CURRICULUM LEARNING STANDARDS ALIGNMENT

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CURRICULUM LEARNING STANDARDS ALIGNMENT

Workforce Ready Career Pathway Introduction to Career Competencies | Georgia Department of Education







Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.



COURSE STANDARDS	FIND YOUR GRIND UNITS + OBJECTIVES
Demonstrate employability skills required by business and industry.	1. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
	All About You • 1. Describe skills and skill sets
	Power Skills 1. Define power skills 2. Explain the importance of power skills and how they relate to future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice
	Future-Proofing ▼ 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets → Job Readiness Skills → Job Keeping Skills



COURSE STANDARDS	FIND YOUR GRIND UNITS + OBJECTIVES
Define and demonstrate specific skills, techniques, and practices associated with work, employment, and careers.	All About You 1. Describe skills and skill sets 2. Summarize the importance of discovering and developing your talents → Know Your Skills → Your Technical Skills → Your Power Skills
	Power Skills ▼ 1. Define power skills 2. Explain the importance of power skills and how they relate to future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice Future-Proofing ▼ 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets → Job Readiness Skills → Job Keeping Skills
	2. Create an eye catching resume and use it in an effective job application 3. Apply interview best practices in a job interview Balancing Act 1. Define Balance as it applies to your lifestyle and assess areas of your life that need balance 2. Create a plan to increase balance in all areas of life Make Space + Time for You 3. Use effective time management to create life balance



COURSE STANDARDS	FIND YOUR GRIND UNITS + OBJECTIVES	
3. Understand and apply basic critical thinking skills in relation to employment and workforce and problem solving strategies. 3. Understand and apply basic critical thinking skills in relation to employment and workforce and problem solving strategies.	Starter Kit 2. Recognize the value of critical thinking in the form of "asking why" → The Power of Asking Why 4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration → The Power of Self-Reflection Power Skills 3. Identify the top five power skills employers value the most and reflect on how you can get some practice → Problem-Solving → Problem-Solving opportunities	
Compare and contrast various types of communication used in work situations and between workers.	All About Your Communication 1. List and explain each of the four communication styles 2. Determine your own communication style and how that impacts professional and personal communication 3. Develop a plan to improve personal and professional communication	
 Explain the process, requirements and purpose for providing appropriate customer service techniques in various work settings. 	What Makes a Leader ▼ → Leading with Service	



	COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
6.		Find Your Grind Experience Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives. All About Your Personality + Interests 3. Define and explain the difference between strengths and weaknesses and a fixed mindset and growth mindset.	
		 → Amp Yourself Up All About YourSELF ▼ 1. List factors that can contribute to your self-esteem and identify ways to boost self-confidence All About Your Communication ▼ → Speaking Up 	



	COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
7.	Compare and contrast skills and techniques needed to simulate teamwork practices in various settings.	Power Skills ▼ 1. Define Power Skills 2. Explain the importance of power skills and hot they relate to the future of work → Teamwork
		Network Like a Pro ▼ 1. Define networking → The Value of Connection
		All About Your Communication •
		3. Determine your own communication style and how that impacts professional and personal communication → Active Listening → Conflict Resolution
		Educator Resources 🕶
		Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.
8.	Compare and contrast skills and techniques to apply personal and workplace safety.	Professionalism •
		1. Define professionalism and explain why it's important
		Future-Proofing •
		2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets
9.	Obtain, evaluate, and communicate ways to model proper technology applications.	Brand + Digital Reputation ▼
		 Define digital reputation and discuss ways to cultivate it Explain ways to control your reputation and safety online → Netiquette
		All About Your Communication •
		→ Online Communication



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
10. Explain and show relationships of workplace comprehension for reading and listening.	Explore Library 🔻	
	Prioritized skills badges offer students the discovery of their own skills and talents and provides the next steps to a successful career and lifestyle journey → Your Intellectual Skills	
	Mentor Library 🕶	
	A network with over 200 mentors humanize the future of work — they provide candid advice on how they got started and the steps to get there. This library grows monthly.	
	Career Library •	
	Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.	
	Prompt Feature 🕶	
	Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.	
11. Demonstrate soft skill applications focusing on dependability in the workplace.	Explore Library 🔻	
	Prioritized skills badges offer students the discovery of their own skills and talents and provides the next steps to a successful career and lifestyle journey → Your Emotional Skills → Your Intellectual Skills → Your Physical Skills → Your Social Skills → Your Speech + Language Skills → Your Spiritual Skills → Your Technical Skills	



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
12. Explain and implement personal finance skills for the workplace.	Money Basics 🔻	
workplace.	 Outline what financial future means to you and reflect on your current money habits Define basic financial terms → The Money Basics → Digging Deeper into the Money Pockets → Test Your money Knowledge 	
	Budgeting + Expenses 🔻	
	 Define budgeting and explain its importance Create a personalized budget Explain how money is typically spent in a budget Budget Basics Budget Ins and Outs Budget Practice 	
	Making Money Moves Work for You	
	Summarize the keys to making money doing what your love Connect your passions to money making opportunities	
	Banking Basics *	
	List the differences between types of bank accounts and how banks work Explain the basics of credit and debit cards and how they can be used Demonstrate good credit card habits	
13. Explain and implement conflict resolution strategies to use in the workplace.	All About Your Communication •	
	Determine your own communication style and how that impacts professional and personal communication → Conflict Resolution	
	Level Up Your Leadership 🔻	
	2. Use leadership strategies to manage conflict and lead a virtual team	



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
14. Explore how related student organizations are integral parts of career and technology education courses through leadership development, school and community service projects, entrepreneurship development, and competitive events.	Find Your Grind Experience Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives Leadership in Action
	Implement leadership skills in your own life



CATEGORY	UNIT
STARTER KIT	 UNIT 1 STARTER KIT Recognize the difference between the traditional mindset for success and the Find Your Grind Lifestyle Funnel Recognize the value of critical thinking in the form of "asking why" Recognize the value of self-reflection Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
ALL ABOUT YOU	UNIT 2 ALL ABOUT YOU 1. Describe skills and skill sets 2. Summarize the importance of discovering and developing your talents 3. Determine and define your core values
	 UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS Compare and contrast personality traits through the practice of self- reflection Take inventory of your personal interests and compare with your future lifestyle goals Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset
	 UNIT 4 ALL ABOUT YOURSELF List factors that can contribute to your self-esteem and identify ways to boost self-confidence Explain how drive and motivation work together to create success Identify the cues, actions, and rewards of personal habits and create a plan to build positive,
	long-lasting habits 4. Differentiate between habits and routines and explain how routines are impactful 5. Create SMART goals and see them through to completion UNIT 5 YOUR LIFE CYCLE JOURNEY
	 List discovery opportunities at various stages of the life cycle Analyze each stage of the life cycle to uncover discovery opportunities Relate discovery opportunities in early stages of the life cycle to those of adulthood
	 UNIT 6 ALL ABOUT YOUR COMMUNICATION List and explain each of the four communication styles Determine your own communication style and how that impacts professional and personal communication

3. Develop a plan to improve personal and professional communication



BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

UNIT 8 BRAND + DIGITAL REPUTATION

- 1. Define digital reputation and discuss ways to cultivate it
- 2. Explain ways to control your reputation and safety online

UNIT 9 SOCIAL MEDIA

- 1. List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

UNIT 10 YOUR NETWORK

- 1. Define mentorship and list benefits of having or being a mentor
- 2. Summarize how to match and maintain a mentorship relationship

UNIT 11 NETWORK LIKE A PRO

- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
- 4. Outline the steps to evaluate your network

OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

UNIT 13 POWER SKILLS

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

UNIT 14 OPPORTUNITIES

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



OPPORTUNITIES

UNIT 15 OPPORTUNITY PATHWAYS

- 1. Discuss what a career pathway is and examine types of employment
- 2. Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

