

CURRICULUM LEARNING STANDARDS ALIGNMENT

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CURRICULUM LEARNING STANDARDS ALIGNMENT

Career Readiness | Florida Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Career Assessment	Lifestyle Assessment 💌
Career Ready Students Can: explain their career interests, skills, and values. Career Readying Experiences: Career Assessment - Take one or more career assessments to better understand which occupations are or are not aligned with their interests, skills, and/or values. Reflection - Write, discuss, present, or graphically represent their career interests, skills, and/or values.	The Lifestyle Assessment helps students better understand themselves to prepare for the future. → Determines unique Lifestyle based on interests and personal strengths. → Helps develop greater self-awareness of identity through a process of self-discovery and reflection. → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to.
	All About You ▼
	 Describe skills and skill sets Summarize the importance of discovering and developing your talents Determine and define your core values
	All About Your Personality + Interests ▼
	 Compare and contrast personality traits through the practice of self-reflection Take inventory of your personal interests and compare with your future lifestyle goals Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset
	Educator Resources 🕶
	Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.
	Prompt Feature •
	Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.



FLORIDA STANDARD FIND YOUR GRIND UNITS + OBJECTIVES **Occupation Exploration** Industry Library • Career Ready Students Can: Describe occupations and Using a lifestyle-first and skill-focused approach, our Industry industries in their region. Taxonomy is more accessible and relevant to the future of work. Career Readying Experiences: Career Library • Information Research the description of five or more occupations, with priority given to occupations identified through Over 300 career badges representing the fast-growing careers the student's career assessment process. and delivering up-to-date information on salary, work Data expectations and the pathways to get there. This library grows Research labor market data for five or more monthly. occupations, including definitions, meanings, and figures related to salary, growth, and employment. Opportunities * Explore regionally-relevant high-demand, high-growth, and high-wage occupations. 1. Describe the Find Your Grind industry categories **Experiences** 2. Use Lifestyle Assessment results as a reference to create a list Participate in experiential and/or work-based learning of industries and careers that interest you as well as align with opportunities that expose the student to multiple your skills, talents, and values high-skill, high-demand, high-growth, and/or high-wage occupations. Educator Resources * Reflection Write, discuss, present, or graphically represent the Teamwork practices in various settings; educator resources student's findings about regionally available promote group and team instructional strategies and are occupations. available for each unit. Prompt Feature * Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in

Explore Library •

learning experience.

Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.

higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts throughout the



FLORIDA STANDARD

Postsecondary Exploration

Career Ready Students Can: describe a diversity of postsecondary pathways.

Career Readying Experiences:

Information

- Explore postsecondary training provider options, including apprenticeships, technical colleges, state or community colleges, universities, and industry-recognized certification providers.
- Explore postsecondary credentialing and stacking options, including industry-recognized certifications, apprenticeship certificates of completion, career certificates, licenses, and associate or baccalaureate degrees.
- Explore training options aligned with the student's career assessment results and occupational exploration. (CR.1.3)

Data

- Explore postsecondary institutional and programmatic data.

Experiences

- Virtually or in-person connect with postsecondary institutions' staff, campus, and/or alumni.

Reflection

- Write, present, and/or graphically represent the student's findings about postsecondary opportunities

FIND YOUR GRIND UNITS + OBJECTIVES

Opportunity Pathways 🔻

- 1. Discuss what a career pathway is and examine types of employment
- 2. Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig employment to identify pros and cons of each
- 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway
 - → Which Way Do I Go?
 - ◆ The flexible career path
 - ♦ Higher education
 - Multiple Education Paths

Explore Library •

Mentor and Career badges provide professional industry discussion points on skills, industry, pathway options, and more. Both include video content from industry and career pathway experts.

Mentor Library ▼

A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.

Educator Resources •

Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.

Prompt Feature *

Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Occupation Prioritization	Lifestyle Assessment 🔹
Career Ready Students Can: Explain their reasoning for choosing to pursue an occupation. Career Readying Experiences: Career Goal Development - Prioritize an occupation for plan formation and explain the reasoning that led to that occupational choice.	The Lifestyle Assessment helps students better understand themselves to prepare for the future. → Determines unique Lifestyle based on interests and personal strengths. → Helps develop greater self-awareness of identity through a process of self-discovery and reflection. → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to. Lifestyle ▼ 1. Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be Lifestyle Roadmap ▼ 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES		
Postsecondary Pathway Selection	Opportunity Pathways 🕶		
Career Ready Students Can: Describe which credentials are relevant to their career pathway. Career Readying Experiences: Postsecondary Goal Development - Select a recognized postsecondary credential to pursue. (If the student is choosing to enter directly into military or AmeriCorps service, employment, entrepreneurship, or a gap year, the student should still select a credential for if they were to return to obtain postsecondary training.) - Select a training provider aligned with the student's recognized postsecondary credential goals.	1. Discuss what a career pathway is and examine types of employment 2. Describe the positive and negative aspects of career disruption and how you can prepare for it 3. Explain changes in the future of work related to automation 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway → Which Way Do I Go? ♠ The flexible career path ♠ Higher education ♠ Multiple Education Paths Explore Library ▼ Mentor and Career badges provide professional industry discussion points on skills, industry, pathway options, and more. Both include video content from industry and career pathway experts. Mentor Library ▼ A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.		



