→ Power Skills                             <ul style="list-style-type: none"> <li>◆ Problem-Solving</li> <li>◆ Problem-Solving Opportunities</li> </ul> </li> </ul>

# FIND YOUR GRIND CURRICULUM LEARNING STANDARDS ALIGNMENT

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
<p>4. Team Work</p> <p>b. Effective Cooperative Work</p> <p>i. Demonstrates an ability to work effectively with others</p> <p>ii. Uses appropriate strategies and solutions in dealing with conflicts/differences to maintain a smooth workflow</p>	<p>All About Your Communication ▾</p> <p>3. Develop a plan to improve personal and professional communication</p> <ul style="list-style-type: none"> <li>→ Your Communication Style               <ul style="list-style-type: none"> <li>◆ Conflict Resolution</li> </ul> </li> </ul>
	<p>Educator Resources ▾</p> <p>Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.</p>
	<p>Power Skills ▾</p> <p>1. Define power skills</p> <p>2. Explain the importance of power skills and how they relate to the future of work</p> <p>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</p> <ul style="list-style-type: none"> <li>→ Power Skills               <ul style="list-style-type: none"> <li>◆ Power = Opportunity</li> <li>◆ Power Up &amp; Be Flexible</li> <li>◆ Problem Solving</li> <li>◆ Problem-Solving Opportunities</li> </ul> </li> </ul>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<b>STARTER KIT</b>	<p><b>UNIT 1 STARTER KIT</b></p> <ol style="list-style-type: none"><li>1. Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel</li><li>2. Recognize the value of critical thinking in the form of “asking why”</li><li>3. Recognize the value of self-reflection</li><li>4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration</li></ol>
<b>ALL ABOUT YOU</b>	<p><b>UNIT 2 ALL ABOUT YOU</b></p> <ol style="list-style-type: none"><li>1. Describe skills and skill sets</li><li>2. Summarize the importance of discovering and developing your talents</li><li>3. Determine and define your core values</li></ol> <p><b>UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS</b></p> <ol style="list-style-type: none"><li>1. Compare and contrast personality traits through the practice of self- reflection</li><li>2. Take inventory of your personal interests and compare with your future lifestyle goals</li><li>3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset</li></ol> <p><b>UNIT 4 ALL ABOUT YOURSELF</b></p> <ol style="list-style-type: none"><li>1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence</li><li>2. Explain how drive and motivation work together to create success</li><li>3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits</li><li>4. Differentiate between habits and routines and explain how routines are impactful</li><li>5. Create SMART goals and see them through to completion</li></ol> <p><b>UNIT 5 YOUR LIFE CYCLE JOURNEY</b></p> <ol style="list-style-type: none"><li>1. List discovery opportunities at various stages of the life cycle</li><li>2. Analyze each stage of the life cycle to uncover discovery opportunities</li><li>3. Relate discovery opportunities in early stages of the life cycle to those of adulthood</li></ol> <p><b>UNIT 6 ALL ABOUT YOUR COMMUNICATION</b></p> <ol style="list-style-type: none"><li>1. List and explain each of the four communication styles</li><li>2. Determine your own communication style and how that impacts professional and personal communication</li><li>3. Develop a plan to improve personal and professional communication</li></ol>