UNIT 16 PROFESSIONALISM

- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
- 3. Apply interview best practices in a job interview

LIFESTYLE

UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
- 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be

UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

UNIT 19 EXPLORING LIFESTYLES

- 1. Identify lifestyle ideals through the Lifestyle Assessment
- 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle
- 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map

UNIT 20 LIFESTYLE ROADMAP

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

UNIT 22 BALANCING ACT

- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
- 2. Create a plan to increase balance in all areas of life

UNIT 23 THE POWER OF GRATITUDE

- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

UNIT 24 STRESS + MINDSET SHIFTS

- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

UNIT 25 MAKE SPACE + TIME FOR YOU

- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- L. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

UNIT 27 WHAT MAKES A LEADER

- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
- 3. Explain the importance of goal-setting for a leader

UNIT 28 LEADERSHIP IN ACTION

- Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



CATEGORY	UNIT			
LEADERSHIP	UNIT 29 LEVEL UP YOUR LEADERSHIP			
LL II LIWIIII	1. Determine ways to build your own leadership skills			
	2. Use leadership strategies to manage conflict and lead a virtual team			
	3. Discover new opportunities to become a leader			
	UNIT 30 MONEY BASICS			
MONEY	1. Outline what financial future means to you and reflect on your current money habits			
	2. Define basic financial terms			
	3. Evaluate your current financial situation			
	UNIT 31 BUDGETING + EXPENSES			
	Define budgeting and explain its importance			
	2. Create a personalized budget			
	3. Explain how money is typically spent in a budget			
	UNIT 32 MAKING MONEY MOVES WORK FOR YOU			
	1. Summarize the keys to making money doing what you love			
	Connect your passions to money making opportunities			
	3. Define basic terms around the topic of investing			
	4. Evaluate how investing will impact your future			
	UNIT 33 TAXES + GOVERNMENT			
	1. Explain the reason for taxes and their benefit			
	2. Summarize the three types of taxes			
	3. Differentiate the three basic levels of government			
	4. Explain how to get involved in the political process			
	UNIT 34 BANKING BASICS			
	List the differences between types of bank accounts and how banks work			
	2. Explain the basics of credit and debt cards and how they can be used			
	3. Demonstrate good credit card habits			
	UNIT 35 LIFESTYLE + MONEY			
	1. Explain the flipped funnel approach to lifestyle planning including finances			
	2. Reevaluate the financial aspect of your lifestyle roadmap			
	UNIT OF THE FUTURE RELIGIOUS TO THE MISSIFE			
FUTURE READY	UNIT 36 THE FUTURE BELONGS TO THE MISFITS			
	Develop a personal meaning of "Misfit" as it applies to YOU Device and connect provious self reflection and discovery with Misfit lifestyle goals.			
	2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals			
	3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind			
	4. Create your Misfit statement			



THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
All About You: The path to self-discovery is a	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests 	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests 	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests 	 → Unit 2 All About You (Part I) → Unit 3 All About You (Part 2)
reflective journey to who you really want to be	 → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey 	 → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey 	 → Unit 4 All About YourSELF → Unit 5 All About Your Communication 	(Part 2)
	→ Unit 6 All About Your Communication	→ Unit 6 Åll About Your Communication	communication.	
Brand and Network: Explore and define how you want to represent	 → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation 	 → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation 	 → Unit 6 Your Personal Brand + Network → Unit 7 Brand + Digital Reputation 	→ Unit 4 Brand + Network
yourself and how to build your network.	 → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a 	 → Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a 	→ Unit 8 Your Network	
Opportunities:	Pro → Unit 12 Future-Proofing	Pro → Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Explore pathways to multiple careers and develop the skills needed to be successful in the	 → Unit 13 Power Skills → Unit 14 Opportunities → Unit 15 Opportunity Pathways 	 → Unit 13 Opportunities → Unit 14 Opportunity Pathway → Unit 15 Professionalism 	 → Unit 10 Opportunities → Unit 11 Opportunity Pathways → Unit 12 Your Unique 	
future of work.	→ Unit 16 Professionalism→ Unit 17 Lifestyle	→ Unit 16 Lifestyle	Pathway → Unit 13 Lifestyle	→ Unit 6 Lifestyle
Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!	 → Unit 18 Gauge Your Lifestyle → Unit 19 Exploring Lifestyles → Unit 20 Lifestyle 	 → Unit 17 Gauge Your Lifestyle → Unit 18 Exploring Lifestyles 	 → Unit 14 Gauge Your Lifestyle → Unit 15 Exploring Lifestyles 	
Mindset and	Roadmap Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
Balance: Life isn't always easy. Here are some tools to help you plan and find balance	Setting → Unit 22 Balance Act → Unit 23 The Power of	Goal-Setting → Unit 20 Balancing Act → Unit 21 Reflecting on	Balance	Balance
	Gratitude → Unit 24 Stress + Mindset Shifts → Unit 25 Make Space +	Your Plan		
Leadership: Leaders set	Time for You → Unit 26 Leadership	→ Unit 22 Leadership		
direction, inspire, and motivate. Are you ready to become a leader?	Basics → Unit 27 What Makes a Leader			
	 → Unit 28 Leadership in Action → Unit 29 Level Up Your Leadership 			
Money: Money is a huge topic! Learn how to sync it up with your lifestyle	→ Unit 30 Money Basics→ Unit 31 Budgeting + Expenses	→ Unit 23 Money Basics→ Unit 24 Budgeting + Expenses	→ Unit 17 Money	→ Unit 8 Money
your mestyre	 → Unit 32 Making Money Moves Work for You → Unit 33 Taxes + Government 	 → Unit 25 Making Money Moves Work for You → Unit 26 Taxes + Government 		
Future Ready: Reflect on your Future Readiness and embrace your unique lifestyle,	→ Unit 34 Banking Basics → Unit 35 Lifestyle + Money Goals	COVERNMENT		
strengths, career goals, and more!	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready

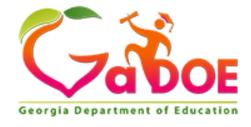




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5. Explain the process, requirements and purpose for providing appropriate customer service techniques in various work settings.	What Makes a Leader → Leading with Service		



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
6. Utilize and practice self-determination and self-advocacy skills as they relate to employment, work related situations, and building personal development qualities.	Find Your Grind Experience Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives. All About Your Personality + Interests 3. Define and explain the difference between strengths and weaknesses and a fixed mindset and growth mindset.
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BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

UNIT 8 BRAND + DIGITAL REPUTATION

- 1. Define digital reputation and discuss ways to cultivate it
- 2. Explain ways to control your reputation and safety online

UNIT 9 SOCIAL MEDIA

- List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

UNIT 10 YOUR NETWORK

- L. Define mentorship and list benefits of having or being a mentor
- 2. Summarize how to match and maintain a mentorship relationship

UNIT 11 NETWORK LIKE A PRO

- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
- 4. Outline the steps to evaluate your network

OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

UNIT 13 POWER SKILLS

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

UNIT 14 OPPORTUNITIES

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



OPPORTUNITIES

UNIT 15 OPPORTUNITY PATHWAYS

- 1. Discuss what a career pathway is and examine types of employment
- 2. Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

UNIT 16 PROFESSIONALISM

- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
- 3. Apply interview best practices in a job interview

LIFESTYLE

UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
- 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be

UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

UNIT 19 EXPLORING LIFESTYLES

- 1. Identify lifestyle ideals through the Lifestyle Assessment
- 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle
- 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map

UNIT 20 LIFESTYLE ROADMAP

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

UNIT 22 BALANCING ACT

- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
- 2. Create a plan to increase balance in all areas of life

UNIT 23 THE POWER OF GRATITUDE

- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

UNIT 24 STRESS + MINDSET SHIFTS

- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

UNIT 25 MAKE SPACE + TIME FOR YOU

- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- 1. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