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Application Planning	Planning & Goal-Setting 🕶
Career Ready Students Can: Develop a plan to meet or exceed the student's chosen postsecondary training or national service applications requirements. Career Readying Experiences: Application Research Research the specific application requirements for the student's selected postsecondary training or national service opportunity. Chronological Admissions Checklist Develop and complete a chronological checklist of steps and deadlines prior to postsecondary training or national service application that includes any required documentation to gather, writing prompts, and examinations.	 Explain the purpose of goal setting and set at least one goal Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine → The Art of Planning → Short + Long Term Plans → Establish Your Why
Budgeting and Financing	Money Basics 🕶
Career Readying Experiences: Budgeting - Develop a postsecondary training budget that is inclusive of living and school expenses and is specific to whether the tuition is in-state or out-of-state. Financing - Research options to finance postsecondary training. - Apply for a variety of financial aid opportunities, including scholarships, grants, savings, work and work-study programs, private loans, and Federal loans.	 Outline what financial future means to you and reflect on your current money habits Define basic financial terms Evaluate your current financial situation Budgeting + Expenses * Define budgeting and explain its importance Create a personalized budget Explain how money is typically spent in a budget Banking Basics * List the differences between types of bank accounts and how banks work Explain the basics of credit and debit cards and how they can
	be used 3. Demonstrate good credit card habits Lifestyle + Money ▼ 1. Explain the flipped funnel approach to lifestyle planning including finances 2. Reevaluate the financial aspect of your lifestyle roadmap → Goal Setting for Your Lifestyle



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
Secondary Coursework and Extracurricular Planning	Planning & Goal-Setting 🔻	
Career Ready Students Can: Describe which courses and extracurricular activities are in alignment with and preparatory for their chosen career pathway.	 Explain the purpose of goal setting and set at least one goal Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine The Art of Planning 	
Career Readying Experiences: Course Schedule	→ Short + Long Term Plans	
Develop a secondary course schedule that meets high school graduation requirements, and provides academic and career preparation aligned with the student's career goals. Extracurricular Activities Identify extracurricular activities aligned with the student's occupational and postsecondary training goals.	→ Establish Your Why	
	Explore Library •	
	Career and Mentor badges recommend extracurricular activities such as participating in student organizations and clubs that will support the learner in furthering their preparation for a career pathway they are interested in.	

FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Work Skills Career Ready Students Can: Demonstrate and obtain proof of ability related to academic, employability, and technical skills aligned with the student's career goals. Career Readying Experiences: Technical & Employability Skills - Develop technical skills (the "hard" skills of a specific occupation) and employability skills (the "soft" skills applicable across a wide variety of occupations) through career dual enrollment, Career and Technical Education, Career and Technical Student Organizations, work-based learning, etc. - Prepare for and obtain a recognized postsecondary credential (industry-recognized certificate or certification, a certificate of completion of an apprenticeship, a license recognized by a State or the Federal Government, or an associate or baccalaureate degree). Academic Skills - Develop academic skills through coursework, dual enrollment, early college programs (e.g., AP, IB, AICE), etc. - Prepare for and take an academic aptitude test, such as the SAT, ACT, and/or CLEP	Future-Proofing ▼ 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets → What are skill sets? → Job Readiness Skills → Job Seeking Skills → Job Keeping Skills Power Skills 1. Define power skills 2. Explain the importance of power skills and how they relate to the future of work 3. Identify the top five power skills employers value the most and reflect on how you can get some practice → Power = Opportunity
	A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and

continues to grow as the student completes the curriculum.