CATEGORY	UNIT
<div data-bbox="77 300 397 422" style="border: 1px solid orange; padding: 5px; text-align: center;"> <b>BRAND &amp; NETWORK</b> </div>	<p><b>UNIT 7 YOUR PERSONAL BRAND + NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define personal brand and summarize the steps to evaluate it</li> <li>2. Demonstrate the ability to write an elevator pitch</li> <li>3. Formulate your own personal brand</li> </ol> <p><b>UNIT 8 BRAND + DIGITAL REPUTATION</b></p> <ol style="list-style-type: none"> <li>1. Define digital reputation and discuss ways to cultivate it</li> <li>2. Explain ways to control your reputation and safety online</li> </ol> <p><b>UNIT 9 SOCIAL MEDIA</b></p> <ol style="list-style-type: none"> <li>1. List factors that can improve social media engagement and identify ways to interact with others</li> <li>2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage</li> </ol> <p><b>UNIT 10 YOUR NETWORK</b></p> <ol style="list-style-type: none"> <li>1. Define mentorship and list benefits of having or being a mentor</li> <li>2. Summarize how to match and maintain a mentorship relationship</li> </ol> <p><b>UNIT 11 NETWORK LIKE A PRO</b></p> <ol style="list-style-type: none"> <li>1. Define networking</li> <li>2. Identify current personal networks and list the steps you can take to grow your network</li> <li>3. Summarize the steps to evaluate your personal brand</li> <li>4. Outline the steps to evaluate your network</li> </ol>
<div data-bbox="77 1325 397 1398" style="border: 1px solid blue; padding: 5px; text-align: center;"> <b>OPPORTUNITIES</b> </div>	<p><b>UNIT 12 FUTURE-PROOFING</b></p> <ol style="list-style-type: none"> <li>1. Describe how job titles are used and how to ensure a resume has clear job title information</li> <li>2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets</li> </ol> <p><b>UNIT 13 POWER SKILLS</b></p> <ol style="list-style-type: none"> <li>1. Define power skills</li> <li>2. Explain the importance of power skills and how they relate to the future of work</li> <li>3. Identify the top five power skills employers value the most and reflect on how you can get some practice</li> </ol> <p><b>UNIT 14 OPPORTUNITIES</b></p> <ol style="list-style-type: none"> <li>1. Describe the Find Your Grind industry categories</li> <li>2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values</li> </ol>

CATEGORY	UNIT
<div style="border: 1px solid black; padding: 5px; text-align: center;"><b>OPPORTUNITIES</b></div>	<p><b>UNIT 15 OPPORTUNITY PATHWAYS</b></p> <ol style="list-style-type: none"> <li>1. Discuss what a career pathway is and examine types of employment</li> <li>2. Describe the positive and negative aspects of career disruption and how you can prepare for it</li> <li>3. Explain changes in the future of work related to automation</li> <li>4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each</li> <li>5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway</li> </ol> <p><b>UNIT 16 PROFESSIONALISM</b></p> <ol style="list-style-type: none"> <li>1. Define professionalism and explain why it's important</li> <li>2. Create an eye-catching resume and use it in an effective job application</li> <li>3. Apply interview best practices in a job interview</li> </ol>
<div style="border: 1px solid black; padding: 5px; text-align: center;"><b>LIFESTYLE</b></div>	<p><b>UNIT 17 LIFESTYLE</b></p> <ol style="list-style-type: none"> <li>1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle</li> <li>2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be</li> </ol> <p><b>UNIT 18 GAUGE YOUR LIFESTYLE</b></p> <ol style="list-style-type: none"> <li>1. Gauge current lifestyle using reflection</li> <li>2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle</li> <li>3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle</li> </ol> <p><b>UNIT 19 EXPLORING LIFESTYLES</b></p> <ol style="list-style-type: none"> <li>1. Identify lifestyle ideals through the Lifestyle Assessment</li> <li>2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle</li> <li>3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map</li> </ol> <p><b>UNIT 20 LIFESTYLE ROADMAP</b></p> <ol style="list-style-type: none"> <li>1. Explore the process of roadmapping and how it can be beneficial to lifestyle design</li> <li>2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap</li> </ol>