UNIT 27 WHAT MAKES A LEADER

- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
- 3. Explain the importance of goal-setting for a leader

UNIT 28 LEADERSHIP IN ACTION

- 1. Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



CATEGORY	UNIT
LEADEBOUR	UNIT 29 LEVEL UP YOUR LEADERSHIP
LEADERSHIP	1. Determine ways to build your own leadership skills
	2. Use leadership strategies to manage conflict and lead a virtual team
	3. Discover new opportunities to become a leader
	UNIT 30 MONEY BASICS
MONEY	1. Outline what financial future means to you and reflect on your current money habits
	2. Define basic financial terms
	3. Evaluate your current financial situation
	UNIT 31 BUDGETING + EXPENSES
	1. Define budgeting and explain its importance
	2. Create a personalized budget
	3. Explain how money is typically spent in a budget
	UNIT 32 MAKING MONEY MOVES WORK FOR YOU
	1. Summarize the keys to making money doing what you love
	2. Connect your passions to money making opportunities
	3. Define basic terms around the topic of investing
	4. Evaluate how investing will impact your future
	UNIT 33 TAXES + GOVERNMENT
	1. Explain the reason for taxes and their benefit
	2. Summarize the three types of taxes
	3. Differentiate the three basic levels of government
	4. Explain how to get involved in the political process
	UNIT 34 BANKING BASICS
	1. List the differences between types of bank accounts and how banks work
	2. Explain the basics of credit and debt cards and how they can be used
	3. Demonstrate good credit card habits
	UNIT 35 LIFESTYLE + MONEY
	1. Explain the flipped funnel approach to lifestyle planning including finances
	2. Reevaluate the financial aspect of your lifestyle roadmap
	UNIT 36 THE FUTURE BELONGS TO THE MISFITS
TURE READY	
	Develop a personal meaning of "Misfit" as it applies to YOU Review and connect provious self-reflection and discovery with Misfit lifestyle goals.
	2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals
	3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind
	l a la company de la company d
	4. Create your Misfit statement



THEMES	36-UNIT CURRICULUM	27-UNIT CURRICULUM	18-UNIT CURRICULUM	9-UNIT CURRICULUM
Kickstart your personalized learning journey and understand the lifestyles that can define your career journey by taking	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare 	 → Future Ready Assessment → Lifestyle Assessment → Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person you want to be	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
All About You: The path to self-discovery is a reflective journey to who you really want to be	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey 	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 Your Life Cycle Journey 	 → Unit 2 All About You → Unit 3 All About Your Personality + Interests → Unit 4 All About YourSELF → Unit 5 All About Your Communication 	 → Unit 2 All About You (Part I) → Unit 3 All About You (Part 2)
Brand and Network: Explore and define how you want to represent	 → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation 	 → Unit 6 All About Your Communication → Unit 7 Your Personal Brand + Network → Unit 8 Brand + Digital Reputation 	 → Unit 6 Your Personal Brand + Network → Unit 7 Brand + Digital Reputation 	→ Unit 4 Brand + Network
yourself and how to build your network.	→ Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing	→ Unit 9 Social Media → Unit 10 Your Network → Unit 11 Network Like a Pro → Unit 12 Future-Proofing	→ Unit 8 Your Network → Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities: Explore pathways to multiple careers and develop the skills needed to be successful in the future of work.	 → Unit 13 Power Skills → Unit 14 Opportunities → Unit 15 Opportunity Pathways → Unit 16 Professionalism 	 → Unit 13 Opportunities → Unit 14 Opportunity Pathway → Unit 15 Professionalism 	 → Unit 10 Opportunities → Unit 11 Opportunity Pathways → Unit 12 Your Unique Pathway 	oint 3 opportunities
Lifestyle: Start the journey to the life you want to live and build the roadmap to happiness!	 → Unit 17 Lifestyle → Unit 18 Gauge Your Lifestyle → Unit 19 Exploring Lifestyles → Unit 20 Lifestyle Roadmap 	 → Unit 16 Lifestyle → Unit 17 Gauge Your Lifestyle → Unit 18 Exploring Lifestyles 	 → Unit 13 Lifestyle → Unit 14 Gauge Your Lifestyle → Unit 15 Exploring Lifestyles 	→ Unit 6 Lifestyle
Mindset and Balance: Life isn't always easy. Here are some tools to help you plan and find balance	 → Unit 21 Planning + Goal Setting → Unit 22 Balance Act → Unit 23 The Power of Gratitude → Unit 24 Stress + Mindset Shifts → Unit 25 Make Space + 	 → Unit 19 Planning + Goal-Setting → Unit 20 Balancing Act → Unit 21 Reflecting on Your Plan 	→ Unit 16 Mindset + Balance	→ Unit 7 Mindset + Balance
Leadership: Leaders set direction, inspire, and motivate. Are you ready to become a leader?	Time for You → Unit 26 Leadership Basics → Unit 27 What Makes a Leader → Unit 28 Leadership in Action → Unit 29 Level Up Your Leadership	→ Unit 22 Leadership		
Money: Money is a huge topic! Learn how to sync it up with your lifestyle Future Ready: Reflect	 → Unit 30 Money Basics → Unit 31 Budgeting + Expenses → Unit 32 Making Money Moves Work for You → Unit 33 Taxes + Government → Unit 34 Banking Basics → Unit 35 Lifestyle + 	 → Unit 23 Money Basics → Unit 24 Budgeting + Expenses → Unit 25 Making Money Moves Work for You → Unit 26 Taxes + Government 	→ Unit 17 Money	→ Unit 8 Money
on your Future Readiness and embrace your unique lifestyle, strengths, career goals, and more!	Money Goals → Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready





CURRICULUM LEARNING STANDARDS ALIGNMENT

Workforce Ready Career Pathway Advanced AdCareer Competencies | Georgia Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Demonstrate employability skills required by business and industry.	Find Your Grind Experience *
	Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.
	Starter Kit •
	Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
	All About You 💌
	1. Describe skills and skill sets
	Power Skills 🕶
	 Define power skills Explain the importance of power skills and how they relate to future of work Identify the top five power skills employers value the most and reflect on how you can get some practice
	Future-Proofing •
	 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets → Job Readiness Skills → Job Keeping Skills



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Define and demonstrate specific skills, techniques, and practices associated with work, employment, and careers.	2. Recognize the value of critical thinking in the form of "asking why" 4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration
	Power Skills 2. Explain the importance of power skills and how they relate to the future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice
3. Understand and apply basic critical thinking skills in relation to employment and workforce problem solving strategies. 3. Understand and apply basic critical thinking skills in relation to employment and workforce problem solving strategies.	2. Recognize the value of critical thinking in the form of "asking why" → The Power of Asking Why 4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset commitment for self-discovery and career exploration → The Power of Self-Reflection Power Skills 3. Identify the top five power skills employers value the most and reflect on how you can get some practice → Problem-Solving



	COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
4.	Compare and contrast various communication used in work situations between workers.	All About Your Communication 🔻	
		List and explain each of the four communication styles Determine your own communication style and how that impacts professional and personal communication Develop a plan to improve personal and professional communication	
		Professionalism 🕶	
		1. Define professionalism and explain why it's important	
		Leadership Basics ▼	
		3. Determine the key skills of an effective leader → Core Skills + Practices of Leaders	
		Level Up Your Leadership ▼	
		3. Discover new opportunities to become a leader → Finding Opportunities to Lead	
5.	5. Explain the process, requirements and purpose for providing appropriate customer service techniques in	What Makes a Leader ▼	
	various work settings.	→ Leading with Service	



	COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
6.	6. Utilize and practice self-determination and self-advocacy skills as they relate to employment, work-related situations, and building personal development qualities.	Find Your Grind Experience Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor,
		Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.
		All About Your Personality + Interests ▼
		2. Take inventory of your personal interests and compare them with your future lifestyle goals.
		Professionalism •
		2. Create an eye-catching resume and use it inn an effective job application3. Apply interview best practices in a job interview
7.	Compare and contrast skills and techniques to apply personal and workplace safety.	Professionalism •
		1. Define professionalism and explain why it's important
		Future-Proofing •
		2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
8. Obtain, evaluate, and communicate ways to model proper technology applications.	Explore Library •
	Prioritized skills badges offer students the discovery of their own skills and talents and provide the next steps to a successful career and lifestyle journey.
	Brand + Digital Reputation 🔻
	 Define digital reputation and discuss ways to cultivate it Explain ways to control your reputation and safety online → Netiquette
	All About Your Communication •
	→ Online Communication
	Your Network 🕶
	Define mentorship and list benefits of having or being a mentor
	Network Like a Pro ▼
	Define networking Identify current personal networks and list the steps you can take to grow your network



COURSE STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
 Explain and implement personal finance skills for the workplace. 	Money Basics 🕶
	 Outline what financial future means to you and reflect on your current money habits Define basic financial terms → The Money Basics → Digging Deeper into the Money Pockets → Test Your money Knowledge
	Budgeting + Expenses 🔻
	 Define budgeting and explain its importance Create a personalized budget Explain how money is typically spent in a budget → Budget Basics → Budget Ins and Outs → Budget Practice
	Making Money Moves Work for You ▼
	Summarize the keys to making money doing what your love Connect your passions to money making opportunities
	Banking Basics 🔻
	List the differences between types of bank accounts and how banks work Explain the basics of credit and debit cards and how they can be used Demonstrate good credit card habits
Explore how related CTSO are integral parts of career and technology education courses through leadership	Find Your Grind Experience
development, school and community service projects, entrepreneurship development, and competitive leadership events.	Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.
	Leadership in Action 🕶
	2. Implement leadership skills in your own life



CATECORY	LINIT
CATEGORY	UNIT
COLL DODGE AND	UNIT 1 STARTER KIT
STARTER KIT	Recognize the difference between the traditional mindset for success
	and the Find Your Grind Lifestyle Funnel
	2. Recognize the value of critical thinking in the form of "asking why"
	3. Recognize the value of self-reflection
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset
	commitment for self-discovery and career exploration
	UNIT 2 ALL ABOUT YOU
ALL ABOUT YOU	Describe skills and skill sets
	Summarize the importance of discovering and developing your talents
	3. Determine and define your core values
	UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS
	1. Compare and contrast personality traits through the practice of self- reflection
	2. Take inventory of your personal interests and compare with your future lifestyle goals
	 Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset
	UNIT 4 ALL ABOUT YOURSELF
	1. List factors that can contribute to your self-esteem and identify ways to boost
	self-confidence
	2. Explain how drive and motivation work together to create success
	3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits
	4. Differentiate between habits and routines and explain how routines are impactful
	5. Create SMART goals and see them through to completion
	UNIT 5 YOUR LIFE CYCLE JOURNEY
	1. List discovery opportunities at various stages of the life cycle
	2. Analyze each stage of the life cycle to uncover discovery opportunities
	3. Relate discovery opportunities in early stages of the life cycle to those of adulthood
	UNIT 6 ALL ABOUT YOUR COMMUNICATION
	1. List and explain each of the four communication styles
	2. Determine your own communication style and how that impacts professional
	and personal communication

3. Develop a plan to improve personal and professional communication



BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

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- Define digital reputation and discuss ways to cultivate it
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- 1. Define professionalism and explain why it's important
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- 1. Identify personal stressors and explain how balance can be used as a stress management tool
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- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
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FUTURE READY	 UNIT 36 THE FUTURE BELONGS TO THE MISFITS Develop a personal meaning of "Misfit" as it applies to YOU Review and connect previous self-reflection and discovery with Misfit lifestyle goals Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind Create your Misfit statement 		



THEMES	36-UNIT	27-UNIT	18-UNIT	9-UNIT
	CURRICULUM	CURRICULUM	CURRICULUM	CURRICULUM
Kickstart your personalized learning journey and understand	→ Future Ready	→ Future Ready	→ Future Ready	→ Future Ready
the lifestyles that can define your	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment
career journey by taking	→ Career Compare	→ Career Compare	Career Compare	→ Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
you want to be	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You
All About You: The	→ Unit 3 All About Your	→ Unit 3 All About Your	→ Unit 3 All About Your	(Part I)
path to self-discovery is a	Personality + Interests	Personality + Interests	Personality + Interests	→ Unit 3 All About You
reflective journey to who you	→ Unit 4 All About YourSELF	→ Unit 4 All About YourSELF	→ Unit 4 All About YourSELF	(Part 2)
really want to be	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey	Journey	Communication	
	→ Unit 6 All About Your Communication	→ Unit 6 All About Your Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
Network: Explore and	Brand + Network	Brand + Network	Brand + Network	
define how you want to represent	→ Unit 8 Brand + Digital Reputation	→ Unit 8 Brand + Digital Reputation	→ Unit 7 Brand + Digital Reputation	
yourself and how to build your	→ Unit 9 Social Media	→ Unit 9 Social Media	→ Unit 8 Your Network	
network.	→ Unit 10 Your Network	→ Unit 10 Your Network		
	→ Unit 11 Network Like a	→ Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	→ Unit 14 Opportunities	→ Unit 14 Opportunity	→ Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity Pathways	Pathway → Unit 15 Professionalism	Pathways → Unit 12 Your Unique	
future of work.	→ Unit 16 Professionalism	- Unit 15 Professionalism	Pathway	
	Halk 17 Life and	Note to Life and	Unit 12 Life et de	Note Clifford
I if and law	→ Unit 17 Lifestyle → Unit 18 Gauge Your	→ Unit 16 Lifestyle→ Unit 17 Gauge Your	→ Unit 13 Lifestyle→ Unit 14 Gauge Your	→ Unit 6 Lifestyle
Lifestyle: Start the journey to the life you want to live and	Lifestyle	Lifestyle	Lifestyle	
build the roadmap to happiness!	→ Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
bana the roadinap to happiness.	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle Roadmap			
Mindset and	· Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
	Setting	Goal-Setting	Balance	Balance
Balance: Life isn't always easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act	Batance	Butanee
you plan and find balance	→ Unit 23 The Power of Gratitude	→ Unit 21 Reflecting on Your Plan		
	→ Unit 24 Stress + Mindset	Tour Full		
	Shifts			
	→ Unit 25 Make Space + Time for You			
Leadership: Leaders set	→ Unit 26 Leadership	→ Unit 22 Leadership		
direction, inspire, and motivate.	Basics			
Are you ready to become a leader?	→ Unit 27 What Makes a Leader			
	→ Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
7.6	→ Unit 30 Money Basics	→ Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
Money: Money is a huge	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +	•	
topic! Learn how to sync it up with your lifestyle	Expenses	Expenses		
your mestyle	Unit 32 Making Money Moves Work for You	→ Unit 25 Making Money Moves Work for You		
	Moves Work for You → Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Fratesia B 1	Unit 34 Banking Basics			
Future Ready: Reflect on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle, strengths, career goals, and more!				
	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready





CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Awareness | Georgia Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

STANDARD

MSCA6-1: Students will understand the personal nature of work and how it relates to them as individuals and as integral parts of society.

- a. Identify reasons why individuals work (economic, social, and psychological)
- b. Compare and contrast jobs vs. careers.
- c. Determine viable career options (high-demand, high-skilled, and high-wage).
- d. Investigate and describe Georgia's Career Program Concentrations and Pathways.
- e. Identify, utilize, and demonstrate current and viable career-related resources to research career opportunities in self-selected pathways.
- f. Explain the purpose and benefits of membership in career and technical student organizations (CTSOs) at middle school and high school levels.