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Social Capital	Your Network •
Career Ready Students Can: Build and leverage social capital for career development and advancement. Career Readying Experiences: Interactions - Interact with diverse industry professionals through sustained and short-term opportunities, including worksite visits, class presentations, mentoring, job shadowing, networking, informational interviewing, work-based learning, etc	 Define mentorship and list benefits of having or being a mentor Summarize how to match and maintain a mentorship relationship
	Network Like a Pro ▼ 1. Define networking 2. Identify current personal networks and list the steps you can take to grow your network 3. Summarize the steps to evaluate your personal brand 4. Outline the steps to evaluate your network
	Mentor Library A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
Career Navigation Skills	Your Personal Brand + Network ▼	
Career Ready Students Can: Demonstrate mastery of the career navigation skills necessary to obtain, retain, advance within and switch employment.	 Define personal brand and summarize the steps to evaluate it Demonstrate the ability to write an elevator pitch Formulate your own personal brand 	
Career Readying Experiences: Job Posting Sites Navigate a job posting site and identify three or more	Brand + Digital Reputation •	
 Navigate a job posting site and identify three or more job posts of interest. Applications Fill out a mock job application. 	Define digital reputation and discuss ways to cultivate it Explain ways to control your reputation and safety online	
Resumes - Develop a resume.	Social Media 🕶	
 Receive real-world industry feedback on the resume. Cover Letters Write a mock cover letter. Receive real-world industry feedback on the cover letter. 	List factors that can improve social media engagement and identify ways to interact with others Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage	
References, Recommendations and Endorsements - Obtain a signed reference letter or letter of	Professionalism •	
recommendation. - Obtain an online skill and/or professionalism endorsement Professional Portfolio	Define professionalism and explain why it's important Create an eye-catching resume and use it in an effective job application	
 Curate a professional portfolio that includes work products. Receive real-world industry feedback on the professional portfolio. 	 3. Apply interview best practices in a job interview → What is professionalism? → Application submitted → Catchy Resumes 	
Interviewing - Prepare for and experience a mock job interview Receive real-world industry feedback on the interview	→ The Power of a Letter→ Crush Your Interview	
performance. Online Personal Brand - Conduct a personal review of their own social and professional media presence Develop a plan to cultivate a professional media presence and a positive or private social media		

presence.



CATECORY	LINIT
CATEGORY	UNIT
COLL DODGE AND	UNIT 1 STARTER KIT
STARTER KIT	Recognize the difference between the traditional mindset for success
	and the Find Your Grind Lifestyle Funnel
	2. Recognize the value of critical thinking in the form of "asking why"
	3. Recognize the value of self-reflection
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset
	commitment for self-discovery and career exploration
	UNIT 2 ALL ABOUT YOU
ALL ABOUT YOU	Describe skills and skill sets
	Summarize the importance of discovering and developing your talents
	3. Determine and define your core values
	UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS
	1. Compare and contrast personality traits through the practice of self- reflection
	2. Take inventory of your personal interests and compare with your future lifestyle goals
	 Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset
	UNIT 4 ALL ABOUT YOURSELF
	1. List factors that can contribute to your self-esteem and identify ways to boost
	self-confidence
	2. Explain how drive and motivation work together to create success
	3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits
	4. Differentiate between habits and routines and explain how routines are impactful
	5. Create SMART goals and see them through to completion
	UNIT 5 YOUR LIFE CYCLE JOURNEY
	1. List discovery opportunities at various stages of the life cycle
	2. Analyze each stage of the life cycle to uncover discovery opportunities
	3. Relate discovery opportunities in early stages of the life cycle to those of adulthood
	UNIT 6 ALL ABOUT YOUR COMMUNICATION
	1. List and explain each of the four communication styles
	2. Determine your own communication style and how that impacts professional
	and personal communication

3. Develop a plan to improve personal and professional communication



BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

UNIT 8 BRAND + DIGITAL REPUTATION

- 1. Define digital reputation and discuss ways to cultivate it
- 2. Explain ways to control your reputation and safety online

UNIT 9 SOCIAL MEDIA

- 1. List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

UNIT 10 YOUR NETWORK

- L. Define mentorship and list benefits of having or being a mentor
- 2. Summarize how to match and maintain a mentorship relationship

UNIT 11 NETWORK LIKE A PRO

- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
- 4. Outline the steps to evaluate your network

OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

UNIT 13 POWER SKILLS

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

UNIT 14 OPPORTUNITIES

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



OPPORTUNITIES

UNIT 15 OPPORTUNITY PATHWAYS

- 1. Discuss what a career pathway is and examine types of employment
- Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

UNIT 16 PROFESSIONALISM

- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
- 3. Apply interview best practices in a job interview

LIFESTYLE

UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
- 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be

UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

UNIT 19 EXPLORING LIFESTYLES

- 1. Identify lifestyle ideals through the Lifestyle Assessment
- 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle
- 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map

UNIT 20 LIFESTYLE ROADMAP

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

UNIT 22 BALANCING ACT

- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
- 2. Create a plan to increase balance in all areas of life

UNIT 23 THE POWER OF GRATITUDE

- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

UNIT 24 STRESS + MINDSET SHIFTS

- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

UNIT 25 MAKE SPACE + TIME FOR YOU

- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- L. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

UNIT 27 WHAT MAKES A LEADER

- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
- 3. Explain the importance of goal-setting for a leader