CATEGORY	UNIT
<div data-bbox="89 273 407 394" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>MINDSET + BALANCE</b> </div>	<p><b>UNIT 21 PLANNING &amp; GOAL-SETTING</b></p> <ol style="list-style-type: none"> <li>1. Explain the purpose of goal setting and set at least one goal</li> <li>2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine</li> </ol> <p><b>UNIT 22 BALANCING ACT</b></p> <ol style="list-style-type: none"> <li>1. Define balance as it applies to your lifestyle and assess areas of your life that need balance</li> <li>2. Create a plan to increase balance in all areas of life</li> </ol> <p><b>UNIT 23 THE POWER OF GRATITUDE</b></p> <ol style="list-style-type: none"> <li>1. List methods to increase and express gratitude</li> <li>2. Explain the role gratitude plays in achieving balance in life</li> <li>3. Evaluate your life for things to be grateful for</li> </ol> <p><b>UNIT 24 STRESS + MINDSET SHIFTS</b></p> <ol style="list-style-type: none"> <li>1. Identify personal stressors and explain how balance can be used as a stress management tool</li> <li>2. Define mindset shift in your own words and summarize the process of creating a mindset shift</li> <li>3. Incorporate habits in your daily routine that help create a mindset shift</li> </ol> <p><b>UNIT 25 MAKE SPACE + TIME FOR YOU</b></p> <ol style="list-style-type: none"> <li>1. Evaluate and create space to increase balance in all areas of life</li> <li>2. Summarize the benefits of time management</li> <li>3. Utilize effective time management to create life balance</li> <li>4. Highlight the need for reevaluation of your personal life plan and explain why it's important</li> <li>5. Compare and contrast previous personal goals with current passions and interests</li> <li>6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans</li> </ol>
<div data-bbox="89 1459 407 1539" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>LEADERSHIP</b> </div>	<p><b>UNIT 26 LEADERSHIP BASICS</b></p> <ol style="list-style-type: none"> <li>1. Explain what leadership and why it is important</li> <li>2. Identify your own personal leadership style</li> <li>3. Determine the key skills of an effective leader</li> </ol> <p><b>UNIT 27 WHAT MAKES A LEADER</b></p> <ol style="list-style-type: none"> <li>1. Summarize how great leaders use their skills</li> <li>2. Grow your personal leadership skills through volunteering</li> <li>3. Explain the importance of goal-setting for a leader</li> </ol> <p><b>UNIT 28 LEADERSHIP IN ACTION</b></p> <ol style="list-style-type: none"> <li>1. Describe the strategies used by successful leaders</li> <li>2. Implement leadership skills in your own life</li> </ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

CATEGORY	UNIT
<b>LEADERSHIP</b>	<b>UNIT 29 LEVEL UP YOUR LEADERSHIP</b> <ol style="list-style-type: none"><li>1. Determine ways to build your own leadership skills</li><li>2. Use leadership strategies to manage conflict and lead a virtual team</li><li>3. Discover new opportunities to become a leader</li></ol>
<b>MONEY</b>	<b>UNIT 30 MONEY BASICS</b> <ol style="list-style-type: none"><li>1. Outline what financial future means to you and reflect on your current money habits</li><li>2. Define basic financial terms</li><li>3. Evaluate your current financial situation</li></ol> <b>UNIT 31 BUDGETING + EXPENSES</b> <ol style="list-style-type: none"><li>1. Define budgeting and explain its importance</li><li>2. Create a personalized budget</li><li>3. Explain how money is typically spent in a budget</li></ol> <b>UNIT 32 MAKING MONEY MOVES WORK FOR YOU</b> <ol style="list-style-type: none"><li>1. Summarize the keys to making money doing what you love</li><li>2. Connect your passions to money making opportunities</li><li>3. Define basic terms around the topic of investing</li><li>4. Evaluate how investing will impact your future</li></ol> <b>UNIT 33 TAXES + GOVERNMENT</b> <ol style="list-style-type: none"><li>1. Explain the reason for taxes and their benefit</li><li>2. Summarize the three types of taxes</li><li>3. Differentiate the three basic levels of government</li><li>4. Explain how to get involved in the political process</li></ol> <b>UNIT 34 BANKING BASICS</b> <ol style="list-style-type: none"><li>1. List the differences between types of bank accounts and how banks work</li><li>2. Explain the basics of credit and debit cards and how they can be used</li><li>3. Demonstrate good credit card habits</li></ol> <b>UNIT 35 LIFESTYLE + MONEY</b> <ol style="list-style-type: none"><li>1. Explain the flipped funnel approach to lifestyle planning including finances</li><li>2. Reevaluate the financial aspect of your lifestyle roadmap</li></ol>
<b>FUTURE READY</b>	<b>UNIT 36 THE FUTURE BELONGS TO THE MISFITS</b> <ol style="list-style-type: none"><li>1. Develop a personal meaning of “Misfit” as it applies to YOU</li><li>2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals</li><li>3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind</li><li>4. Create your Misfit statement</li></ol>