FIND YOUR GRIND UNITS + OBJECTIVES

Find Your Grind Experience *

Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.

Opportunities *

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values

Career Library •

Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.

Explore Library 🔻

Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.



STANDARD FIND YOUR GRIND UNITS + OBJECTIVES MSCA6-2: Students will demonstrate an understanding of how All About Your Personality + Interests * to build and maintain a positive self-concept and a positive self-esteem. 1. Compare and contrast personality traits through the practice a. Understand personality traits of a positive of self-reflection self-concept. 3. Define and explain the difference between strengths and b. Compare and contrast positive and negative weaknesses and a fixed mindset and a growth mindset self-esteem characteristics and how these influence our choices. All About YourSELF * c. Understand how successful decision-making affects self-concept and self-esteem. 1. List factors that can contribute to your self-esteem and identify d. Label and explain the elements of a decision-making ways to boost self-confidence. process. 2. Explain how drive and motivation work together create e. Utilize a decision-making process to help make quality success choices in their daily lives. Discovering Your Best Self → Self-Esteem → The Building Blocks → Power Up! Gauge Your Lifestyle -2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle. Leadership in Action ▼ 1. Describe the strategies used by successful leaders 2. Implement leadership skills in your own life → Making Good Decisions MSCA6-3: Students will describe, develop, and evaluate how Professionalism * positive interpersonal skills affect their ability to work successfully. 1. Define professionalism and explain why it's important. a. Recognize appropriate and inappropriate behaviors and attitudes in specific school, social, and work All About Your Communication • situations. b. Identify and demonstrate effective communication 1. List and explain each of the four communication styles. 2. Determine your own communication style and how that c. Show respect for all kinds of human diversity. impacts professional and personal communication. d. Demonstrate effective leadership and teamwork skills. 3. Develop a plan to improve personal and professional Recognize the importance of positive work ethics in relation to success (Appearance, attendance, attitude, communication. character, communication, cooperation, productivity, organizational skills, respect, teamwork) Power Skills ▼



3. Identify the top five power skills employers value the most and

reflect on how you can get some practice. → Teamwork
Leadership in Action •
Describe the strategies used by successful leaders. Implement leadership skills in your own life.

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCA6-4: Students will illustrate effective personal management skills. a. Recognize and utilize appropriate personal management skills including organizational skills, study skills, learning styles, time and stress management strategies. b. Identify how to use positive social skills such as good manners and showing gratitude.	All About You 1. Describe skills and skill sets → Know your skills → Your technical skills → Your power skills Power Skills 1. Define power skills 2. Explain the importance of power skills and how they relate to the future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice The Power of Gratitude 1. List methods to increase and express gratitude 2. Explain the role gratitude plays in achieving balance in life All About Your Communication 2. Determine your own communication style and how that impacts professional and personal communication Stress + Mindset Shifts 3. Incorporate habits in your daily routine that help create a mindset shift



STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCA6-5: Students will participate in career-related assessments. a. Identify personal interests, abilities, skills, aptitudes, and values, and how the assessment results impact their career development. b. Explore the components of an individual career plan (Peach State Pathways: Education and Career Plan).	Lifestyle Assessment The Lifestyle Assessment helps students better understand themselves to prepare for the future. → Determines unique Lifestyle based on interests and personal strengths. → Helps develop greater self-awareness of identity through a process of self-discovery and reflection. → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries. All About You 1. Describe skills and skill sets. 2. Summarize the importance of discovering and developing your talents. 3. Determine and define your core values Lifestyle Roadmap 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, Find Your Grind Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.



STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCA6-6: Students will utilize the planning process to assist in the achievement of personal, social, financial, educational, and career goals. a. Identify and critique the difference between short-term, intermediate, and longterm goals. b. Describe actions needed to obtain short-term, intermediate, and long-term goals. c. Recognize how to modify and adjust their goals as growth and change occur.	Planning & Goal-Setting 1. Explain the purpose of goal setting and set at least one goal. 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine. → The art of planning → Short + Long Term plans
	All About YourSELF 5. Create SMART goals and see them through to completion.
 MSCA6-7: Students will analyze the relationship between societal issues and career options and opportunities. a. Interpret how labor market changes effect career options. b. Define non-traditional occupations, stereotyping, biases, discrimination, and sexual harassment. c. Compare and contrast the advantages and disadvantages of non-traditional careers. d. Identify the emotions and peer pressure issues related to career choices in our ever-changing society. e. Recognize the importance of maintaining current technological skills. 	 Opportunity Pathways • Discuss what a career pathway is and examine types of employment. Describe the positive and negative aspects of career disruption and how you can prepare for it. Explain changes in the future of work related to automation. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each Discover post-high school education opportunities and how to take the first step toward a future ready career pathway.



CATECORY	LINUT	
CATEGORY	UNIT	
COLA DOCED AND	UNIT 1 STARTER KIT	
STARTER KIT	1. Recognize the difference between the traditional mindset for success	
	and the Find Your Grind Lifestyle Funnel	
	2. Recognize the value of critical thinking in the form of "asking why"	
	3. Recognize the value of self-reflection	
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset	
	commitment for self-discovery and career exploration	
	UNIT 2 ALL ABOUT YOU	
ALL ABOUT YOU	Describe skills and skill sets	
	2. Summarize the importance of discovering and developing your talents	
	3. Determine and define your core values	
	UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS	
	Compare and contrast personality traits through the practice of self- reflection	
	2. Take inventory of your personal interests and compare with your future lifestyle goals	
	3. Define and explain the difference between strengths and weaknesses and a fixed Output Define and explain the difference between strengths and weaknesses and a fixed	
	mindset and a growth mindset	
	UNIT 4 ALL ABOUT YOURSELF	
	1. List factors that can contribute to your self-esteem and identify ways to boost	
	self-confidence	
	2. Explain how drive and motivation work together to create success	
	3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits	
	4. Differentiate between habits and routines and explain how routines are impactful	
	5. Create SMART goals and see them through to completion	
	UNIT 5 YOUR LIFE CYCLE JOURNEY	
	1. List discovery opportunities at various stages of the life cycle	
	2. Analyze each stage of the life cycle to uncover discovery opportunities	
	3. Relate discovery opportunities in early stages of the life cycle to those of adulthood	
	UNIT 6 ALL ABOUT YOUR COMMUNICATION	
	1. List and explain each of the four communication styles	
	2. Determine your own communication style and how that impacts professional	
	and personal communication	

3. Develop a plan to improve personal and professional communication



BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

UNIT 8 BRAND + DIGITAL REPUTATION

- Define digital reputation and discuss ways to cultivate it
- 2. Explain ways to control your reputation and safety online

UNIT 9 SOCIAL MEDIA

- List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

UNIT 10 YOUR NETWORK

- 1. Define mentorship and list benefits of having or being a mentor
- 2. Summarize how to match and maintain a mentorship relationship

UNIT 11 NETWORK LIKE A PRO

- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
- 4. Outline the steps to evaluate your network

OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

UNIT 13 POWER SKILLS

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

UNIT 14 OPPORTUNITIES

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



OPPORTUNITIES

UNIT 15 OPPORTUNITY PATHWAYS

- 1. Discuss what a career pathway is and examine types of employment
- Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

UNIT 16 PROFESSIONALISM

- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
- 3. Apply interview best practices in a job interview

LIFESTYLE

UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
- 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be

UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

UNIT 19 EXPLORING LIFESTYLES

- 1. Identify lifestyle ideals through the Lifestyle Assessment
- 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle
- 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map

UNIT 20 LIFESTYLE ROADMAP

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

UNIT 22 BALANCING ACT

- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
- 2. Create a plan to increase balance in all areas of life

UNIT 23 THE POWER OF GRATITUDE

- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

UNIT 24 STRESS + MINDSET SHIFTS

- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

UNIT 25 MAKE SPACE + TIME FOR YOU

- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- L. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