UNIT 28 LEADERSHIP IN ACTION

- Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



CATEGORY	UNIT
LEADERSHIP	 UNIT 29 LEVEL UP YOUR LEADERSHIP Determine ways to build your own leadership skills Use leadership strategies to manage conflict and lead a virtual team Discover new opportunities to become a leader
MONEY	UNIT 30 MONEY BASICS 1. Outline what financial future means to you and reflect on your current money habits 2. Define basic financial terms 3. Evaluate your current financial situation
	UNIT 31 BUDGETING + EXPENSES 1. Define budgeting and explain its importance 2. Create a personalized budget 3. Explain how money is typically spent in a budget
	 UNIT 32 MAKING MONEY MOVES WORK FOR YOU Summarize the keys to making money doing what you love Connect your passions to money making opportunities Define basic terms around the topic of investing Evaluate how investing will impact your future
	 UNIT 33 TAXES + GOVERNMENT Explain the reason for taxes and their benefit Summarize the three types of taxes Differentiate the three basic levels of government Explain how to get involved in the political process
	 UNIT 34 BANKING BASICS List the differences between types of bank accounts and how banks work Explain the basics of credit and debit cards and how they can be used Demonstrate good credit card habits
	 UNIT 35 LIFESTYLE + MONEY Explain the flipped funnel approach to lifestyle planning including finances Reevaluate the financial aspect of your lifestyle roadmap
FUTURE READY	 UNIT 36 THE FUTURE BELONGS TO THE MISFITS Develop a personal meaning of "Misfit" as it applies to YOU Review and connect previous self-reflection and discovery with Misfit lifestyle goals Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind Create your Misfit statement



THEMES	36-UNIT	27-UNIT	18-UNIT	9-UNIT
	CURRICULUM	CURRICULUM	CURRICULUM	CURRICULUM
Kickstart your personalized learning journey and understand	→ Future Ready Assessment	→ Future Ready Assessment	→ Future Ready Assessment	→ Future Ready Assessment
the lifestyles that can define your	→ Lifestyle Assessment	→ Lifestyle Assessment	→ Lifestyle Assessment	→ Lifestyle Assessment
career journey by taking	→ Career Compare	→ Career Compare	→ Career Compare	→ Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
you want to be	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You
All About You: The	→ Unit 3 All About Your	→ Unit 3 All About Your	→ Unit 3 All About Your	(Part I)
path to self-discovery is a	Personality + Interests	Personality + Interests	Personality + Interests	→ Unit 3 All About You
reflective journey to who you	→ Unit 4 All About YourSELF	→ Unit 4 All About YourSELF	→ Unit 4 All About YourSELF	(Part 2)
really want to be	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey	Journey	Communication	
	→ Unit 6 All About Your Communication	→ Unit 6 All About Your Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
Network: Explore and	Brand + Network	Brand + Network	Brand + Network	
define how you want to represent	→ Unit 8 Brand + Digital Reputation	→ Unit 8 Brand + Digital Reputation	→ Unit 7 Brand + Digital Reputation	
yourself and how to build your	→ Unit 9 Social Media	→ Unit 9 Social Media	→ Unit 8 Your Network	
network.	→ Unit 10 Your Network	→ Unit 10 Your Network		
	→ Unit 11 Network Like a	Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	→ Unit 14 Opportunities	→ Unit 14 Opportunity	→ Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity Pathways	Pathway → Unit 15 Professionalism	Pathways → Unit 12 Your Unique	
future of work.	→ Unit 16 Professionalism	V OHIL 13 FIORESSIONALISM	Pathway	
	→ Unit 17 Lifestyle	Just 1C Lifestule	Just 12 Lifeatule	→ Unit 6 Lifestyle
Lifestyle	→ Unit 17 Lifestyle→ Unit 18 Gauge Your	→ Unit 16 Lifestyle→ Unit 17 Gauge Your	→ Unit 13 Lifestyle→ Unit 14 Gauge Your	→ Unit 6 Lifestyle
Lifestyle: Start the journey to the life you want to live and	Lifestyle	Lifestyle	Lifestyle	
build the roadmap to happiness!	→ Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle Roadmap			
Mindset and		N 11 11 10 Pl	N. H. Stager, J. L.	N 11 7 7 12 1 1 1 1
	→ Unit 21 Planning + Goal Setting	→ Unit 19 Planning + Goal-Setting	→ Unit 16 Mindset + Balance	→ Unit 7 Mindset + Balance
Balance: Life isn't always easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act	batance	Balance
you plan and find balance	→ Unit 23 The Power of	→ Unit 21 Reflecting on		
	Gratitude	Your Plan		
	Unit 24 Stress + Mindset Shifts			
	→ Unit 25 Make Space +			
	Time for You			
Leadership: Leaders set	→ Unit 26 Leadership	→ Unit 22 Leadership		
direction, inspire, and motivate.	Basics			
Are you ready to become a leader?	→ Unit 27 What Makes a Leader			
	→ Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
	Leadership			
Monovier	→ Unit 30 Money Basics	→ Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
Money: Money is a huge topic! Learn how to sync it up with	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +		
your lifestyle	Expenses → Unit 32 Making Money	Expenses → Unit 25 Making Money		
	Moves Work for You	Moves Work for You		
	→ Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Future Ready: Reflect	 → Unit 34 Banking Basics → Unit 35 Lifestyle + 			
on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle, strengths, career goals, and more!		-		
arengans, eureer gouis, and more:	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready





CURRICULUM LEARNING STANDARDS ALIGNMENT

Career and Education Planning | Florida Department of Education





Find Your Grind helps students figure out who they are and where they want to go by flipping the script on traditional career planning and focusing on a lifestyle-first approach.