# FIND YOUR GRIND CURRICULUM LEARNING OBJECTIVES

THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
<p>Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking...</p> <p><b>Starter Kit:</b> The WHY and HOW to begin living the life you want and being the person you want to be</p> <p><b>All About You:</b> The path to self-discovery is a reflective journey to who you really want to be</p> <p><b>Brand and Network:</b> Explore and define how you want to represent yourself and how to build your network.</p> <p><b>Opportunities:</b> Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.</p> <p><b>Lifestyle:</b> Start the journey to the life you want to live and build the roadmap to happiness!</p> <p><b>Mindset and Balance:</b> Life isn't always easy. Here are some tools to help you plan and find balance</p> <p><b>Leadership:</b> Leaders set direction, inspire, and motivate. Are you ready to become a leader?</p> <p><b>Money:</b> Money is a huge topic! Learn how to sync it up with your lifestyle</p> <p><b>Future Ready:</b> Reflect on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!</p>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Power Skills</li> <li>→ Unit 14 Opportunities</li> <li>→ Unit 15 Opportunity Pathways</li> <li>→ Unit 16 Professionalism</li> <li>→ Unit 17 Lifestyle</li> <li>→ Unit 18 Gauge Your Lifestyle</li> <li>→ Unit 19 Exploring Lifestyles</li> <li>→ Unit 20 Lifestyle Roadmap</li> <li>→ Unit 21 Planning + Goal Setting</li> <li>→ Unit 22 Balance Act</li> <li>→ Unit 23 The Power of Gratitude</li> <li>→ Unit 24 Stress + Mindset Shifts</li> <li>→ Unit 25 Make Space + Time for You</li> <li>→ Unit 26 Leadership Basics</li> <li>→ Unit 27 What Makes a Leader</li> <li>→ Unit 28 Leadership in Action</li> <li>→ Unit 29 Level Up Your Leadership</li> <li>→ Unit 30 Money Basics</li> <li>→ Unit 31 Budgeting + Expenses</li> <li>→ Unit 32 Making Money Moves Work for You</li> <li>→ Unit 33 Taxes + Government</li> <li>→ Unit 34 Banking Basics</li> <li>→ Unit 35 Lifestyle + Money Goals</li> <li>→ Unit 36 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 Your Life Cycle Journey</li> <li>→ Unit 6 All About Your Communication</li> <li>→ Unit 7 Your Personal Brand + Network</li> <li>→ Unit 8 Brand + Digital Reputation</li> <li>→ Unit 9 Social Media</li> <li>→ Unit 10 Your Network</li> <li>→ Unit 11 Network Like a Pro</li> <li>→ Unit 12 Future-Proofing</li> <li>→ Unit 13 Opportunities</li> <li>→ Unit 14 Opportunity Pathway</li> <li>→ Unit 15 Professionalism</li> <li>→ Unit 16 Lifestyle</li> <li>→ Unit 17 Gauge Your Lifestyle</li> <li>→ Unit 18 Exploring Lifestyles</li> <li>→ Unit 19 Planning + Goal-Setting</li> <li>→ Unit 20 Balancing Act</li> <li>→ Unit 21 Reflecting on Your Plan</li> <li>→ Unit 22 Leadership</li> <li>→ Unit 23 Money Basics</li> <li>→ Unit 24 Budgeting + Expenses</li> <li>→ Unit 25 Making Money Moves Work for You</li> <li>→ Unit 26 Taxes + Government</li> <li>→ Unit 27 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You</li> <li>→ Unit 3 All About Your Personality + Interests</li> <li>→ Unit 4 All About YourSELF</li> <li>→ Unit 5 All About Your Communication</li> <li>→ Unit 6 Your Personal Brand + Network</li> <li>→ Unit 7 Brand + Digital Reputation</li> <li>→ Unit 8 Your Network</li> <li>→ Unit 9 Future-Proofing</li> <li>→ Unit 10 Opportunities</li> <li>→ Unit 11 Opportunity Pathways</li> <li>→ Unit 12 Your Unique Pathway</li> <li>→ Unit 13 Lifestyle</li> <li>→ Unit 14 Gauge Your Lifestyle</li> <li>→ Unit 15 Exploring Lifestyles</li> <li>→ Unit 16 Mindset + Balance</li> <li>→ Unit 17 Money</li> <li>→ Unit 18 Future Ready</li> </ul>	<ul style="list-style-type: none"> <li>→ Future Ready Assessment</li> <li>→ Lifestyle Assessment</li> <li>→ Career Compare</li> <li>→ Unit 1 Starter Kit</li> <li>→ Unit 2 All About You (Part I)</li> <li>→ Unit 3 All About You (Part 2)</li> <li>→ Unit 4 Brand + Network</li> <li>→ Unit 5 Opportunities</li> <li>→ Unit 6 Lifestyle</li> <li>→ Unit 7 Mindset + Balance</li> <li>→ Unit 8 Money</li> <li>→ Unit 9 Future Ready</li> </ul>