UNIT 27 WHAT MAKES A LEADER

- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
- 3. Explain the importance of goal-setting for a leader

UNIT 28 LEADERSHIP IN ACTION

- Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



CATEGORY	UNIT
LEADEBOUR	UNIT 29 LEVEL UP YOUR LEADERSHIP
LEADERSHIP	1. Determine ways to build your own leadership skills
	Use leadership strategies to manage conflict and lead a virtual team
	3. Discover new opportunities to become a leader
	UNIT 30 MONEY BASICS
MONEY	1. Outline what financial future means to you and reflect on your current money habits
	2. Define basic financial terms
	3. Evaluate your current financial situation
	UNIT 31 BUDGETING + EXPENSES
	1. Define budgeting and explain its importance
	2. Create a personalized budget
	3. Explain how money is typically spent in a budget
	UNIT 32 MAKING MONEY MOVES WORK FOR YOU
	1. Summarize the keys to making money doing what you love
	2. Connect your passions to money making opportunities
	3. Define basic terms around the topic of investing
	4. Evaluate how investing will impact your future
	UNIT 33 TAXES + GOVERNMENT
	1. Explain the reason for taxes and their benefit
	2. Summarize the three types of taxes
	3. Differentiate the three basic levels of government
	4. Explain how to get involved in the political process
	UNIT 34 BANKING BASICS
	1. List the differences between types of bank accounts and how banks work
	2. Explain the basics of credit and debit cards and how they can be used
	3. Demonstrate good credit card habits
	UNIT 35 LIFESTYLE + MONEY
	1. Explain the flipped funnel approach to lifestyle planning including finances
	2. Reevaluate the financial aspect of your lifestyle roadmap
	UNIT 36 THE FUTURE BELONGS TO THE MISFITS
TURE READY	
	Develop a personal meaning of "Misfit" as it applies to YOU Review and connect provious self-reflection and discovery with Misfit lifectule goals.
	2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals
	3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind
	4. Create your Misfit statement



THEMES	36-UNIT	27-UNIT	18-UNIT	9-UNIT
	CURRICULUM	CURRICULUM	CURRICULUM	CURRICULUM
	<u> </u>			
Kickstart your personalized learning journey and understand	→ Future Ready	→ Future Ready	→ Future Ready	→ Future Ready
the lifestyles that can define your	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment
career journey by taking	→ Career Compare	→ Career Compare	→ Career Compare	Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
you want to be	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You
All About Vous	→ Unit 3 All About Your	→ Unit 3 All About Your	→ Unit 3 All About Your	(Part I)
All About You: The path to self-discovery is a	Personality + Interests	Personality + Interests	Personality + Interests	→ Unit 3 All About You
reflective journey to who you	→ Unit 4 All About	→ Unit 4 All About	→ Unit 4 All About	(Part 2)
really want to be	YourSELF	YourSELF	YourSELF	
	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey → Unit 6 All About Your	Journey → Unit 6 All About Your	Communication	
	Communication	Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
	Brand + Network	Brand + Network	Brand + Network	
Network: Explore and	→ Unit 8 Brand + Digital	→ Unit 8 Brand + Digital	→ Unit 7 Brand + Digital	
define how you want to represent yourself and how to build your	Reputation	Reputation	Reputation Unit 8 Your Network	
network.	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 8 Your Network	
	→ Unit 11 Network Like a	→ Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	Unit 14 Opportunities	→ Unit 14 Opportunity	Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity	Pathway	Pathways	
future of work.	Pathways → Unit 16 Professionalism	→ Unit 15 Professionalism	→ Unit 12 Your Unique Pathway	
			•	
	→ Unit 17 Lifestyle	→ Unit 16 Lifestyle	→ Unit 13 Lifestyle	Unit 6 Lifestyle
Lifestyle: Start the journey	→ Unit 18 Gauge Your	→ Unit 17 Gauge Your Lifestyle	→ Unit 14 Gauge Your Lifestyle	
to the life you want to live and	Lifestyle → Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
build the roadmap to happiness!	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle			
	Roadmap			
Mindset and	→ Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
Balance: Life isn't always	Setting	Goal-Setting	Balance	Balance
easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act		
you plan and find balance	→ Unit 23 The Power of Gratitude	→ Unit 21 Reflecting on Your Plan		
	→ Unit 24 Stress + Mindset	Tour Flam		
	Shifts			
	→ Unit 25 Make Space +			
	Time for You			
Leadership: Leaders set	→ Unit 26 Leadership Basics	→ Unit 22 Leadership		
direction, inspire, and motivate.	→ Unit 27 What Makes a			
Are you ready to become a leader?	Leader			
	Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
	·			
Monovey	→ Unit 30 Money Basics	Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
Money: Money is a huge topic! Learn how to sync it up with	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +		
your lifestyle	Expenses → Unit 32 Making Money	Expenses → Unit 25 Making Money		
	Moves Work for You	Moves Work for You		
	→ Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Future Ready: Reflect	→ Unit 34 Banking Basics			
on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle,	Money Goals			
strengths, career goals, and more!	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready
	I			

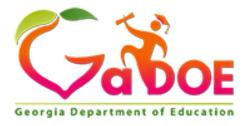




CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Discovery | Georgia Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

STANDARD

MSCD7-1: Students will identify and evaluate work ethics and behavior characteristics needed for success in a career and in life.

- Demonstrate the importance of positive work ethics in relations to success (Appearance, attendance, attitude, character, communication, cooperation, productivity, organizational skills, respect, and teamwork).
- b. Identify examples of appropriate and inappropriate personal behaviors in specific school, social, and work situations.
- c. Assess the consequences of positive and negative work ethic choices.
- d. Perform activities that will develop effective communication and decision making skills.
- e. Explore group dynamics and interpersonal skills in order to foster teamwork.

FIND YOUR GRIND UNITS + OBJECTIVES

Find Your Grind Experience *

Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.

Professionalism *

1. Define professionalism and explain why it's important.

Power Skills *

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice.

Mentor Library ▼

A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.

Prompt Feature •

Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.

Educator Resources *

Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.



STANDARD

MSCD7-2: Students will investigate Georgia's Career Program Concentrations that align with their personal assessments and identify possible career pathways.

- a. Identify and analyze Georgia's career/program concentrations: (1)Agriculture; (2) Architecture,
 Construction, Communications & Transportation: (3) Arts & Humanities; (4) Business & Computer Science;
 (5) Engineering & Technology; (6) Family & Consumer Sciences; (7) Healthcare Science; (8) Government & Public Safety; (9) Marketing, Sales & Services, (10) Education & Teaching, and (11) Culinary Arts.
- b. Identify career pathways that align with program concentrations.
- c. Discover and coordinate personal abilities, interests, and personality traits with career concentrations and pathways.
- d. Gather information from multiple resources based on current, unbiased, and accurate research related to self-selected career pathway options.
- e. Evaluate employability skills, academic proficiencies, and personal qualities needed for success in a self-selected pathway.
- f. Examine employment outlook/demand in self-selected pathway.

FIND YOUR GRIND UNITS + OBJECTIVES

Future-Proofing *

- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets.
 - → Job Readiness skills
 - → Job Seeking Skills
 - → Job Keeping Skills

Opportunities *

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents and values.

Industry Library 🔻

Using a lifestyle-first and skill-focused approach, our Industry Taxonomy is more accessible and relevant to the future work.

Opportunity Pathways *

- 1. Discuss what a career pathway is and examine types of employment.
- 2. Describe the positive and negative aspects of career disruption and how you can prepare for it.
- 3. Explain changes in the future of work related to automation.
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway.

Lifestyle Assessment •

The Lifestyle Assessment helps students better understand themselves to prepare for the future.

- → Determines unique Lifestyle based on interests and personal strengths.
- → Helps develop greater self-awareness of identity through a process of self-discovery and reflection.
- → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.