Find Your Grind is the personalized multi-year learning solution that develops future ready students.

FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Students will describe the influences that societal, economic, and technological changes have on employment trends and future training.	Opportunity Pathways 2. Describe the positive and negative aspects of career disruption and how you can prepare for it 3. Explain changes in the future of work related to automation
Students will develop skills to locate, evaluate, and interpret career information.	Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.
	Find Your Grind Experience ▼ Through self-discovery and career readiness skill building, students will match their skills, talents, values, and interests to the future of work. → They will explore opportunities in Mentor, Lifestyle, Career, and Skill badges. → They will develop self-confidence and greater self-efficacy by focusing on their goals and lifestyle. → Students will find themselves becoming more Future Ready by defining themselves, identifying opportunities, and communicating the next steps to live their best lives.
	Opportunities 1. Describe the Find Your Grind industry categories 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values Opportunity Pathways 1. Discuss what a career pathway is and examine types of
	employment 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each 5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Students will identify and demonstrate processes for making short and long term goals.	Planning & Goal-Setting 1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine → The Art of Planning → Short + Long Term Plans
	 → Establish Your Why All About You ▼ 5. Create SMART goals and see them through to completion → Defining your Drive → Get Behind the Wheel
	 → Bring It Together → The Finish Line → Follow Through



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Students will demonstrate employability skills such as working in a group, problem-solving and organizational skills, and the importance of entrepreneurship.	All About Your Communication 🔻
	 List and explain each of the four communication styles Determine your own communication style and how that impacts professional and personal communication Develop a plan to improve personal and professional communication Communication Styles Active Listening Conflict Resolution Future-Proofing ▼ Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets What are Skill Sets? Job Readiness Skills
	→ Job Seeking Skills→ Job Keeping Skills
	 Power Skills → Define power skills Explain the importance of power skills and how they relate to the future of work Identify the top five power skills employers value the most and reflect on how you can get some practice → Problem-Solving → Teamwork
	Educator Resources Teamwork practices in various settings; educator resources promote group and team instructional strategies and are available for each unit.
	Opportunity Pathways 🕶
	 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each → The Flexible Career Path → Create Your Own Path



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
Students will understand the relationship between educational achievement and career choices/postsecondary options.	Opportunity Pathways 🕶	
	5. Discover post-high school education opportunities and how to take the first step toward a future ready career pathway → Higher Education → Multiple Education Paths → Taking the First Step	
	Gauge Your Lifestyle 🕶	
	2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle → Gauge Your Lifestyle → Lifestyle Alignment → Lifestyle in Action	
	Mentor Library ▼	
	A network with over 200 mentors humanize the future of work—they provide candid advice on how they got started and the steps to get there. This library grows monthly.	
	Career Library •	
	Over 300 career badges representing the fast-growing careers and delivering up-to-date information on salary, work expectations and the pathways to get there. This library grows monthly.	



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES		
Students will identify a career cluster and related pathways through an interest assessment that match career and educational goals.	Lifestyle Assessment → The Lifestyle Assessment helps students better understand themselves to prepare for the future → Determines unique Lifestyle based on interests and personal strengths. → Helps develop greater self-awareness of identity through a process of self-discovery and reflection. → Provides steps to begin the journey to a greater understanding of who they are now and who they want to become and will be able to see themselves in the		
	Changing landscape of careers and industries. Industry Library Using a lifestyle-first and skill-focused approach, our Industry Taxonomy is more accessible and relevant to the future work. (Alignment to the National Career Clusters Framework.) My Portfolio Feature A comprehensive record of every students' achievements, progression and personalized insights. It's dynamic and continues to grow as the student completes the curriculum.		



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES	
Students will develop a career and education plan that includes short and long-term goals, high school program of study, and postsecondary/career goals.	Lifestyle Roadmap 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap	
	Planning & Goal-Setting 1. Explain the purpose of goal setting and set at least one goal 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine → The Art of Planning → Short + Long Term Plans → Establish Your Why	
	Reading text and watching videos entice learners to discover new knowledge. However, we cranked it up a notch in higher-order thinking and engagement by adding active reflection, application, and demonstration of understanding through writing and short answer prompts added throughout the learning experience.	



FLORIDA STANDARD	FIND YOUR GRIND UNITS + OBJECTIVES
Students will demonstrate knowledge of technology and its application in career fields/clusters.	Brand + Digital Reputation ▼
	Define digital reputation and discuss ways to cultivate it Explain ways to control your reputation and safety online
	All About Your Communication •
	1. List and explain each of the four communication styles → Online Communication
	Opportunities *
	Describe the Find Your Grind industry categories → The Technology Industry
	Opportunity Pathways 🕶
	3. Explain changes in the future of work related to automation



CATECORY	LINIT			
CATEGORY	UNIT			
COLL DODGE AND	UNIT 1 STARTER KIT			
STARTER KIT	Recognize the difference between the traditional mindset for success			
	and the Find Your Grind Lifestyle Funnel			
	2. Recognize the value of critical thinking in the form of "asking why"			
	3. Recognize the value of self-reflection			
	4. Apply the Lifestyle Funnel, critical thinking, and self-reflection to embark on a mindset			
	commitment for self-discovery and career exploration			
	UNIT 2 ALL ABOUT YOU			
ALL ABOUT YOU	Describe skills and skill sets			
	Summarize the importance of discovering and developing your talents			
	3. Determine and define your core values			
	UNIT 3 ALL ABOUT YOUR PERSONALITY + INTERESTS			
	1. Compare and contrast personality traits through the practice of self- reflection			
	2. Take inventory of your personal interests and compare with your future lifestyle goals			
	 Define and explain the difference between strengths and weaknesses and a fixed mindset and a growth mindset 			
	UNIT 4 ALL ABOUT YOURSELF			
	1. List factors that can contribute to your self-esteem and identify ways to boost			
	self-confidence			
	2. Explain how drive and motivation work together to create success			
	3. Identify the cues, actions, and rewards of personal habits and create a plan to build positive, long-lasting habits			
	4. Differentiate between habits and routines and explain how routines are impactful			
	5. Create SMART goals and see them through to completion			
	UNIT 5 YOUR LIFE CYCLE JOURNEY			
	1. List discovery opportunities at various stages of the life cycle			
	2. Analyze each stage of the life cycle to uncover discovery opportunities			
	3. Relate discovery opportunities in early stages of the life cycle to those of adulthood			
	UNIT 6 ALL ABOUT YOUR COMMUNICATION			
	1. List and explain each of the four communication styles			
	2. Determine your own communication style and how that impacts professional			
	and personal communication			

3. Develop a plan to improve personal and professional communication



BRAND & NETWORK

UNIT 7 YOUR PERSONAL BRAND + NETWORK

- 1. Define personal brand and summarize the steps to evaluate it
- 2. Demonstrate the ability to write an elevator pitch
- 3. Formulate your own personal brand

UNIT 8 BRAND + DIGITAL REPUTATION

- Define digital reputation and discuss ways to cultivate it
- 2. Explain ways to control your reputation and safety online

UNIT 9 SOCIAL MEDIA

- List factors that can improve social media engagement and identify ways to interact with others
- 2. Develop a personal social media strategy to shape your online presence and explain how it can affect your social media usage

UNIT 10 YOUR NETWORK

- 1. Define mentorship and list benefits of having or being a mentor
- 2. Summarize how to match and maintain a mentorship relationship

UNIT 11 NETWORK LIKE A PRO

- 1. Define networking
- 2. Identify current personal networks and list the steps you can take to grow your network
- 3. Summarize the steps to evaluate your personal brand
- 4. Outline the steps to evaluate your network

OPPORTUNITIES

UNIT 12 FUTURE-PROOFING

- 1. Describe how job titles are used and how to ensure a resume has clear job title information
- 2. Define and describe how to apply future-proofing, job readiness, job searching, and job keeping skill sets

UNIT 13 POWER SKILLS

- 1. Define power skills
- 2. Explain the importance of power skills and how they relate to the future of work
- 3. Identify the top five power skills employers value the most and reflect on how you can get some practice

UNIT 14 OPPORTUNITIES

- 1. Describe the Find Your Grind industry categories
- 2. Use Lifestyle Assessment results as a reference to create a list of industries and careers that interest you as well as align with your skills, talents, and values



OPPORTUNITIES

UNIT 15 OPPORTUNITY PATHWAYS

- 1. Discuss what a career pathway is and examine types of employment
- Describe the positive and negative aspects of career disruption and how you can prepare for it
- 3. Explain changes in the future of work related to automation
- 4. Examine full-time or part-time employment, self-employment, and gig-employment to identify pros and cons of each
- Discover post-high school education opportunities and how to take the first step toward a future ready career pathway

UNIT 16 PROFESSIONALISM

- 1. Define professionalism and explain why it's important
- 2. Create an eye-catching resume and use it in an effective job application
- 3. Apply interview best practices in a job interview

LIFESTYLE

UNIT 17 LIFESTYLE

- Explain the Find Your Grind Lifestyle meaning and why it is important to define your lifestyle
- 2. Interpret how the Find Your Grind Lifestyle is a different mindset from other perceptions of what a lifestyle is or should be

UNIT 18 GAUGE YOUR LIFESTYLE

- 1. Gauge current lifestyle using reflection
- 2. Evaluate your current lifestyle (decisions and actions) and determine if it is on the path to your desired lifestyle
- 3. Identify your passions and interests and compare and contrast how they align with your current and desired lifestyle