STANDARD

MSCD7-3: Students will understand the importance of attaining educational achievement and performance levels needed to reach personal and career goals.

- a. Describe study skills and learning habits and styles that promote educational achievement and performance.
- b. Recognize correlation between personal educational achievement/performance and workplace success or failure.
- c. Identify and examine existing pathways, course offerings and graduation requirements at local high school(s).
- d. Examine post-secondary options linked to pathway specific occupations.
- e. Identify individual career and educational goals.
- f. Demonstrate the decision making process while creating, analyzing, and managing a career plan that promotes attainment of specific career goals (*Peach State Pathways: Education and Career Plan*).

FIND YOUR GRIND UNITS + OBJECTIVES

Opportunity Pathways *

- 1. Discuss what a career pathway is and examine types of employment.
- 2. Describe the positive and negative aspects of career disruption and how you can prepare for it.
- 3. Explain changes in the future of work related to automation.
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway.

All About YourSELF ▼

- 2. Explain how your drive and motivation work together to create success.
- 3. Identify the cues, actions, and awards of personal habits and create a plan to build positive, long-lasting habits.
- 5. Create SMART goals and see them through to completion

Gauge Your Lifestyle 🕶

- 1. Gauge current lifestyle using reflection.
- 2. Evaluate your current lifestyle (decision and actions) and determine if it is on the path to your desired lifestyle.
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle.

Lifestyle Roadmap 🔻

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, Find Your Grind Assessment, experiences, and influencers) to inform and create a lifestyle roadmap.

Planning & Goal-Setting •

- 1. Explain the purpose of goal setting and set at least one goal.
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine.



STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCD7-4: Students will recognize the impact of societal issues on their ability to function effectively in a diverse and changing world. a. Recognize and assess the impact of life roles (Personal, leisure, community, learner, family, and work). b. Recognize the need for respect, openness, and	 Define balance as it applies to your lifestyle and assess areas of your life that need balance. Create a plan to increase balance in all areas of life
 acceptance of all human diversity. c. Describe how stereotypes, bias, and discrimination may affect and limit career choices. d. Examine the positive benefits and outcomes of non-traditional careers. e. Recognize that changes in technology, society, and economy require updated knowledge and skills 	Opportunity Pathways ▼ → Disruption: Should I Be Scared? → Self-Disruption: I'm In Control → Future of Work → Self-and-Gig-Employment
throughout life.	



CATECORY	LINUT	
CATEGORY	UNIT	
COLA DOCED AND	UNIT 1 STARTER KIT	
STARTER KIT	1. Recognize the difference between the traditional mindset for success	
	and the Find Your Grind Lifestyle Funnel	
	2. Recognize the value of critical thinking in the form of "asking why"	
	3. Recognize the value of self-reflection	
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset	
	commitment for self-discovery and career exploration	
	UNIT 2 ALL ABOUT YOU	
ALL ABOUT YOU	Describe skills and skill sets	
	2. Summarize the importance of discovering and developing your talents	
	3. Determine and define your core values	
	UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS	
	Compare and contrast personality traits through the practice of self- reflection	
	2. Take inventory of your personal interests and compare with your future lifestyle goals	
	3. Define and explain the difference between strengths and weaknesses and a fixed Output Define and explain the difference between strengths and weaknesses and a fixed	
	mindset and a growth mindset	
	UNIT 4 ALL ABOUT YOURSELF	
	1. List factors that can contribute to your self-esteem and identify ways to boost	
	self-confidence	
	2. Explain how drive and motivation work together to create success	
	3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits	
	4. Differentiate between habits and routines and explain how routines are impactful	
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	2. Analyze each stage of the life cycle to uncover discovery opportunities	
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	1. List and explain each of the four communication styles	
	2. Determine your own communication style and how that impacts professional	
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BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

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- 1. Define digital reputation and discuss ways to cultivate it
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- 1. List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

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- L. Define mentorship and list benefits of having or being a mentor
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- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
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OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

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- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

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- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



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- 1. Discuss what a career pathway is and examine types of employment
- Describe the positive and negative aspects of career disruption and how you can prepare for it
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- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

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- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
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UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
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UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
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- 1. Identify lifestyle ideals through the Lifestyle Assessment
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- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

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- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
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- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

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- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

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- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- L. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

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- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
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UNIT 28 LEADERSHIP IN ACTION

- Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



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	Use leadership strategies to manage conflict and lead a virtual team		
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MONEY	1. Outline what financial future means to you and reflect on your current money habits		
	2. Define basic financial terms		
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	1. Define budgeting and explain its importance		
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	1. Summarize the keys to making money doing what you love		
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THEMES	36-UNIT	27-UNIT	18-UNIT	9-UNIT
	CURRICULUM	CURRICULUM	CURRICULUM	CURRICULUM
	<u> </u>			
Kickstart your personalized learning journey and understand	→ Future Ready	→ Future Ready	→ Future Ready	→ Future Ready
the lifestyles that can define your	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment
career journey by taking	→ Career Compare	→ Career Compare	→ Career Compare	Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
you want to be	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You
All About Vous	→ Unit 3 All About Your	→ Unit 3 All About Your	→ Unit 3 All About Your	(Part I)
All About You: The path to self-discovery is a	Personality + Interests	Personality + Interests	Personality + Interests	→ Unit 3 All About You
reflective journey to who you	→ Unit 4 All About	→ Unit 4 All About	→ Unit 4 All About	(Part 2)
really want to be	YourSELF	YourSELF	YourSELF	
	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey → Unit 6 All About Your	Journey → Unit 6 All About Your	Communication	
	Communication	Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
	Brand + Network	Brand + Network	Brand + Network	
Network: Explore and	→ Unit 8 Brand + Digital	→ Unit 8 Brand + Digital	→ Unit 7 Brand + Digital	
define how you want to represent yourself and how to build your	Reputation	Reputation	Reputation Unit 8 Your Network	
network.	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 8 Your Network	
	→ Unit 11 Network Like a	→ Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	Unit 14 Opportunities	→ Unit 14 Opportunity	Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity	Pathway	Pathways	
future of work.	Pathways → Unit 16 Professionalism	→ Unit 15 Professionalism	→ Unit 12 Your Unique Pathway	
			•	
	→ Unit 17 Lifestyle	→ Unit 16 Lifestyle	→ Unit 13 Lifestyle	Unit 6 Lifestyle
Lifestyle: Start the journey	→ Unit 18 Gauge Your	→ Unit 17 Gauge Your Lifestyle	→ Unit 14 Gauge Your Lifestyle	
to the life you want to live and	Lifestyle → Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
build the roadmap to happiness!	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle			
	Roadmap			
Mindset and	→ Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
Balance: Life isn't always	Setting	Goal-Setting	Balance	Balance
easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act		
you plan and find balance	→ Unit 23 The Power of Gratitude	→ Unit 21 Reflecting on Your Plan		
	→ Unit 24 Stress + Mindset	Tour Flam		
	Shifts			
	→ Unit 25 Make Space +			
	Time for You			
Leadership: Leaders set	→ Unit 26 Leadership Basics	→ Unit 22 Leadership		
direction, inspire, and motivate.	→ Unit 27 What Makes a			
Are you ready to become a leader?	Leader			
	Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
	·			
Monovey	→ Unit 30 Money Basics	Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
Money: Money is a huge topic! Learn how to sync it up with	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +		
your lifestyle	Expenses → Unit 32 Making Money	Expenses → Unit 25 Making Money		
	Moves Work for You	Moves Work for You		
	→ Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Future Ready: Reflect	→ Unit 34 Banking Basics			
on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle,	Money Goals			
strengths, career goals, and more!	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready
	I			





CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Management | Georgia Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCM8-1: Students will develop and demonstrate positive interpersonal skills. a. Demonstrate and evaluate the ability to get along well with others including conflict management and respect for diversity. b. Recognize the difference between appropriate and inappropriate behaviors and attitudes in specific school, social, and work situations. c. Demonstrate effective verbal and non-verbal communication skills (oral, written, and electronic).	All About Your Communication 1. List and explain each of the four communication styles. 2. Determine your own communication style and how that impacts professional and personal communication. 3. Develop a plan to improve personal and professional communication. → Communication styles → Intentional Communication → Conflict Resolution → Online Communication
	Professionalism • 1. Define professionalism and explain why it's important.
MSCM8-2: Students will develop management skills that lead to academic and career success. a. Analyze the impact of stress and the importance of time and money management skills for academic, social, and career success. b. Analyze how specific life role changes (e.g. personal, leisure, community, learner, family, and work roles) would affect the attainment of career goals. c. Recognize, discriminate, and manage career information including occupational, education and training, employment outlook, and economic information.	Stress + Mindset Shifts ▼ 1. Identify personal stressors and explain how balance can be used as a stress management tool. 2. Define mindset shift in your own words and summarize the process of creating a mindset shift. 3. Incorporate habits in your daily routine that help create a mindset shift. Balancing Act ▼ Balance your physical self Balance your spiritual alignment Balance your relationships Balance your passions Balance your finances Opportunity Pathways ▼ 2. Describe the positive and negative aspects of career disruption and how you can prepare for it 3. Explain changes in the future of work related to automation Planning & Goal-Setting ▼ 1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your



Your Life Cycle Journey 🕶

- 1. List discovery opportunities at various stages of the life cycle
- 2. Analyze each stage of the life cycle to uncover discovery opportunities
- 3. Relate discovery opportunities in early stages of the life cycle to those of adulthood

Budgeting + Expenses *

- 1. Define budgeting and explain its importance
- 2. Create a personalized budget.
- 3. Explain how money is typically spent in a budget.

Career Library •

Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.



STANDARD FIND YOUR GRIND UNITS + OBJECTIVES MSCM8-3: Students will examine and demonstrate an Future-Proofing * understanding of employability skills to enhance career success. 1. Define and describe how to apply future-proofing, job a. Explain and summarize the state and federal child readiness, job searching, and job keeping skills sets. labor laws. b. Recognize the importance of and demonstrate the Power Skills ▼ following employability/soft skills, such as, but not limited to: honesty, motivation, creativity, leadership, 1. Define Power Skills critical thinking, risk-taking, flexibility, questioning, 2. Explain the importance of power skills and how they relate to and problem-solving. the future of work. c. Demonstrate the importance of positive work ethics in 3. Identify the top five power skills employers value the most relation to educational and career success and reflect on how you can get some practice. (appearance, attendance, attitude, character, → Power Up and Be Flexible communication, cooperation, organizational skills, → Communication productivity, respect, and teamwork). → Creativity d. Demonstrate the following job-seeking skills: write a → Problem-Solving resume and cover letter, complete a job application, → Teamwork find and pursue employment leads, and interview for a job. Leadership in Action • 1. Describe the strategies used by successful leaders. 2. Implement leadership skills in your own life. Professionalism • 2. Create an eye-catching resume and use it in an effective job

STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
MSCM8-4: Students will personalize a self-selected Pathway that meets educational and career goals. a. Assess individual learning styles, abilities, interests, and personality traits to enhance educational and career success. b. Create an individual plan using Peach State Pathways: Education and Career Planning Tool. c. Recognize the importance of educational achievement to the attainment of personal and career goals. d. Describe the importance of community service and career-technical student organizations (CTSOs) in	1. Describe skills and skill sets 2. Summarize the importance of discovering and developing your talents 3. Determine and define your core values

application.

→ Catchy Resumes→ The Power of a Letter→ Crush Your Interview

3. Apply interview best practices in a job interview.



- relationship to an individual's educational and career plan.
- e. Investigate available resources to enhance educational and career goals (CTSOs, civic organizations, corporations, individuals, Internet, libraries, mentors, religious affiliations, etc.)
- f. Demonstrate an understanding of how GPA calculations, financial aid information, and postsecondary options can help achieve educational and career goals. Postsecondary options include 2 and 4-year colleges and universities, technical colleges, special-purpose schools, apprenticeships, military, on-the-job training, online courses, etc.

All About Your Personality + Interests •

- 1. Compare and contrast personality traits through the practice of self- reflection
- 2. Take inventory of your personal interests and compare with your future lifestyle goals
- 3. Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset

Find Your Grind Experience *

Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.

Lifestyle Assessment •

The Lifestyle Assessment helps students better understand themselves to prepare for the future.

- → Determines unique Lifestyle based on interests and personal strengths.
- → Helps develop greater self-awareness of identity through a process of self-discovery and reflection.
- → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the changing landscape of careers and industries.

Gauge Your Lifestyle 🔻

- 1. Gauge current lifestyle using reflection.
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle.
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle.

Explore Library •

Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.



CATECORY	LINUT
CATEGORY	UNIT
COLA DOCED AND	UNIT 1 STARTER KIT
STARTER KIT	1. Recognize the difference between the traditional mindset for success
	and the Find Your Grind Lifestyle Funnel
	2. Recognize the value of critical thinking in the form of "asking why"
	3. Recognize the value of self-reflection
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset
	commitment for self-discovery and career exploration
	UNIT 2 ALL ABOUT YOU
ALL ABOUT YOU	Describe skills and skill sets
	2. Summarize the importance of discovering and developing your talents
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reflective journey to who you	→ Unit 4 All About	→ Unit 4 All About	→ Unit 4 All About	(Part 2)
really want to be	YourSELF	YourSELF	YourSELF	
	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey → Unit 6 All About Your	Journey → Unit 6 All About Your	Communication	
	Communication	Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
	Brand + Network	Brand + Network	Brand + Network	
Network: Explore and	→ Unit 8 Brand + Digital	→ Unit 8 Brand + Digital	→ Unit 7 Brand + Digital	
define how you want to represent yourself and how to build your	Reputation	Reputation	Reputation Unit 8 Your Network	
network.	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 8 Your Network	
	→ Unit 11 Network Like a	→ Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	Unit 14 Opportunities	→ Unit 14 Opportunity	Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity	Pathway	Pathways	
future of work.	Pathways → Unit 16 Professionalism	→ Unit 15 Professionalism	→ Unit 12 Your Unique Pathway	
			•	
	→ Unit 17 Lifestyle	→ Unit 16 Lifestyle	→ Unit 13 Lifestyle	Unit 6 Lifestyle
Lifestyle: Start the journey	→ Unit 18 Gauge Your	→ Unit 17 Gauge Your Lifestyle	→ Unit 14 Gauge Your Lifestyle	
to the life you want to live and	Lifestyle → Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
build the roadmap to happiness!	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle			
	Roadmap			
Mindset and	→ Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
Balance: Life isn't always	Setting	Goal-Setting	Balance	Balance
easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act		
you plan and find balance	→ Unit 23 The Power of Gratitude	→ Unit 21 Reflecting on Your Plan		
	→ Unit 24 Stress + Mindset	Tour Flam		
	Shifts			
	→ Unit 25 Make Space +			
	Time for You			
Leadership: Leaders set	→ Unit 26 Leadership Basics	→ Unit 22 Leadership		
direction, inspire, and motivate.	→ Unit 27 What Makes a			
Are you ready to become a leader?	Leader			
	Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
	·			
Monovey	→ Unit 30 Money Basics	Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
Money: Money is a huge topic! Learn how to sync it up with	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +		
your lifestyle	Expenses → Unit 32 Making Money	Expenses → Unit 25 Making Money		
	Moves Work for You	Moves Work for You		
	→ Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Future Ready: Reflect	→ Unit 34 Banking Basics			
on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle,	Money Goals			
strengths, career goals, and more!	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready
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