UNIT 19 EXPLORING LIFESTYLES

- 1. Identify lifestyle ideals through the Lifestyle Assessment
- 2. Review and summarize Lifestyle Assessment results linking strengths, interests, and passions to lifestyle
- 3. Interpret how to explore self, life, health, relationships, hobbies, work, and balance through the lens of a lifestyle mind map

UNIT 20 LIFESTYLE ROADMAP

- 1. Explore the process of roadmapping and how it can be beneficial to lifestyle design
- 2. Synthesize knowledge from your lifestyle (vision, strengths, interests, FYG Lifestyle Assessment, experiences, and influencers) to inform and create a lifestyle roadmap



MINDSET + BALANCE

UNIT 21 PLANNING & GOAL-SETTING

- 1. Explain the purpose of goal setting and set at least one goal
- 2. Highlight the importance of and need for reevaluation of your personal life plan and adjust your routine

UNIT 22 BALANCING ACT

- 1. Define balance as it applies to your lifestyle and assess areas of your life that need balance
- 2. Create a plan to increase balance in all areas of life

UNIT 23 THE POWER OF GRATITUDE

- 1. List methods to increase and express gratitude
- 2. Explain the role gratitude plays in achieving balance in life
- 3. Evaluate your life for things to be grateful for

UNIT 24 STRESS + MINDSET SHIFTS

- 1. Identify personal stressors and explain how balance can be used as a stress management tool
- Define mindset shift in your own words and summarize the process of creating a mindset shift
- 3. Incorporate habits in your daily routine that help create a mindset shift

UNIT 25 MAKE SPACE + TIME FOR YOU

- L. Evaluate and create space to increase balance in all areas of life
- 2. Summarize the benefits of time management
- 3. Utilize effective time management to create life balance
- 4. Highlight the need for reevaluation of your personal life plan and explain why it's important
- 5. Compare and contrast previous personal goals with current passions and interests
- 6. Adjust your daily routine based on the needs revealed by the reevaluation of your life plans

LEADERSHIP

UNIT 26 LEADERSHIP BASICS

- L. Explain what leadership and why it is important
- 2. Identify your own personal leadership style
- 3. Determine the key skills of an effective leader

UNIT 27 WHAT MAKES A LEADER

- 1. Summarize how great leaders use their skills
- 2. Grow your personal leadership skills through volunteering
- 3. Explain the importance of goal-setting for a leader

UNIT 28 LEADERSHIP IN ACTION

- Describe the strategies used by successful leaders
- 2. Implement leadership skills in your own life



CATEGORY	UNIT
LEADEBOUR	UNIT 29 LEVEL UP YOUR LEADERSHIP
LEADERSHIP	1. Determine ways to build your own leadership skills
	Use leadership strategies to manage conflict and lead a virtual team
	3. Discover new opportunities to become a leader
	UNIT 30 MONEY BASICS
MONEY	1. Outline what financial future means to you and reflect on your current money habits
	2. Define basic financial terms
	3. Evaluate your current financial situation
	UNIT 31 BUDGETING + EXPENSES
	1. Define budgeting and explain its importance
	2. Create a personalized budget
	3. Explain how money is typically spent in a budget
	UNIT 32 MAKING MONEY MOVES WORK FOR YOU
	1. Summarize the keys to making money doing what you love
	2. Connect your passions to money making opportunities
	3. Define basic terms around the topic of investing
	4. Evaluate how investing will impact your future
	UNIT 33 TAXES + GOVERNMENT
	1. Explain the reason for taxes and their benefit
	2. Summarize the three types of taxes
	3. Differentiate the three basic levels of government
	4. Explain how to get involved in the political process
	UNIT 34 BANKING BASICS
	1. List the differences between types of bank accounts and how banks work
	2. Explain the basics of credit and debit cards and how they can be used
	3. Demonstrate good credit card habits
	UNIT 35 LIFESTYLE + MONEY
	1. Explain the flipped funnel approach to lifestyle planning including finances
	2. Reevaluate the financial aspect of your lifestyle roadmap
	UNIT 36 THE FUTURE BELONGS TO THE MISFITS
TURE READY	
	Develop a personal meaning of "Misfit" as it applies to YOU Review and connect provious self-reflection and discovery with Misfit lifectule goals.
	2. Review and connect previous self-reflection and discovery with Misfit lifestyle goals
	3. Reevaluate your Lifestyle Roadmap based on your future readiness and journey in Find Your Grind
	4. Create your Misfit statement



THEMES	36-UNIT	27-UNIT	18-UNIT	9-UNIT
	CURRICULUM	CURRICULUM	CURRICULUM	CURRICULUM
	<u> </u>			
Kickstart your personalized learning journey and understand	→ Future Ready	→ Future Ready	→ Future Ready	→ Future Ready
the lifestyles that can define your	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment	Assessment → Lifestyle Assessment
career journey by taking	→ Career Compare	→ Career Compare	→ Career Compare	Career Compare
Starter Kit: The WHY and HOW to begin living the life you want and being the person	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit	→ Unit 1 Starter Kit
you want to be	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You	→ Unit 2 All About You
All About Vous	→ Unit 3 All About Your	→ Unit 3 All About Your	→ Unit 3 All About Your	(Part I)
All About You: The path to self-discovery is a	Personality + Interests	Personality + Interests	Personality + Interests	→ Unit 3 All About You
reflective journey to who you	→ Unit 4 All About	→ Unit 4 All About	→ Unit 4 All About	(Part 2)
really want to be	YourSELF	YourSELF	YourSELF	
	→ Unit 5 Your Life Cycle	→ Unit 5 Your Life Cycle	→ Unit 5 All About Your	
	Journey → Unit 6 All About Your	Journey → Unit 6 All About Your	Communication	
	Communication	Communication		
Brand and	→ Unit 7 Your Personal	→ Unit 7 Your Personal	→ Unit 6 Your Personal	→ Unit 4 Brand + Network
	Brand + Network	Brand + Network	Brand + Network	
Network: Explore and	→ Unit 8 Brand + Digital	→ Unit 8 Brand + Digital	→ Unit 7 Brand + Digital	
define how you want to represent yourself and how to build your	Reputation → Unit 9 Social Media	Reputation → Unit 9 Social Media	Reputation → Unit 8 Your Network	
network.	→ Unit 9 Social Media→ Unit 10 Your Network	→ Unit 9 Social Media → Unit 10 Your Network	onit 8 Your Network	
	→ Unit 11 Network Like a	→ Unit 11 Network Like a		
	Pro	Pro		
	→ Unit 12 Future-Proofing	→ Unit 12 Future-Proofing	→ Unit 9 Future-Proofing	→ Unit 5 Opportunities
Opportunities:	→ Unit 13 Power Skills	→ Unit 13 Opportunities	→ Unit 10 Opportunities	
Explore pathways to multiple careers and develop the skills	Unit 14 Opportunities	→ Unit 14 Opportunity	Unit 11 Opportunity	
needed to be successful in the	→ Unit 15 Opportunity	Pathway	Pathways	
future of work.	Pathways → Unit 16 Professionalism	→ Unit 15 Professionalism	→ Unit 12 Your Unique Pathway	
			•	
	→ Unit 17 Lifestyle	→ Unit 16 Lifestyle	→ Unit 13 Lifestyle	Unit 6 Lifestyle
Lifestyle: Start the journey	→ Unit 18 Gauge Your	→ Unit 17 Gauge Your Lifestyle	→ Unit 14 Gauge Your Lifestyle	
to the life you want to live and	Lifestyle → Unit 19 Exploring	→ Unit 18 Exploring	→ Unit 15 Exploring	
build the roadmap to happiness!	Lifestyles	Lifestyles	Lifestyles	
	→ Unit 20 Lifestyle			
	Roadmap			
Mindset and	→ Unit 21 Planning + Goal	→ Unit 19 Planning +	→ Unit 16 Mindset +	→ Unit 7 Mindset +
Balance: Life isn't always	Setting	Goal-Setting	Balance	Balance
easy. Here are some tools to help	→ Unit 22 Balance Act	→ Unit 20 Balancing Act		
you plan and find balance	→ Unit 23 The Power of Gratitude	→ Unit 21 Reflecting on Your Plan		
	→ Unit 24 Stress + Mindset	Tour Flam		
	Shifts			
	→ Unit 25 Make Space +			
	Time for You			
Leadership: Leaders set	→ Unit 26 Leadership Basics	→ Unit 22 Leadership		
direction, inspire, and motivate.	→ Unit 27 What Makes a			
Are you ready to become a leader?	Leader			
	Unit 28 Leadership in			
	Action			
	→ Unit 29 Level Up Your Leadership			
	·			
Money: Money is a huge	→ Unit 30 Money Basics	Unit 23 Money Basics	→ Unit 17 Money	→ Unit 8 Money
topic! Learn how to sync it up with	→ Unit 31 Budgeting +	→ Unit 24 Budgeting +		
your lifestyle	Expenses → Unit 32 Making Money	Expenses → Unit 25 Making Money		
	Moves Work for You	Moves Work for You		
	→ Unit 33 Taxes +	→ Unit 26 Taxes +		
	Government	Government		
Future Ready: Reflect	→ Unit 34 Banking Basics			
on your Future Readiness and	→ Unit 35 Lifestyle + Money Goals			
embrace your unique lifestyle,	Money Goals			
strengths, career goals, and more!	→ Unit 36 Future Ready	→ Unit 27 Future Ready	→ Unit 18 Future Ready	→ Unit 9 Future Ready
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